Dear Readers,

A few weeks ago, I interviewed a young man who received a healing at the age of 10. He developed breathing problems around the time he started school. The physician diagnosed asthma, and the boy received the appropriate medication, including cortisone, emergency inhaler and so on. But in spite of the medication, the situation was a huge burden for him and his parents. Three to four times a month, he would have asthma attacks, could often only sleep in a sitting position at night, and was afraid of suffocating. His social interactions were affected. He was hardly able to leave the house. Doing sports was barely possible any more, and he withdrew more and more. His parents were always on alert and always had to be prepared for their child's next asthma attack.

After about four years of this, the parents found the Bruno Gröning Circle of Friends, and their son also joined a community for children. A few months later, during a Family Week, he received a spontaneous healing. From one moment to the next, he had no more asthma attacks, no longer needed the emergency inhaler, and could sleep through the night. He could once again play with his friends without limitations, do sports, and enjoy life to the fullest. This was also a big liberation for his parents. As this likeable and life-loving young man – he is now in his mid-twenties and has become a lawyer – was sitting across from me, I thought about all he has been spared in the last fifteen years. What would his life have looked like, if he had not received this chance and this healing?

In this moment, he became the symbol for me of why the Bruno Gröning Circle of Friends is needed: because it is all about making the opportunity for help and healing through the teaching of Bruno Gröning available to people like him, who are in need and don't know the way out. What an individual does with this information is up to him, but it's the aim of those who have received help and healing and who have enough compassion and love for others to be able to grant someone else this help, to inform him about this opportunity.

Thomas Eich
A lot of people nowadays take it for granted that they can find information on any subject on the “world wide web.” This is also the case for people seeking help and healing. It is all the more important for a website to not only offer reliable and interesting information, but also to present it in a user-friendly way. Not least of all, the appearance should be contemporary and appealing. The newly-designed website of the Circle of Friends of Bruno Gröning meets all these criteria.

More than five years of work
The Bruno Gröning Circle of Friends has had a presence on the internet since 1998. In June of 2004, the appearance was reworked. (The Journal reported about this in the autumn of 2004.) But as time went on, the computer language, web design and presence became outmoded, and it was time to update the website. Dieter Häusler, leader of the Bruno Gröning Circle of Friends, noticed the necessity for this and asked for helpers at the Youth Week in Berlin in the summer of 2010. This immediately resonated with Vital Bucher from Switzerland. More friends joined in. In January of 2011, the first foundations were decided upon. Two concepts were created, based on this foundation. “Surprisingly, these two concepts could be combined,” Vital Bucher remembers, “and about six months later, the draft of the website was finished.” That was the beginning. Then came the programming work. In addition, a detailed text template was created, some elements from the previous website were retained, some deleted, and new ones were added.

In September of 2015, Philipp Gassmann from the youth community in Olten in Switzerland took over leadership of the “web team.” Helpers joined for different tasks, such as web development, translation, taking care of contact addresses, updating lecture dates, positioning articles in the press, and selecting photos, to name a few.

Welcome to the Bruno Gröning Circle of Friends
That is how visitors are greeted on the homepage: with a portrait of Bruno Gröning and a short text about the basic principles of his teaching.

“Our goal was for the information to be clear and easy to find,” Philipp Gassmann explains. “We wanted to create a sort of ‘reception desk,’ where the visitor can feel comfortable and receive neutral information.” The team succeeded all in doing all of this. What one notices at first glance are the large, changing header images. They show friends of Bruno Gröning from all over the earth and in this way illustrate the worldwide spread and growth of the Circle of Friends. Certainly, the pictures play an important role in the new website. “Each article has pictures and, in various places, videos,” explains Gassmann, the web team leader.

On the homepage, for example, you can see a photo of the Peace Pole Award by the World Peace Prayer Society (WPPS), from May 23rd 2013. The trailer of the new documentary movie, “The Phenomenon of Healing” is also imbedded here as a video. Furthermore, one’s gaze falls on the presentation of the book “Revolution in Medicine.” Not least of all, on the homepage, visitors will find selected healing reports with portraits of the healed persons.
Comprehensive but concise information

The web team has succeeded in making the website more clearly arranged and offering more extensive information. Interested people will find everything worth knowing about Bruno Gröning, his teaching, the Circle of Friends and its numerous activities, current lectures, and publications in the media, as well as opportunities for getting in contact.

The healings people have received by putting the teaching into practice take up even more space than before. To make it simpler for visitors to orient themselves, healings are grouped according to type of healing, i.e. from bodily afflictions, psychological disorders, addictions, and so on.

As in the previous internet presence, foreign web visitors are welcome. All information will be available in 20 additional languages. A large part of it has already been translated. Where translation is missing, the text appears in German or English. Even the German text alone takes up more than 500 pages. That shows how extensive this website is, Philipp Gassmann thinks that “this is probably one of the largest websites that’s been created using this system.”

Ready for further development

Many users do not know about the technology involved. The new website is based on a Content Management System (CMS). The advantage of this system is that individual articles can be included with little effort. In addition, the system allows for further modernizations. “If we need to redevelop the site, one could transfer articles to the new website,” Gassmann says. In addition, each page has its own link, which makes it easier to find on the Internet.

The new website is also optimized for mobile phone users who want to use a smartphone or tablet to get information about Bruno Gröning and his teachings. In addition, there is a plan to include social media such as Facebook and to keep the website updated with interesting new articles and pictures. Last but not least, the Journal of the Circle of Friends can be found there and read online. (sck)
“Please no advertising!”

Printers in the Circle of Friends

There are plenty of free newspapers that fill mailboxes here in Germany every week. One quick look at them, and one realizes that the sole purpose of this so-called generosity is to advertise and make money. One will rarely find really important information that helps to significantly enrich lives. And magazines that offer more or less useful information don’t only cost money; they are also packed with advertising.

But once every three months, a brown envelope with very special contents arrives in my mailbox. I’ve never ordered it, nor have I ever had to pay for it. The one thing one will definitely not find in this envelope is advertising; instead, it contains a whole lot of valuable reports.

Opening the envelope, one finds an A4 booklet of a sky blue color, with a simple title design, and its appearance stands in stark contrast to the very colorful newspapers and magazines, studded with ads, that one is otherwise familiar with. The only colorful thing found in this eighty-page booklet are the eight pages of photos showing people from around the world who have attended one of the many events of the Bruno Gröning Circle of Friends - a conference, a hiking or family week or an information lecture.

The beaming faces and shining eyes of Asians, North and South Americans, Africans, Europeans, and Australians, but also of indigenous people from different countries, are evidence of a very special energy that is making itself felt – an energy that is able to solve problems at all levels of life, whether they concern health, family, professional or other matters.

Thus, we are already talking about the contents of this booklet, a collection of letters from around the world, in which people report their personal experiences with Bruno Gröning’s teachings and the power of the Heilstrom.

The people who write these reports are not journalists or writers or teachers; nobody is trained or taught how to do it. No, they are simply “ordinary” people who have experienced so much good in their lives in this Circle of Friends, that they feel a deep need to share their experiences with others, for a shared joy is doubly joyful. And if this joy is shared not only with one or two people, but with thousands, then a very special bond is created between people from around the world, people who might never have met personally, but who feel deeply connected, thanks to these reports. The reports provide comfort in situations that seem bleak, bring light when circumstances are difficult, and give encouragement when someone feels on the brink of despair. They tell you, „You are not alone. I’ve also gone through this and have found a way out.”

This booklet could also be called „Collected Letters” or „Letters of the School of Life,” but it carries the simple name „Schooling Letter,” which fits with the simple, yet noble appearance. Meanwhile, there are also Schooling Letters for young people and children, a special edition for friends in medical professions, and, above all, the annual edition of success stories, containing healing reports that are commented on by physicians.

But in order to make this Schooling Letter possible, it is not enough for the reports to be written and sent off. There must also be people who take care of the printing and copying. Anyone who is even remotely familiar with the Circle of Friends knows that the donations are spent very conscientiously. Outside services are employed only in exceptional situations. Apart from
these exceptions, everything that can be taken care of by the friends is done by the friends. This also applies to the printing of the Schooling Letter. There are friends everywhere in Germany who do print work for the Circle of Friends at home.

The Drittler family from northern Germany was one of the first to make room for an offset printing press in their garage, without ever even having seen a printing house from the inside, let alone having learned anything about this trade. But this is typical of the Circle of Friends. Here everyone „learns by doing“ - the translators (granted, people should already have some language skills for this task,) the treasurers, the engineers and technicians, and, last but not least, the community leaders. During his lifetime, Bruno Gröning showed us how this is done. He founded communities* in Germany and Austria and appointed community leaders, people who had never done this kind of task before. They were told what matters most in a few sentences – if that - and the rest was up to them.

The Circle of Friends doesn't offer expensive seminars, and one doesn't have to cram for tests; no one has ever sent in an application with a pleasing identification photograph. Nor has anyone earned a master’s degree or doctorate here, or been awarded a medal. To quote Manfred Fortmann († 2015): „Everyone has the right to work“ and is allowed to help where help is needed. Does that function? Even better than one would generally expect. Work takes on a new meaning in the Circle of Friends. It can even happen that a friend who does volunteer work is so enthusiastic, that he then makes a profession of it. Nearly twenty years ago, Peter Drittler quit his job as a male nurse and started his own printing company, which he still runs successfully today, together with his wife Kerstin. With Jonael Drittler, the next generation has already climbed on board. (lag)

![B. Spannagelhaus separates the individual booklets with a knife in the print shop in Brannenburg](image)

![H. M. of Oehsen labels envelopes in the print shop in Osterholz-Scharmbeck](image)

![Helpers work in the Drittler family print shop in Lüneburg](image)

![And off to the post office - C. Weise’s helpers in the print shop in Sauerland](image)

**Facts and figures about printing in the Circle of Friends:**

There are currently 12 print shops operating in the Circle of Friends on a free-of-charge basis.

91 issues are printed quarterly, in 41 languages.

If one were to stack up the total number of copies published in a year, the stack would be five times as high as the Berlin TV Tower!

The amount of envelopes used annually solely for copies sent abroad comprises 27 pallets.

It’s only since 2000 that some print jobs are outsourced to commercial printing companies, due to the immense growth.

**What the printers have to say:**

Chr. Huber from Dingolfing:
„One day, I suddenly had the thought, „Now I am going to clear out the cellar.“ At the next community hour, we were asked if there was anyone who would like to take over a print shop. I felt that this was the right job for me and immediately accepted, with great joy.“

D. Daudert from Stuttgart:
„Even if I’ve worked the whole day in the print shop, I have never gotten tired.“

K. Drittler:
„The feeling of doing something useful for other people, something that breaks through the confines of one’s being, is worth much more than wages."

* See explanations on page 13
**The documentary film “The Phenomenon Bruno Gröning”**

10,000th screening

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The documentary film “The Phenomenon Bruno Gröning” premiered in 2003. What has happened since then is amazing. It is still being screened in theaters and at other venues worldwide, and more than 300,000 people have seen the film.

A singular event occurred on February 27, 2016: this special film was shown for the 10,000th time. Screenings took place in Kokshetau (Kazakhstan), Dordrecht (The Netherlands), St. Andrä (Austria) in the Budweis Region (Czech Republic) and in Chicago and Atlanta (USA).

Another reason to celebrate is Bregenz (Austria). There, “The Phenomenon Bruno Gröning” has been shown regularly at the Metro Cinema since 2004, with more than 6,500 viewers. On April 3, 2016, 175 people came to the 100th screening of the film at this cinema.

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**Inauguration of the New Book Warehouse in Rottenburg**

The Bruno Gröning Circle of Friends is a growing work

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All the book tables in the communities are supplied with books, CDs and films as needed. In the beginning, a large warehouse in Monchengladbach was used for storing and shipping these and other items. Over the years, a number of smaller warehouses have been added in Germany. Since the warehouse had reached the limit of its capacity, the Circle of Friends began constructing a second large book warehouse in Rottenburg an der Laaber, a small town in the heart of Bavaria, in the spring of 2015.

And then, on March 19, 2016, a ceremony was held to inaugurate the building, which consists of offices, rooms for document storage, a conference room, and a large space for storing pallets. More than 300 Bruno Gröning friends traveled from far and wide to attend this special event.
In 1999 a fairly thick book was published by the GH Publishing House: “1001 Way – Bruno Gröning in the Diaries of Young People.” It contains 94 reports of young women and men, some of which are very personal. In a series of articles, this book is presented in the journal. In the first part Christoph Pesch and Mechthild Simon, who made the publication of this book possible, had their say. Now the youth from back then share their experiences and insights from the last 16 years. One of them is Monika C, age 38:

Excerpt from “1001 Way”:
“Although I had everything (!) - parents, a home, enough to eat, etc. - I have a lot of bad memories of my childhood and youth. My life was dominated by fears that oppressed me and by the severe depression that followed. I was an outsider from the time I went to school, because I didn't go along with the things that were ‘in.’ My self-esteem had hit rock-bottom, because I was told that I would never amount to anything and that I wasn't fit to live. Life as it was presented to me was not worth striving for, and so I withdrew more and more into an illusory world. (...) I was a prisoner! And then, I thought that it would actually be better if I didn't exist at all (...) even though I had my parents, a home, enough to eat, etc.. The moment came when I thought, “No! I don't want to live like this anymore.” Soon after that, I was introduced to the teaching of Bruno Gröning. Then things started getting better. (...) Two years later, I was free of all fear. My self-confidence grew, and with the help of Bruno Gröning, I was able to complete my vocational training with great success. In the past, I hadn't had the strength to work a lot. That has changed. I've discovered a new feeling: joy! The joy of being allowed to be alive, the joy you feel when you see a little flower at the roadside or hear the birds sing. I don't pity myself any more out of a feeling of lonesomeness and abandonment. I feel the joy of being with other people, and now I can experience friendships in which people are not focused only on their own welfare.

I am so grateful for all these wonderful experiences and have the heartfelt wish for all young people to experience this inner freedom and inner peace, which no money can buy.”

Journal (J):
Mrs. C.: How did you come to the Bruno Gröning Circle of Friends?
Monika C.: When I was fifteen years old, an acquaintance sent my parents a Bruno Gröning Circle of Friends Journal. My father was looking for help at that time. My mom showed me the picture of Bruno Gröning printed on the cover and asked what I thought. I said, „He looks cool. I’ll come along!” My mom was surprised that this picture appealed to me, a 15-year-old. A short time later, our whole family was in the Bruno Gröning Circle of Friends.

(J): Can you still remember when you first heard about the book „1001 Way“?
Monika C.: Yes, it was during my first Youth Week in Bolllmannsrh near Berlin. I heard that one could write a contribution to the book, and I spontaneously decided to do that. I wrote my report during that week and handed it in while I was there.

(J): And can you recall the actual writing of the report?
Monika C.: Writing it was very easy; it went very quickly. I didn't have to think very long about what to write; the sentences were there immediately.

(J): That's almost twenty years ago. How did things develop after this Youth Week?
Monika C.: With the help of Bruno Gröning’s teaching, I was able to complete my vocational training successfully; after that, I found a job which made me happy. It was a very good time for me. Then I met my future husband in the Bruno Gröning Circle of Friends - a very great gift. We both moved to Vienna, and soon after that, the children were born. And that was the beginning of the next period of my life – having a family. I now have five wonderful children and have been happily married to my husband for fifteen years. As in all other areas of life, here, too, I feel how God and Bruno Gröning continually lead and help us. In the past, I wasn’t able to deal with chil-
I would be seized by feelings of panic. I had been an only child and had spent a great deal of time alone. I hardly had any friends, and when I did have contact with other children, I always had the feeling that they didn't like me. I didn't know that it often takes time for children to open up and come to trust you. I had no patience for that and tried to avoid them. My mom didn't give up trying to get me to play with other children. But I couldn't stand it.

However, later in life, I had the feeling that I would actually like to be a mother. That was something entirely different. Having my own children was the most sacred and most beautiful experience for me. I can't even put into words what this means for me or what it is that I have experienced. Having my first child slowly introduced me to motherhood. Today I am a mama through and through.

(J): What help have you and your family experienced in these years through Bruno Gröning’s teaching and doing einstellen?

Monika C.: About a year after writing my report for the Youth Book, I had a car accident. Soon after receiving my license, I was driving in heavy rain, the highway was quite wet, and I was going much too fast. Suddenly, I lost control of the car and was hurled back and forth between the guard rail and a truck that was driving in the lane beside me. I just screamed, „Bruno!“, while pieces of broken glass flew all around me. But I wasn't afraid at all and felt as though I was wrapped in a protective shell. The car came to a stop somehow, and I got out. First, I gave thanks, and then I saw the rest of the windsheild fall into the interior of the car. My car was totaled, but I didn't have a scratch. When the rescue team came, the paramedics asked me where the seriously-injured person who'd been driving the car was. They couldn't believe that I had been the driver and said it was a miracle that absolutely nothing had happened to me.

God's help was and always is right there for us in all areas of life, whether one is looking for the right apartment or the right car – it is just everywhere. I experience it every day, especially with the children, who already know where they can turn to get help themselves. One example is our youngest daughter, who was then six years old: she had accidentally taken the streetcar too far. She was not used to taking the streetcar, because we seldom used public transportation. She was all alone and had no idea where she was, or what she should do. She asked Bruno Gröning for help, thinking that she should follow the very first impulse that came to her. This led her to transfer to a streetcar going in the other direction and to take it until she got to a neighborhood that was familiar to her. This was like a miracle for me, because she never could have managed all this on her own. The wonderful thing was that she stayed very calm and had divine protection. It is very reassuring for us parents to know that we all have this help.

(J): How does the teaching of Bruno Gröning help you in your life today?

Monika C.: I ask every morning for divine guidance, and I try to follow my inner feeling all day long. This is the very best and most dependable gauge for me. Do I have a good feeling about a particular matter or decision, or not? If you pay attention to what you feel, it always fits and I find that very valuable.

If it is right for wishes to be fulfilled, sometimes they will turn out better than we imagined. On the other hand, one realizes later why a wish has not been fulfilled. (fpa)
Indigenous Peoples - Natives - Indians
In Contact with the Earth’s Indigenous Peoples

Denver, United States of America. A scene just like those you often find in the Bruno Gröning Circle of Friends anywhere today: many people sitting with open hands. Rows of people: tall, short, stout, lean, black hair, blonde, gray hair, with light or dark colored skin. However, these superficial features don’t interest anyone here. There is something that connects them all: the teaching of Bruno Gröning. Each and every one of them came into contact with the Circle of Friends in a different way. There’s a dark-haired man sitting on one of the chairs. His eyes are closed, and his face radiates with a special strength. His participation in the conference makes the organizers especially happy. He is the chief of a tribe of Native Americans in the state of Nebraska – a real Indian.

A Visit with the Maya in Mexico
Andreas K. is involved in developing the Circle of Friends in Central America. “In mid-March we took a trip to Mexico to visit a group of Mayan priests and doctors. The purpose of their organization is to promote and familiarize people with traditional healing methods. There is a museum and a healing herb garden, and seminars are offered there. We were invited to their reservation to give a lecture on Bruno Gröning and his teaching. After we finished, the Mayans held a discussion in their language. The response was somewhat cautious, but positive. At the end of the lecture, everyone in the room did einstellen together. The reaction to it was very moving: the Mayans sat for a long time, completely entranced, tears flowed from both the women and the men. Afterwards, they shared that they had felt a very strong Heilstrom*. Their question at the end made me very happy: ‘When are you coming back?’

The Group Grows
At the beginning, there were only a few Bruno Gröning friends who belonged to the “Natives” group. Meanwhile, now an average of over 200 friends take part in the conferences via Internet. People from almost every European country, Canada, USA, Mexico, Brazil, Israel, Australia, and Africa were present at the most recent meeting. One of the two leaders for the “Natives” group, Dr. E.B., is an anthropologist and sociologist. Therefore, she has the

Explaining the Teaching of Bruno Gröning
“As a child, I already felt a special bond with the Indians,” said Jutta K., one of the two leaders for the “Natives” group in the Bruno Gröning Circle of Friends. “I had already sat down and looked into their history earlier. That’s when it became obvious to me that these people needed urgent help. After I joined the Bruno Gröning Circle of Friends, I experienced a lot of help and a healing. Since then, it has been my heartfelt passion to tell others, especially the Indians, about it. As a group for ‘Natives’ (see the explanation in the box) was forming, I was very grateful to be able to help as well.”

Since then, more and more people in the Bruno Gröning Circle of Friends who in their hearts feel connected to indigenous people meet every five to six weeks via the Internet. They exchange stories about experiences they’ve had through contact with the various tribes (cultural groups) and do einstellen together for all indigenous peoples of the Earth.

In previous centuries, several tribes were exploited, suppressed, and expelled from their ancestral homelands. They were forced to follow the religion and lifestyle of the “conquerors,” instead of using their original language and culture. The pain, skepticism, distrust, and withdrawn behavior that arose can only be overcome with a lot of patience and good will. When the first hurdles are overcome, the joy becomes even greater.
perfect background for this task. “I was on a business trip in Nicaragua and came in contact with the Miskitos. I was able to speak to some of them about the teaching of Bruno Gröning. Most of them were very moved. One woman even received a healing from a decades-old hip problem.”

E.B.: “I am very happy to inform interested friends about spiritual and cultural connections and ‘school’ them about the other cultures. It is very helpful to learn some facts about the culture and lifestyle of the various ethnic groups so that you can have a respectful relationship with one another. We recently broadened our horizons. It is no longer just about the Native Americans in North America; there are contacts in Central and South America as well, for example, in Mexico, Guatemala, Nicaragua, Brazil, and Chile. There is even a Bruno Gröning community of Shipibo Indians in Peru. Meanwhile, the contact to indigenous people are getting more diverse as the Circle of Friends is spreading throughout the world. We also intend to connect with the Aborigines in Australia, the Maori in New Zealand, and the indigenous peoples of Asia and Africa.”

On the Road in the Eternal Ice
Anneke H. and some Bruno Gröning friends traveled to Greenland. There, in the eternal ice, they familiarized the locals with the teaching of Bruno Gröning and took pictures. There they came in contact with the indigenous people, the Inuit. “The trip left me deeply impressed. The Greenlanders were very open, and almost everyone could feel the Heilstrom very quickly during the lecture. The day before, a man had sent an email, requesting to join the Bruno Gröning Circle of Friends. The information on the lecture flyer and internet already had him convinced. I am a photographer, and I was able to extend the trip after the lecture. I was especially impressed by the intense connection the Inuit (see the box) have with nature. I was allowed to be present during a hunt; I was allowed to go fishing and live among these extremely hospitable people. They pray before slaughtering animals and only take what they need. The influences of the Western world have also had serious consequences here. As a result, problems such as alcohol abuse are still present in many places. We are happy that there are now four communities* in Greenland, which these people attend and through taking in the Heilstrom can become free from burdens.”

Tribal Chief Becomes a Bruno Gröning Friend
Now back to our native American Indian friend at the Denver Conference in the USA. Elisabeth K. was one of the organizers of the conference who was especially pleased about the chief’s attendance.

The term “Indians” has persisted since Christopher Columbus arrived in the Bahamas in 1492. It is known that Columbus was very sure that he had discovered India and called the natives on this continent Indians. Ten years later, it became clear to the Europeans that this was, without question, not India. The term “Indians” has still not changed.

Today, the original inhabitants throughout the world are commonly referred to as “indigenous” or “natives.” Every group of people has its own name, in its respective language, that often simply means “human” or “people.” For example, the word “Inuit” means “people” in the language of the indigenous people of Greenland.

“Contact with him came about very slowly. I was very happy when I finally reached him and he suddenly showed up a little while later and came to our lecture. I was impressed with the strength, depth and breadth he radiated. At our next meeting, he had very little time. We all did einstellen together, and he could feel an intense Heilstrom*. Afterwards he took part in the community hours* in Omaha every now and then. At the conference in Denver, all of his reserve disappeared; he was one of us. He laughed with us, sympathized, and spoke about his own experiences with the teaching of Bruno Gröning. It is exactly as Bruno Gröning says: ‘All people, regardless of nationality or religion, are worth of being helped.’” (mr)

*See explanations on page 13
Healing from Schizoaffective Disorder with Depression

Anne-Kristin Missall (47 years old)

In the fall of 2000, I returned from a 4-week vacation in America with my daughter. I had jet-lag, with a distinct problem in my waking-sleeping rhythm. I also had marital problems at the time and was overburdened by various situations in my life. I meditated a lot every day, in order to gain enlightenment, and to attain peace and calm and strength. This might have caused me to become ungrounded.

After a failed attempt to make amends with my husband, I fell down some stairs at the train station, slipped down between the platform and train track, and was no longer able to help myself. The worst part was the shock and the thought that when the train pulled in, I could lose my legs. I couldn’t sleep nights at all anymore, and could hardly eat or drink.

One evening I smoked pot with a friend. The next day, everything was somehow strange. I experienced sensory disturbances and became very confused.

In the fall of 2001, I was brought to a clinic, where I was tied down and medicated with Haldol and Zyprexa. I thought my life was over and that for the rest of my life, I would only be able to move like a robot, which was a side-effect of the Haldol. I wanted to leave the clinic as soon as possible - I was there for a month - and stop taking the medication. For the doctors, it was considered part of the illness that patients couldn’t accept either the diagnosis or medication. After I was released, one doctor told me that I would need to take Zyprexa for the rest of my life. The medication caused me to gain so much weight within 14 days that I was even more burdened psychologically. I didn’t like seeing myself in the mirror, because I had become so fat, and I was depressed. The doctor prescribed an anti-depressant medication in addition to the other. I had the feeling that I wasn’t able to take proper care of my child anymore. My daily life was a great effort, but my daughter helped me. One time, I brought her to the train station and didn’t know how to get back home. One day I met the mother of one of my daughter’s classmates in the supermarket. Suddenly I blacked out, had a panic attack, felt very insecure, and broke out in a sweat. I was totally chaotic and couldn’t converse with her at all. Similar situations occurred every once in a while. As I no longer wanted to take the medication, I would go to a different doctor with every attack, and I stopped taking the prescribed medication on my own initiative. In this way, I prevented myself from having any consistent control over the illness. Several times, when I experienced acute attacks, I went to the clinic voluntarily. This was my condition in the year before I was introduced. In fall of 2005, I found an information flyer in my mailbox. I went to see the documentary film, “The Phenomenon Bruno Gröning” and was introduced to the teaching of Bruno Gröning on November 29, 2005.

Since the introduction, I have done einstellen every day to take in the Heilstrom, and I go to the community hours regularly. I suddenly had the will to live again, looked for a job, and started doing sport and singing in a church choir. I still took my medication, but as of January, 2006, I could reduce the dosage and stop taking it altogether after a quarter of a year. To be absolutely sure, I visited a clinic in 2008, and the doctors there also found nothing more that needed to be done. When I had problems with insomnia or felt panic, I was able to help myself by doing einstellen. Since then, I have been doing really well. I have received a deep trust in the divine power.

Physician’s Commentary:

Ms. Missall was first diagnosed with “psychotic schizophrenic disorder”, for which she needed clinical treatment for almost 4 weeks, in 2001, following the consumption of marijuana. As she reduced or completely stopped taking the prescribed anti-psychotic medication on her own, in subsequent years, she suffered from recurring attacks annually (2003, 2004, 2005, 2007, and 2008), which in the end led to the clinical diagnosis of schizoaffective psychotic disorder with various symptoms, which is known as a “polymorphic course of illness”. The prognosis for such a schizoaffective disorder is better than for schizophrenia, as only about 20% of such cases become chronic. The majority of those affected heal without long-term chronic symptoms. An early, acute beginning with a psycho-reactive trigger, as occurred with Ms. Missall, improves the prognosis considerably. It is especially noteworthy, however, that Ms. Missall experienced only three more episodes, in 2007 and 2008, after applying the teaching of Bruno Gröning - doctors’ reports for the episodes in 2007 are available - and that she was able to find peace and quiet and help when experiencing insomnia and fear, and that the illness gradually healed without complications, although various specialists had expected that the complicated form of her illness necessitated that she would have a legal guardian.

C. F. Physician
As a small child, I had a bladder infection. I got it while in the hospital for a different reason. My mother said that I had had a kidney infection when I was about 9 years old. As a child, if I cooled off too much or got cold feet, I would develop a burning, stabbing pain when urinating. In addition, I had the constant feeling that I needed to pass urine, but would produce only a few drops. Whenever I went to doctors with these symptoms as an adolescent and young adult, they would find blood in my urine. A cystoscopy performed by a urologist revealed bladder inflammation - cystitis. I was prescribed an antibiotic, which relieved the symptoms. The symptoms would often reappear just before a planned vacation that included swimming. This burdened me very much and limited my activities accordingly. I couldn’t go swimming, didn’t feel well, and needed to dress warmly. A visit to the doctor was usually unavoidable. This condition remained unchanged until August, 2008, but I was able to believe in Regelungen*. During that month, I noticed blood in my urine. Before that, it had never been visible to me. At first I was somewhat alarmed, but I had faith and trust that this was Regelungen. I lay down in bed with a hot-water-bottle and did einstellen. The next morning and over the next three days, I had mild Regelungen in the form of tingling and burning. It was during a Celebration Hour in Dillenburg in 2013, when a friend spoke about her healing, that I first realized that I had had no more problems since that summer in 2008.

Since then, I have no more pain and feel very well. I no longer need warm clothing in the summer. Cold feet don’t bother me anymore, and I can go swimming with no restrictions.

From a medical point of view, a complete healing could not be expected, especially as the ailment had started in childhood and been present for so many years.

B. S., MD

*see below for explanation

Explanations

Heilstrom
Bruno Gröning used this term to describe the spiritual energy which brings about healing. He also synonymously used the terms “healing wave” and “divine power.”

Einstellen
One “tunes in” to the receive the Heilstrom, to absorb it into oneself.

Regelungen
A cleansing process is initiated in the body by the absorption of the healing power (Heilstrom) which cleanses the illness out of the body. Sometimes painful, Bruno Gröning called this the “Regelungen.”

Community
Local groups of Bruno Gröning friends are called “communities.” “Community hours” are held where Bruno Gröning’s teaching is explained, healings are reported, and the friends do einstellen together to absorb the Heilstrom.

Success Report
Each healing is recorded, medically verified and, when possible, documented with the findings of initial and follow-up examinations. Cases of other kinds of help and success are also documented.

MWF
The Medical Scientific Group
Medizinisch-Wissenschaftliche Fachgruppe, The Medical Scientific Group is an association of people within the Bruno Gröning Circle of Friends, who are from the medical and other health care professions.
May Peace Prevail on Earth
A summary
Final part

“Peace” - a word that's used frequently in our time. Does “peace” mean a truce? Or a state of calm? Or merely the absence of war?

On May 23, 2013, the World Peace Prayer Society (WPPS), an affiliate of the UN, in New York, awarded the Bruno Gröning Circle of Friends the Peace Pole Award. (We reported on this in the Summer 2013 issue). A two-and-a-half-meter high replica of the Peace Pole has been erected in front of the archives of the Bruno Gröning Circle of Friends in Bavaria. On the obelisk one can read the words, „May peace prevail on earth,“ written in German, English, Russian, and Hebrew.

In this contribution to our series, „May Peace Prevail on Earth,” Emine Şimşek tells us how she regained a state of inner peace. We will first briefly provide some information to help you understand her report.

In addition to the largest ethnic group in Turkey, the Turks, there are also other ethnicities. The largest minority are the Kurds, who comprise about 10% to 20% of the total population. Only about 10% of the Kurdish population is committed to Alevism, an Islamic confession. Thus, there is only a relatively small group of Kurdish Alevis.

Concealing her identity

“I was born a Kurd in Turkey. In the course of history, the Kurdish people have often been persecuted and were frequently oppressed. I remember very well that we were forbidden to speak Kurdish. Since we lived in the country, we were able to speak our own language at home, but once strangers were nearby, we spoke only in Turkish. It was dangerous to confess to being a Kurd, and as a child, I always lived in fear of being identified as a Kurd.

In addition to this, we were not only Kurds, but also Alevis. Alevism is a branch of Islam that has a very liberal interpretation of the religious precepts in the Koran. This was not well received by the other groups and in the past has led to persecution of the Alevis. One can see that the situation for the Kurdish Alevis was difficult and, to a great degree, reinforced their fears.

Move to Germany

I moved to Germany early in life, went to school here, and married a German man. I had little contact with people in Turkey and had the feeling that I had ended my relationship with this country. So, basically, I have lived in peace here in Germany. But the old fear never left me.

I didn’t dare to admit I was an Alevi and a Kurd. I simply lacked the courage; the fear was too deep.

I came to the Bruno Gröning Circle of Friends in 2000. I was soon asked if I wanted to help translate. I happily accepted this task and thought no more about it. Over the years, this work has naturally brought me together with Turkish Bruno Gröning friends. In order to help with the on-site simultaneous translation, I soon began flying to Turkey regularly, about one to two times a year.

I got to know all kinds of people - Turks, Kurds, and Cypriots - and I noticed how much I enjoyed being with them. I thought that I had been “finished” with Turkey, but through the Circle of Friends, I had made contact with my former homeland again. And I was full of joy.
The fear disappears

Little by little, I got to know many friends better, especially when we were working together on shared tasks. Almost imperceptibly, the old fear regarding my identity decreased. One day, I confided to a Turkish Bruno Gröning friend that I was a Kurd and an Alevi. This didn’t present a problem for her; she was totally at ease when she heard my words.

The disappearance of this old fear was so wonderful for me. I am now able to say that I am part of this ethnic group and this faith, and I am happy belonging to it. This is the right place for me. I don’t only admit this to my friends, but I also openly confess to being a Kurdish Alevi.

The relationship with my family has blossomed again. Moreover, I have no more reservations about Turkey and its residents.

The great thing about the Bruno Gröning Circle of Friends is that one’s nationality or religious affiliation do not matter. Anyone can belong, and everyone is free to decide what religion to follow. It’s just not an issue between us friends. Everyone practices what is good for him, and together we go the way Bruno Gröning described in his teaching. I am very grateful for all the good friends and for the wonderful experiences I have had in the Circle of Friends.

“Peace” - a word that’s used frequently in our time. The reports in this series clearly demonstrate that its meaning can go far beyond the definition found in the dictionary.

A person who has nursed a grudge against someone or something for years knows what kind of feelings this creates. These feelings can affect at least some areas of his or her life enormously. The Bruno Gröning Friends who have shared their stories with us have experienced liberation from these negative feelings. During the interviews, it was especially touching to see how moved the friends were as they remembered this. They all felt joy when they experienced the return of a continuing inner peace.

In her speech during the presentation of the Peace Pole, Deborah Moldow, the UN representative of WPPS, said, „It is very special that Bruno Gröning friends can be here today right at this time, which the UN Secretary General Ban Ki-moon has called a time of great change. When our body is whole, we call it health. When our world is whole, we call it peace. In healing ourselves, we heal the world. It is a great honor for me to give this award, a Peace Pole, to the Bruno Gröning Circle of Friends. In gratitude for the wonderful, selfless work of the Bruno Gröning Circle of Friends, I want to present this Peace Pole to Dieter Häusler and Susanne Rois on behalf of The World Peace Prayer Society."

Dieter Häusler, the Director of the Circle of Friends, thanked her on behalf of all the friends. “Thank you! I see this as a symbol of Bruno Gröning and his work, and I see it as a sign that all the friends should continue his work, in order to create peace, love and health on Earth.”

The reports in this series are only a small selection of all that the Bruno Gröning friends have experienced in connection with the concept of peace. Some have even had the experience that an illness could be healed only after they were able to forgive their fellow men or even foreign nations. Others have reconciled with family members with whom contact had been broken off for many years. Still others were given the power to forgive themselves.

World peace is not a condition that hovers over everything in the future. Every one of us is a part of the whole. If we all manage to create peace within ourselves, world peace will simply be the result. (mr)
A lot of wonderful things are happening beyond the media and the headlines, and the more people become aware of that, the more the healing can also take place worldwide. In the same way that paralyzed people suddenly stood up from their wheelchairs with Bruno Gröning and other spiritual healers, humanity can also collectively awaken from the ‘paralysis’ and ‘hypnosis.’ Here, the Heilstrom is the key and the connection to the divine source.

I wrote an article about this on New Year’s Day: The topic is historical and timeless at the same time … and especially because of its high charge it can strengthen and inspire our belief in the good and in global healing.

Part 2 (Part 1 Spring edition 2016)

Dr. A. Kaul, an eyewitness from 1949, published the booklet, “The Miracle of Herford.” He wrote, “I have often seen him speak with sick people, and always had the impression that he is weeping inwardly for all this grief and human affliction laid open before him. Bruno Gröning is a man of the people. Vanity, and striking a pose are alien to him…”

A Film Disappears!
A documentary film about Bruno Gröning’s work at the Traberhof in Rosenheim was made, which was shown Germany on 21 October 1949 and later also in Switzerland. This film was a sensation, and people even experienced spontaneous healings in the theaters. A short time later it disappeared from the movie theaters and from the headlines. It was as though it had never existed. The film is still missing. Later research revealed that even the production company did not have a single copy left. It is impossible for a film to completely disappear in 1950. One can only conclude that it was secretly confiscated…

Visible and Invisible Opposition
Bruno Gröning always sought to collaborate with doctors and put himself through an investigation by professors of the University of Heidelberg. He was promised the opportunity of healing in sanatorium in good orderly fashion in collaboration with doctors, once proof of his abilities was established. Groening agreed and put himself through this examination.

Under the strictest supervision of doctors in Heidelberg patients labeled incurable by orthodox medicine were

**A prophet in his own land**
It wasn’t long before the biblical scenes of the healed sick, lame and blind people attracted attention. In May of 1949, the Herford City Council issued the first healing prohibition, saying that Gröning had allegedly broken the Healing Practitioners Law. This led to protests by seekers of healing who had traveled to Herford from all over Germany, some with great difficulty and in severe pain. Meanwhile, differences of opinion within the City Administration caused a back and forth between conditional permits and new prohibitions. But the City Council soon issued a total ban, presumably due to pressure “from above.” Bruno Gröning left Herford and was active in various other places. This is how he came to the Traberhof, a large horse farm in Rosenheim, southeast of Munich. The owner had invited Bruno Gröning to work privately, but reporters soon found out and published his whereabouts (against Gröning’s explicit request,) which caused even more people to flock to Rosenheim than had gone to Herford.

During those weeks in the summer of 1949, up to 30,000 people camped out in the fields around the Traberhof – an ocean of sick people, war veterans and the disabled. And again, many miracle healings took place. At a particularly wonderful moment, the mass of people spontaneously sang “Great God, we praise You.” The newspapers, radio, and television were full of reports. “Gröning’s meeting with countless thousands of seekers of help at the Traberhof in Rosenheim was an event with a dramatic impact: the turning point of the time in which we find ourselves today revealed itself with symbolic clarity. All of the suffering, abandoned and defeated people who had gathered, with hope for this last chance of finding solace and healing, denounced the age of materialism. Biblical scenes unfolded.”

The sick rose up from their stretchers, the lame threw away their crutches and walked, a blind child could see again, and cries of gratitude heralded new healings.” (Dr. Kurt Trampler: The Great Turnaround – Questions about Bruno Gröning, 1950)

The spectacular healings in Rosenheim were both a highlight and also a turning point in Bruno Gröning’s work, as massive opposition began to form…
healed, but the promise to Bruno Gröning was not kept. Rather, on 22 September 1950, a further healing prohibition was imposed and in 1951/1952 there was even a lawsuit, in which he was accused of violating the Healing Practitioner Law. He was acquitted with numerous caveats. It was attested that he had acted “not knowing about the legal situation,” which is why the acquittal virtually amounted to a healing prohibition, since he now knew the “legal situation.” From then on he could only work in small circles. But even there he was hampered by alleged helpers, who wanted to earn money through him and whom he consequently rejected. In revenge some of them spread lies about Gröning and allied with his enemies. In 1955 a new court case commenced – which accused Gröning of violating the Healing Practitioner Law and negligent homicide.

One of the most unscrupulous slanderers of Bruno Gröning was the journalist Count Dr. Michael Solwik. In the beginning he tried to push himself into Bruno Gröning’s staff and presented himself as press secretary and Bruno Gröning’s legal advisor in order to add extra weight to his publications (for example “Extra – The Great Trial against Bruno Gröning 1955-1959.”)

The above mentioned psychiatrist Prof. Alexander Mitscherlich, a Freudian and avowed atheist, described Gröning in his expert’s report for the court in 1951 as a “morbid personality with above-average powers of persuasion.” Also today enemies of Gröning from atheistic as well as ecclesiastical and evangelical circles still spread slander that has long since been retracted and refuted respectively and thereby suppress hundreds of positive witness statements from equally well-known, as well as competent personalities. (Detailed descriptions with many testimonies, press reports and citations can be found in a number of books: “Here is the Truth about Bruno” by Grete Häusler. “Bruno Gröning – A Revolution in Medicine – The Rehabilitation of a Man Who Was Misunderstood. A Medical Documentation of Spiritual Healing” by Dr. Matthias Kamp and “The Truth Alone Endures – Bruno Gröning and his Circle of Friends – Testimony Then and Now” by Thomas Eich)

Grönings death

In a second instance court ruling in 1958, Bruno Gröning was banned from practicing any kind of healing activity throughout Germany. An appeal followed on the January 22, 1959. Gröning wasn’t present. He had travelled to Paris with his second wife, the Frenchwoman Josette Dufossé, where he underwent an operation in a hospital on the same day and then passed away on January 26th 1959. The day the verdict was scheduled to be announced was first moved to February 5, 1959 and then to March 5, 1959. Because of Bruno Gröning’s death, the trial was however, officially ended on February 18, 1959.

Bruno Gröning died at 53 years of age. Official cause of death: cancer. One is reminded of the old statement: “A prophet is misunderstood in his own country” (Mt 13:57, Jn 4:44). Critics and “sect opponents” commented that Bruno Gröning must have been a charlatan, otherwise he would have been able to at least heal himself. Parallels for this statement are also found in the bible. And those who passed by derided him, wagging their heads and saying, “You who would destroy the temple and rebuild it in three days, save yourself! If you are the Son of God, come down from the cross.” In the same way the chief priests and the teachers of the law mocked him among themselves. “He saved others,” they said, “but he can’t save himself! [...]” Those crucified with him also heaped insults on him. (Mt 27:9-44, Mk 15:29-32).

Bruno Gröning went to the hospital to die to demonstrate one last time that he was seeking to work in collaboration with the doctors. He allowed an autopsy. He had said that he was “burning up inside” because he wasn’t allowed to heal anymore. After the autopsy the doctors commented that they had never seen anything like it before … that a person with his inner condition would have been enduring the worst kind of pain, and be unable to work normally or travel. But Bruno Gröning was active right up until his death and died peacefully, without any noticeable pain. Just before he died he said: “My enemies did what they had to do and with that are at an end. Likewise, I did what I had to do - but this is only the beginning!”

The Divine Heilstorm

For Bruno Gröning, it wasn’t about him personally. He always pointed out that he was only an intermediary, a “transformer.” This was evident when he was hampered by ever further-reaching prohibitions of his public healing work. He didn’t react with anger or resignation, but instead put forth a larger vision. He would say that thousands of people would be healed through him as a person, but that when people learned to heal themselves, millions would be healed, even humanity in its entirety! And so, he would concentrate on teaching
people how to heal themselves using the diving Heilstrom. His famous statement in regard to this was, “It cannot be stopped. Healing will take place in the whole world.” (Such statements were interpreted as “megalomania.”)

As sensational as Bruno Gröning’s healing activity was, his explanation was simple: originally, the human being was connected to God in a living unity, but when a person loses this connection, he separates himself from the divine source and exposes himself to evil, which leads to emptiness, futility and wickedness, with the resulting consequences, in regard to health, too. But God’s unlimited power remains ever-present and effective, and the Heilstrom has unlimited healing power. Whoever opens himself to this power once again can receive healing and other forms of help.

Normally, every person must take in the Heilstrom for himself. But after the Second World War, the need was so enormous, that help and grace came to the people. “Your pleading and praying to the Lord God have not been in vain.” Gröning always pointed out that the healings didn’t depend on him as a person. He never said, “I heal…” Rather, he always referred to God: “God heals. God is the greatest physician.” He always said to the healed, “Don’t thank me. Thank God.”

His most important statement was, “Trust and believe. The divine power helps and heals!” This statement can also be found on his gravestone in the cemetery in Dillenburg.

Bruno Gröning functioned as a transformer who forwarded the divine energy to the people. Such an energetic feat represented a unique physical function, and this was, as Gröning said, the reason his neck increased in size at certain times. Just like his healings and his death, Bruno Gröning’s unique anatomy was a mystery to the physicians.

The Healings Continue

Nach 1959 existierte der damalige Grö. After 1959, the Gröning Association continued on a small scale, avoiding publicity, out of fear of more negative press. It appeared that with Gröning’s death, his revolutionary vision - “the great turnaround” as he called it, healing and a change in consciousness in the whole world, as well as in science, medicine and politics - had been extinguished.

For several years, it seemed as if nothing was happening. But the memory of the biblical scenes and of the man who had been slandered and persecuted for healing and helping remained alive for many people. Especially noteworthy is Grete Häusler (1922 - 2007), who experienced three spontaneous healings in 1950 and then accompanied and assisted Bruno Gröning on occasion, out of gratitude. Privately, she noticed that people experienced spontaneous healings when she spoke to them about Gröning and his teaching. In 1964, she began to form new groups of interested people, first in Germany and then also in Austria and Switzerland, and amazing healings took place. In 1979, the Gröning organization relieved her of most of her tasks and wanted to stop her activities of this sort.

Spiritual Healing and Faith

“Your faith has healed you,” Jesus told the healed. “Faith” here is not to be interpreted as blind faith or dogmatism. True faith is the strength of spirit gained when one’s higher consciousness transcends ordinary ways of thinking. “Blessed are those who see and then at least believe.” And the reality of spirit is constantly being proven. Without the strength of our spirit, our physical bodies couldn’t survive. It is the spirit that moves our body and instills it with life force. The spirit - or the power of consciousness - does so much more than “just” animate our physical and psychological processes.

We can create our own illnesses through incorrect spiritual alignment. In the same way, our mind can also heal us if we believe in health and align ourselves accordingly - and if we do this in accordance with our life’s purpose. Spiritual healing doesn’t happen at the push of a button. Healing of the spirit is very individual, and
When Bruno Gröning Stepped into my Life
Eyewitness report by Grete Häusler
Part 22

Grete Häusler (1922-2007), the founder of the Bruno Gröning Circle of Friends, met Bruno Gröning for the first time in 1950 and experienced the healing of three incurable diseases. After that, she became a close co-worker of Gröning, building up communities in Austria. On 26 January, 1959, Bruno Gröning went “into the glory of God,” as he himself described it. Maria Pelko needed to have many experiences before she came to the true knowledge and true faith. Her experiences show us that Bruno Gröning keeps his word: “All people have to die, including me. My body will be placed in the ground, but I will not be dead. Whenever someone calls me, I will come and continue to help and heal.”

Here is Maria Pelko’s report:
“I was born on 25 March, 1893. I had a number of serious illnesses and would like to look back today and tell you about all the help and the healings that I was allowed to experience in the course of many years, through Bruno Gröning and his teaching.

Because of severe pain in my hip that was caused by a fall and two episodes of shock in 1922 and 1923, I went from doctor to doctor until, eventually, in 1952, Dr. Hagen prescribed a supportive brace, which I wore for thirteen years. An X-ray showed degeneration of my coccyx. I was sent to various thermal spas, the last being in Gastein, in 1962. This type of treatment did not agree with me as the mineral water was too strong. The intermittent pain became constant. After the failed treatment, I again went from doctor to doctor, until finally one doctor gave me injections for three weeks. But the pain diminished only a little, and when I asked whether I would be totally healed, the doctor answered, “There will only be improvement.” Therefore, it was hopeless!

In the end, I left that specialist and went back to my family doctor. He took an X-ray, and the diagnosis was spondylosis, total degeneration.

Meanwhile, I was totally immobilized and had to stay in bed. I was able to move only with very strong doses of butazolidin injections. As well as this condition, I had a colic attack on 4 August, 1965. The doctor who examined me sent me to the hospital for a thorough examination. I spent six days in the hospital.

I would like to mention that I joined the Bruno Gröning Circle of Friends in Graz, in 1955. Right at the start, I had such success that I could take off the supportive brace that year; but I did not understand about the Regelung pain. The pain started again when I got home. I thought that I was ill again. I just couldn’t believe that when I felt the pain, I was not sick, that the pain came about through the Heilstrom and indicated cleansing and healing. So, I kept thinking about the illness and believed in it. So it returned to me, even though I had the great opportunity to experience Bruno Gröning in Graz and Rosenheim. Later, I totally succumbed to the ailment, had to put the brace on again, and things were as bad again as I have described.”

To be continued.

*see explanations on page 13
Participants at the International Schooling Week (9 – 15 May 2016)

Photo: Anneke Hagen-de Waal