“Do you have a warm, loving heart for your neighbors as well?”

Bruno Gröning
Dear Readers,

In Spring of 1949, when Bruno Gröning first became known in Herford, hundreds and thousands of people streamed to him within a short period of time. Initially, people arrived from Herford and its surroundings; later, from all over Germany; and even from abroad. Thousands of patients turned to him in 1949. When he arrived in Rosenheim in late summer, up to 30,000 a day laid siege to the Traberhof, where he was staying. In addition to this, letters of request were sent to him by the sack load. It was as if a dam had broken and opened; as if many people had just waited for someone to come and help them -- the incurable ones. For those who turned to Gröning were usually those who had already been through all available medical options and could not expect any help. Many had been tormented for years or decades by a life of pain and restriction, resigned to their fate.

And then came Gröning. A simple man. A worker. Many intellectuals made fun of him because he made grammatical mistakes in his speeches or interviews. But then he said very aptly: “It is not so important whether one mixes up ‘me’ or ‘myself’ when speaking. Much more important is that you can distinguish between mine and yours.”

And because of this man, Gröning, who was neither a physician nor a healing practitioner, events were reported that were so incredible that the mayor of Herford, when he witnessed the miraculous healings around Gröning, was quoted as saying, “I am lost for words.” Paralyzed people got up from their wheelchairs or stretchers, the blind could see, decades of pain vanished, mass healings took place, distance healings -- when Gröning was not even in the vicinity.

And today? Year after year, since 1988, the Bruno Gröning Circle of Friends has published a Success Report Volume of recent healings for distribution to the Friends. Each volume includes 140 pages of stirring reports of help and healing -- verified by, and including commentary from, professionals such as physicians and psychologists. The incredible is still happening, not only in Germany, but worldwide.

Thomas Eich

Contents

Current news in the Circle of Friends 3-5
Experiencing nature together
Hiking in the Circle of Friends

Circle of Friends International 6-7
Haiti and Madagascar
Travel report by Ferdinand Ruegg

Young people in the Circle of Friends 8-9
1001 Way
The Youth Book – yesterday and today
Interview with Loek Neisz Part 6

Topic 10-11
Applause – The bread of the artist?
Music in the Bruno Gröning Circle of Friends

MWF 12-13
Healing from endogenous eczema, respiratory allergies and hay fever

Report from Abroad 14-15
The Growing Work
Canada and the USA

Of Interest 16
About the Documentary Films
“The Phenomenon of Bruno Gröning”
“The Phenomenon of Healing”

Bruno Gröning back then 17-18
“I live so that humankind can go on living” Bruno Gröning’s life
– autobiographically
Part 1

Grete Häusler: 19
When Bruno Gröning came into my life - Eyewitness report by Grete Häusler
Part 23
Experiencing Nature Together
Hiking in the Circle of Friends

1987
A few Bruno Gröning friends met in the Dachstein region in the Austrian Alps to spend a week hiking together in the mountains and experiencing nature.

“Only a few friends came along. Everyone, adults, youth and children all stayed together in a small house and during the day they hiked up and down the mountain in a group with Grete Häusler (1922 - 2007), the leader of the Bruno Gröning Circle of Friends at the time. I felt totally free up there, which was very nice,” a woman who went to the first hiking week in the Bruno Gröning Circle of Friends remembers.

Just a year later, in the Salzburger Land in Filzmoos, Austria, the Friends met for a hiking week at the foot of the Bischofsmütze mountain, 2458 meters above sea level, the highest peak in the Gosaukamm of the Dachstein mountain range.

This has been happening now for almost the last thirty years. Bruno Gröning’s Friends meet every year to hike together. That one week of hiking has developed into six, with hiking weeks for adults, youth and families.

The venue for the evening community hours and the starting point for the daily hiking tours is still the same as in the past -- the Aumühle Youth Hostel. In the beginning, they met in a room of the hostel itself, but by 1994, the room wasn’t big enough anymore. A tent which could hold 200 Friends was erected on the grounds of the hostel. This was used until the end of the nineties. Then, due to the large number of Friends who wanted to participate in a hiking week, a tent was erected that could provide space for 700 people.

Why Hiking Weeks?
Why Filzmoos?

In the first half of the last century, the Austrian writer, Hans Sterneder, wrote two novels, “The Sun Brothers” and “The Miracle Apostle”. Bruno Gröning recommended reading these books in which are described the special countryside and Sterneder’s personal experiences in the Dachstein Mountains. Inspired by this, Grete Häusler and a couple of other Bruno Gröning Friends went to Filzmoos and were also impressed by the special countryside and power of the Dachstein Mountains at the foot of the Bischofsmütze (Bishops Mitre). In the Bruno Gröning Circle of Friends, hiking is not about racing up to the next summit as fast as possible, or about extreme sporting activities. Rather, it is about finding oneself while hiking, of becoming one with nature and with the other friends, and experiencing nature together. Bruno Gröning said, “God is nature.”

The Beginnings

“We all hiked in a large group, adults, teenagers and children -- I was there with my children. Every morning we...
made the decision about where we
would hike that day,” says Johannes
Bernstein, who has participated in
the hiking weeks since the beginning,
and returns to Filzmoos every year.
Prior to that, he didn’t want to have
anything to do with the Alps and
hiking in the mountains. As a child,
he had decided never to hike on such
narrow tracks, which he had once seen
on slides. But in the Bruno Gröning
Circle of Friends he found joy in
mountain hiking. The steep descents
didn’t bother him anymore. Today
he leads hiking groups himself and,
together with Horst Weiss and other
helpers, is responsible for the hiking
organization throughout the Bruno
Groening Circle of Friends.

Horst Weiss explains: “The first time
I was at a hiking week, the day’s hikes
were read out in the morning and then
there was quite a lot of confusion until
each Friend found the group that he
or she wanted to hike with. As I had
been hiking in the mountains since
my childhood, I came to the hiking
week very well prepared. I had good
equipment and hiking maps with me,
so I was made a hiking guide on the
first day.” He continues, ‘I started to
think about how all the confusion
could be made more orderly. I started
to plan the different hiking routes and
write them down: the destination of
the hike, how to get there, etc. Signs
indicating the difficulty, distance, and
other information were hung up in
the mornings so people could orient
themselves. In 1995, there were 10 to
12 hikes. And in 1996, the first hiking
book was published that described 25
hikes.”

At this time, 20 years ago, a second
Hiking Week began, the Youth
Mountain Climbing Week. This
hiking week offered more difficult
hikes. The number of participants
grew each year.

The first Family Week was founded
when the Adult Hiking Week was
booked out. As a result of the ever-
increasing registrations, it became
necessary to offer a second Adult
Hiking Week and second Family
Week along with a Hiking Week for
the Bruno Gröning Friends from
south-east Europe.

To ensure smooth running of all the
hiking weeks, good organization
and commitment is needed, which
have come about through years of
experience.

The Hiking Organization
The organizers of the respective hiking
week meets in the advance via Internet
conference, but also on location, after
the community hours, to plan the
hikes for the next day. The weather
report for the upcoming hiking day
will be checked and if necessary the
hikes on offer adjusted. Sometimes,
due to the weather conditions, changes
have to be made on the morning of a
hiking day. The signs with the different
hikes are hung by helpers at meeting
point. Before the friends set off on
their hikes, a “morning circle” is held
and everyone sings together. Generally
there are now approximately 30 hikes
to choose from.

All this is possible only by the many
dedicated hiking guides. Each group
has one, because the guide leads,
because he/she knows the way, and
of course he/she is conscious of the
safety of the group, including making
sure everyone has the correct footwear:
ankle-high, firm hiking boots with a
profile sole to ensure traction on the
mountain and on gravel. He/she also

Filzmoos 2012: Dieter and Birgit Häusler lead all the friends to the Almsee on the first day

Hiking Week 2016 in the Velebit Mountains, Croatia

Hiking Week 2014 in Lorne, Australia
ensures that they take breaks and return on time. The hiking guide also determines the speed of the hike, adapting to the slowest of the group, so that everyone can experience a fulfilling day of hiking and return safe and sound. Walking is mostly silent, so that everyone can experience nature undisturbed and absorb the Heilstrom. “Chatterboxes” don’t miss out, as there is plenty of opportunity to talk and share with the other Bruno Gröning friends.

The hiking guides are intensively schooled in order to carry out their responsible task as well as possible. The evening meetings are focused on organizational issues as well as exchanging experiences with the various hiking groups. Some people speak about a special experience during a hike. For the most part, this task is enriching in a special way, for example, the joy of enabling other Bruno Gröning friends to have a wonderful hiking week.

**From Filzmoos into the world**

Nowadays, the Dachstein Mountains are no longer the only place where the Bruno Gröning Friends hike. There are hiking days, hiking weekends, and hiking weeks offered in many countries worldwide.

For many years, there have been what are called “nature weeks” in Davos, Switzerland — where the first hiking weeks outside of Austria took place. Since the beginning of this decade, there are also hiking weeks in the Czech Republic, Poland, France and Croatia, as well as in Bulgaria and Italy.

In 2011, the first hiking week outside Europe was organized: The Mountain Hiking Week in Himachal Pradesh in Northern India in the Himalayas. Australia also has its own hiking week.

“Before a new hiking week starts in a country, two hiking weekends are organized in consultation with the hiking organization of the Bruno Gröning Circle of Friends”, explains Horst Weiss. “Later, in agreement with Mr. Dieter Häusler (the leader of the Bruno Gröning Circle of Friends), the hiking area is chosen. Hikes are chosen, walked, and described. Suitable accommodation is found and contact made with the local authorities. In Filzmoos, for example, we have a very good relationship with the tourist office and the locals.”

Johannes Bernstein adds: “It is particularly important to us that the hiking weeks are organized on a worldwide basis, with Friends meeting for morning circles, wearing the appropriate footwear and attending the evening community hours.”

“Organization is important, but it should not be noticed. That is always our aim. There are now new hikes being planned, and we are busy with those,” Horst Weiss explains, adding, “Every hiking week is a great opportunity to strengthen the solidarity between the Bruno Gröning Friends in their respective countries, and many participants go home very fulfilled. It is very nice to experience this!”
Lecture in a tropical village
Ferdinand Ruegg: “In a special village community in the hills near Jacmel, a room was offered to the Bruno Gröning Circle of Friends for presenting an information lecture in May of this year. Ion Valceanu of Canada had asked me to accompany and support him on this trip. He and his wife are solely responsible for the establishing of the communities in Haiti. The day after our adventurous journey, the lecture on the teaching of Bruno Gröning took place. Approximately 40 people came on foot from the hills and surrounding areas, most of them under 30 years old. They were very interested and looked at us with open faces. At the end of the lecture, we asked if they would like to have a community in their area, so that they can regularly take in the healing energy. Many of them were excited, and within five minutes we found all the helpers we needed. A young man became the community leader, another became responsible for the donations, and a third took on the public relations work for the area. In order to send every friend written material on the Bruno Gröning Circle of Friends, we asked all those who were interested to fill out an address form.

A special message
“We planned to travel back home a few days later; however, our plans changed. It was pouring for hours, the rain beating down on the tin roofs by the bucket load. At 11a.m., it became clear we could not even think about traveling home that day. Our vehicle had no chance of making it through the massive flooding.

Therefore, we were gifted an extra day, and used it to hold a community hour with the new helpers. Aside from that, we also had time to enter all of the addresses in the Infocenter and could fulfill the requirements for the start of the Lamontagne community. Among the address forms, there was one that really moved us: written by a 17-year-old boy. This message must have really settled in his heart:

‘Bruno Gröning, a Samaritan that will always be remembered. Bruno Gröning, Samaritan that you are, help me lead a normal life in thoughts and actions.’

Beginning of the new community
“Up here, the people are not influenced by the city. They lead a simple, healthy lifestyle. They spend their days busily tending to their fruit and vegetable gardens, foresting, and construction. Everything is more orderly than in the city. There are no mountains of garbage, no beggars. Rarely would you see a motorcycle or jeep; therefore, there were many chirping birds and other birds to see while going on their daily walks. I am so thankful for this wonderful experience -- just this alone was worth the long trip. I wish for a good start and many good experiences with the teaching of Bruno Gröning for the new community.”

Madagascar
An older man crosses a dusty road, passing by rice paddies and small huts. He has to walk 12 miles to get from his village to Antsirabe. There in the city is a Bruno Gröning Circle of Friends community. After the community hour, he goes back home another 12 miles on foot -- also at night. However, he likes to take on this difficult journey. He still can remember very well: For ten...
years he had severe nightmares. Every morning he woke up dead tired.

Then came the incomprehensible: He learned about the teaching of Bruno Gröning -- the nightmares disappeared from one day to the next. Since then, he can sleep peacefully, is fresh in the morning, recovered and happy. This is the reason why he makes his journey into the city every three weeks. Absorbing the ‘Heilstrom’, as Bruno Gröning called it, is important for him. He realized that, together with others, he can take in much more power than alone at home.

The beginning
Ferdinand Ruegg: “Many years ago, Grete Häusler (1922-2007), the founder of the Bruno Gröning Circle of Friends, asked me to reestablish the community in Mauritius. The first time, I traveled there on vacation in order to get myself a first impression of the country. There were a few people there that were familiar with the teachings of Bruno Gröning. I called some of them, but only one was ready to meet in person. He explained to me that the Mauritians have a hard life, and because of this just do not have the time to busy themselves with spiritual teachings.

A few years had passed until, in 2011, I traveled back with Mrs. Fritze from Vienna and a medical doctor from Paris. We visited the capital city of Antananarivo, which is approximately 105 miles from the city of Antsirabe and 220 miles from the coastal city of Tamatave. The doctor had roots in Madagascar and could relate with the people well. As a result of the trip, a community was established in each of those three cities, all of which are still running today.

Guest of a king
“The large number of people who cannot read or write greatly affect our public relations work. Although in many countries flyers are distributed to inform the people, this was not very useful for the people of Madagascar. Therefore, we often used radio or television to be able to inform them of this spiritual healing. This is why we always use various means to inform the locals of the teaching of Bruno Gröning.

Last year, through the king of Cameroon, who himself is a Friend in the Bruno Gröning Circle of Friends, we received an invitation to meet the king of Antaimoro, a region in southeast Madagascar. There, we were able to speak about Bruno Gröning and his teaching with more kings. The kings in Madagascar function as presidents for certain districts. The next day we held an information lecture in Manakara, a small city on the southeast coast. We were very happy that three kings also participated and a new community could be established.

Translations
“The farther out from the capital city you go, the harder it is for French to be understood. Most of the natives only speak Malagasy. Since 2012, the Information material for the Circle of Friends has been translated into Malagasy. We are especially proud to announce that, as of this year, a CD recorded in Malagasy has also become available in order to reach those who cannot read.

The communities are growing through the most effective form of public relations: word of mouth. New locations are arising as well. For example, the elderly man who has to walk 12 miles to Antsirabe can now tell people in his village about his experiences with Bruno Gröning, and show them that wishes do come true and healings continue to take place.”

* see explanations on page 13
In 1999 a fairly thick book was published by the GH Publishing House: 1001 Way – Bruno Gröning in the Diaries of Young People. It contains 94 reports, some of which are very personal from young women and men in the Bruno Gröning Circle of Friends.

This book is presented as a series of articles in the Journal. In the first installment, Christoph Pesch and Mechthild Simon, who made the publication of this book possible, had their say. More recently, the youth who contributed back then share their experiences and insights from the last 16 years. This time, Loek Neisz, 57 years of age:

Excerpt from 1001 Way:

(…) Subconsciously I was searching for something which I couldn’t define, because I lacked maturity.

(…) The euphoria started with my first LSD trips. Shortly after that, I started using amphetamines and heroin. From then on I was on a downhill spiral. The initial adventure quickly turned into a force of habit. (…) I lost all control over my body and had to watch how the addiction took its course in my body. (…) I often felt inner warnings but they were all covered up by bragging and euphoria. (…)

At the age of 19, I finally got hepatitis and ended up in hospital for eight weeks in the isolation ward. What a sobering experience! I thought, “Impossible, everyone is having fun, it’s all happening, and you’re lying here imprisoned and can’t join in.” My body was totally ravaged and I was at the end, and yet - I still wanted to carry on.

(…) Then, at the age of 30, when I had tasted the whole range of society’s temptations, I was at that point – and I’m not ashamed to say it – where, like a little child in my living room, I had cried out to God - no, I had virtually screamed at Him - for help. I could not go on living like that. God did not reveal himself to me straight away. Only two weeks later, my mother showed me a picture and a book of Bruno Gröning and his teaching. (…) In my mind I gave him my problem – and it happened. In the evening, already lying in bed, I had the feeling inside, “You are going to recover completely.”

(…) During a community hour such a strong power flowed through me that I thought, “This can only be God Himself entering my body.” For the first time I felt this “something” that filled me completely. It was the Love of God, the return to a long lost home, it was – bliss. (…) I thank God and my dear friend Bruno Gröning for saving me from my burden. (…)

Journal (J):

Mr. Neisz, how did you find out about the Bruno Gröning Circle of Friends?

Loek Neisz:

When I joined in the spring of 1989, I was incurably ill. I had suffered from chronic hepatitis C for eleven years. The doctors and also alternative medical practitioners had tried everything, but without success. My parents were told that their son would probably not live past the age of 30, that’s how bad things were back then. After that, my mother got in touch with the Bruno Gröning Circle of Friends, and soon afterwards I attended a community hour in Wegberg. It really appealed to me that, for the first time in my life, somebody invited me to give him my illness. Like a child, I just did that; and within four months, I experienced the complete healing, which was confirmed by the doctors, who were totally amazed.

I am now 57 and am very grateful to be alive and healthy.

(J):

When did you find out that the book “1001 Way” was being written?

Loek Neisz:

Back then, there were reports at Bruno Gröning Circle of Friends conferences about the writing of the book Gröning. Christoph Pesch asked me if I also wanted to write a report. That is how my contribution to the book came about.

(J):

Can you remember what happened to you while you were writing down your story?
Lock Neisz:
When I reported about my healing, or if I gave an interview, at that very moment I often experienced all of the greatness and grace again. I realised that I was carrying the experience within myself, but I only recognize the magnitude of what's happened when I talk to a friend about it. The topic of my report was drugs. I had taken drugs. I saw how former friends of mine died; how their lives were destroyed. On the other hand, I saw how people were freed from the yoke of drugs very quickly through the teaching of Bruno Gröning. What a great experience.

(J):
Nearly two decades have passed since the publication of this book. What did you experience during that time?

Lock Neisz:
I started very quickly to help establish the Circle of Friends in the Netherlands. I led a community* together with some other Bruno Gröning Friends. We spoke to drug addicts on the street, told them about the teaching of Bruno Gröning. Some were healed of their drug addictions; with others, their whole life situation changed. I will never forget that as long as I live.

(J):
And how does Bruno Gröning and his teaching continue to help you today?

Lock Neisz:
Throughout all these years, I had the certain feeling that I can do einstellen* and ask Bruno Gröning, and always get an answer within, being led by God. Because of that, I have no more doubts or inner turmoil. For instance, I re-married in 2007. My wife is more than ten years younger than I, and very much wanted a child. But I thought if we had children at my age of 52, I would be ancient by the time they were 20. What would happen? So I did einstellen and inwardly felt the trust that it would be alright -- contrary to my reasoning. I had already brought up two children. Now I have another boy and a girl age five and three. It is a gift of heaven to experience this once more. Thanks to Bruno Gröning's help, his protection and guidance, I can enjoy fatherhood totally differently. Today I can say that it was right to follow the feeling to have children again.

(J):
You are still helping in the Bruno Gröning Circle of Friends. How did this happen?

Lock Neisz:
About six years ago, I was asked if I wanted to help with establishing the Bruno Gröning Circle of Friends in America. I always had a “soft spot” for America and loved the people. These days I lead the region of Atlanta incorporating the states of North Carolina, Alabama, Tennessee and Georgia. I am very grateful for this task, and I can bring Bruno Gröning's teaching close to the people there, so that they can also experience help and healing for themselves like I did.

It is wonderful for me to recognize the deep meaning of Bruno Gröning's teaching in my life, to be embedded in it and to experience that his words are true, and will surely help many in the future.

*see explanations on p. 13

"Friends, it depends on you, how you take in the good! When can you take it in? Not before you have separated yourself from the evil, in that you really don't have anything in common with evil anymore! Until you do that, it's not possible! So, now open your heart and pour out absolutely everything! Throw out all the sorrow and hardship!"

Bruno Gröning
Music belongs to the Bruno Gröning Circle of Friends like butter belongs on bread.

Bread corresponds to the spoken word in the community hours and conferences, especially to reports of experienced healings and helps. It is this ‘bread’ that leads people in the first place to the Bruno Gröning Circle of Friends. Starving in body and soul, they open their hands to receive the longed-for piece of bread. Before this, many of them had wandered from door to door and were fobbed off every time with the word “incurable.” However, Bruno Gröning said, “There is no incurable. God is the greatest physician,” and his word is still true today. To the intellectual man, the healing reports that are related here may, to begin with, sound as fanciful as “Alice in Wonderland.” The intellect trying to categorize what it has heard can sometimes go “into overdrive,” so that the person is in danger of choking on the piece of bread he received.

Here, music comes into its own. As soon as the dulcet tones ring out, the intellect falls silent and the heart opens. Like oil, the buttered bread now slips down easily. Bruno Gröning’s words were, “I can certainly not be understood with the intellect,” or “Here you have to be with it from your heart.” So music is one of the most important instruments to “open up hearts.” In his day, Bruno Gröning always played a piece of classical or spiritual music before and after every community hour. One of his favourite songs was “I know a stream”. It talks about a stream (of water) that strengthens souls and heals the sick. He was certainly thinking of the Heilstrom* that he returned to mankind and which continues to do exactly this: It strengthens souls and at the same time it heals the body.

In prehistory of mankind, music was an inseparable part of divine worship, and there are many myths about its origins. It was considered “a gift of the gods”, a gift from heaven. Only later, music developed into an independent art form. At every community hour and every conference, the Bruno Gröning Friends experience that music is more than entertainment. The “evil spirits” that were driven out by musical religious rites in the past -- or even today amongst some indigenous people -- correspond these days to the thoughts of worry, performance pressure and everyday stress of many people in society. These are the first things to get rid of, because “The good only goes where evil has been removed.” (Bruno Gröning).

However, these days, works of the old Masters are rarely chosen as music for the beginning, intervals or end, because the repertoire of specially-composed and often-performed pieces by Bruno Gröning Friends has grown enormously in the last 30 years. Since the first cassette recordings, the quality has also improved. Whether it be imposing orchestral performances, heavenly choirs, cheerful folk music (not brass bands) or simple, soft guitar pieces, there is something for every mood and every occasion.

At the beginning and end of large international conferences, festive works like “Praise the Lord all ye Nations” and “It cannot be stopped” ring out from the stereo system. In between spoken contributions on the stage, music is often presented live. Amongst
the participants at conferences, the joy is great when Friends contribute a choral or orchestral piece on the stage. Live music is always special, because it is unique and cannot be repeated. In addition to the pure music, we have another component, which is the interpersonal connection. Often, a loving bond, formed of gratitude and solidarity, develops between the musicians, the singers and the listening friends. However, there is none of the usual obligatory applause; although it is known that applause is the ‘bread of the artists’ – or maybe only of the ego? It is a principle in the Bruno Gröning Circle of Friends that applause is never generated for anybody or on any occasion. And there is no exemption for the musicians. The professional musician (violinist) Eva Pluer comments on this: “Applause is a form of praise. But here in the Bruno Gröning Circle of Friends -- in contrast to the professional world -- the experience is not about appreciation of the person but only about the musical contribution. Music is played on its own merits. The feeling that you are giving pleasure to someone else by performing makes you happy.” The Heilstrom makes a person more sensitive. The musicians, as well as the listeners, feel the beneficial effect of the sounds in their own bodies. At the end of the musical piece, the atmosphere is often so charged as if it were crackling in every corner of the room, like a cozy wood fire, warming everything. It is as if the music is continuing on a higher, inaudible level... The need to applaud or just even move one finger is simply absent. People often stay seated as if rooted to their chairs, wishing to preserve this moment somehow.

Can this beneficial feeling also occur in the audience if the musicians on the stage are battling with fear of failure or competition stress? Probably not. What is Eva Pluer’s experience? “Whilst studying for my music degree, the pressure to do well and to compete was very great, and I also demanded a lot of myself. I was afraid of making mistakes and failing. So I developed stage fright that accompanied me through my whole professional life for several decades.

As a musician in the Bruno Gröning Circle of Friends, I experienced that the feeling of community occupies the foreground. Here, one does not go into a rehearsal in ‘single combat-mode’, which is very different from what I knew in my professional life. Our goal is to make good music together and to give pleasure to the audience. We help each other, we motivate one another and we are one. This experience and also doing einstellen together first have strengthened my self-confidence so much that I completely lost the stage fright – even outside of the Circle of Friends.

Recently a colleague and I gave a concert together, playing a rather virtuoso performance piece – Navarra – by Pablo de Sarasate. Despite having very little time for preparation, I did not experience any anxiety and we gave a wonderful performance. I have always enjoyed music a great deal, but since knowing the Bruno Gröning Circle of Friends, playing and experiencing music has taken on new dimensions. I am able to play music with a feeling of freedom and no fear. On the other hand, I can listen to pieces of music with a feeling of freedom and without concentrating on possible technical flaws. I enjoy the quality of the composition and can let go and relax.”

“God gives a good reward.” (Bruno Gröning) … and it is better than applause.

*see explanation on p. 13
I had infantile eczema since my birth in 1967, which this developed into eczema on the palms of my hands and on my fingers, joints, and feet while I was still a baby. The doctor diagnosed atopic eczema, a chronic inflammation of the skin. During my childhood, the eczema appeared mostly in spring and fall. I had some peace from it for two years when we spent our holidays at the sea. In all the other years, the burden remained. I scratched until the wounds became bloody, which is the only time I had some relief.

The affected skin was treated with tar salve and thick bandages. This did not stop me scratching, however, especially at night, because I couldn’t stand the itching. The thick bandages meant that I could hardly move my fingers, couldn’t play, and it was hard to write in school. I had to avoid the sun because the tar salve could burn my skin in the sun. I also had to avoid contact with moisture and dirt, as these also caused the eczema to break out again. Playing in a sandbox was just about impossible, and later in life I could hardly do any work in the garden, something I loved to do. After doing an hour of weeding I needed 3-4 weeks for my skin to heal up again after splitting open. Other physical activities would also cause my skin to split open. Even after the wounds healed, my skin was brittle and thin. Drying my hands with a towel after washing also caused tears and open sores in my skin. When I petted an animal, the hair would stick to my skin. Moisture from washing also caused the condition to worsen. To prevent my skin from becoming too brittle, I had to bathe and wash my hair quickly. I never shook hands when greeting people to avoid their comments and questions. Eczema in a weaker form appeared often on my joints and feet all at the same time and was easily treated by applying an ointment. As I got older and could decide for myself what to do, I avoided thick bandages and tar salve and used less obvious light bandages and ointments with prednisone and lard to keep my skin smooth. When I had covered all my fingers with these bandages I could stand it for a while. With these types of bandages the skin didn’t itch as badly and the tears in my skin didn’t worsen, but healed better. However, even thin bandages made my fingers fatter and less flexible. The burden continued to affect my life, including which profession I could choose. I could not learn any profession in which the way my hands looked could be a problem. I also had to avoid anything that would expose my hands to dirt or moisture. So I trained to be a business woman.

The eczema appeared 3 – 4 times a year and lasted each time for about 3 – 4 weeks. In between, my skin would heal up, but was still very brittle, and rough over my joints -- scarred and less flexible.

When I was 30, the eczema on my feet disappeared, but the symptoms in other areas worsened after enjoying fruit that had been sprayed, especially citrus fruit, as well as chocolate and milk. I limited my consumption of these things, but continued to enjoy eating them. The doctors gave me no hope of a cure, and spoke rather about the condition being incurable. Because of that, I saw no sense in always avoiding things I enjoyed. So I didn't strictly follow any of their guidelines.

When I was seven years old, I developed an allergy to carrots which caused respiratory problems. When I chewed them, my throat would swell up and the mucous membranes in my throat swelled up and itched terribly. I would drink water until the swelling diminished, and only ate grated carrots, which I tolerated better.

When I was 17, from March to May, I developed a pollen allergy on top of the other things. This caused my eyes to become teary and swollen; my nose got red and ran constantly. I could hardly leave the house the whole time. I used eye drops for some relief, as well as nasal spray and other over-the-counter medication. I also had an allergic reaction to airborne particles from lawn-mowing. I went for autohaemotherapy which brought some relief, but still no cure. I simply got used to the condition. Except for the healing of the soles of my feet, my condition remained unchanged until I was introduced to the teaching of Bruno Gröning.
When visiting a restaurant one day, a friend pointed out a flyer for the documentary film, “The Phenomenon Bruno Gröning”. I had the flyer on my desk for a whole year, always intending to go to see the film. In 2010 I checked the Bruno Gröning Circle of Friends website to find out when and where the film was showing. It was being shown in Braunschweig, about 142 miles from Berlin, and I drove there alone. At the end of the film, when they asked if anyone had felt anything, I didn’t say anything because I wasn’t sure. During the film I cried a lot. Afterward, I realized that I had felt the Heilstrom*.

In Potsdam, July 29, 2010, I was introduced to the teaching of Bruno Gröning. I felt quite well and had the feeling that my years of searching for healing were finally coming to an end. After the Introduction, I could feel what was good for me and what was not, which was never the case before. In the beginning, I did einstellen for healing of the hay fever and all the things I couldn’t tolerate. I never thought about the skin problem. After I realized that, I was constantly reconnecting to the illness with this form of pleading. I did einstellen only for my health, and concentrated on what I wanted to be able to do again: I wanted to work in the garden, really go at it and enjoy nature in springtime. I imagined that the healing would occur spontaneously overnight. When reading a Schooling Letter and looking at the DVDs I thought, “What happens there is all very nice, but when am I going to get my healing?”

In January, 2013, I again asked myself this question when reading a Schooling Letter. Suddenly, I noticed that my right hand was completely free from eczema -- I was very happy. However, my left hand got worse. I didn’t think about Regelungen*, but practiced patience. I found firm faith in the thought: if one hand had become good, then the other one would too. Then I just didn’t think about it anymore. At the beginning of 2014, the other hand and my joints were completely free of eczema; no itching either. My hands and joints are now covered with soft, elastic, smooth skin, free of scars and thickened places, and are very flexible. I enjoy cleaning; my skin is no longer irritated by detergents or other chemicals. I can work in the garden without any limitations and use both hands in any way I want. I can enjoy citrus fruits, chocolate, and milk without any complications. Being able to work without any limitations is really lots of fun. I am especially happy that I can shake hands with everyone I meet.

One day, my father offered me a whole carrot to eat, which I did without even thinking about it. Only weeks later (that was in 2013) did I notice that I had eaten it without any problems arising. The swelling of the mucous membranes in my throat along with the burning and itching have disappeared completely. Now I can enjoy carrots in any form, which makes me quite happy, as I really like them a lot.

In spring of 2013, I realized I was free of all signs of hay fever. I had a short reaction in 2014, which I immediately accepted as Regelungen, especially as I was already healthy and just hadn’t realized it yet. Since then, my eyes no longer swell or tear up. My nose is also free. I no longer need any nasal sprays or eye drops. I can leave the house even longer or eye drops. I can leave the house even longer without any problems.

In spring, when everything is blossoming, or eye drops. I can leave the house even longer without any problems. I can enjoy carrots in any form, which makes me quite happy, as I really like them a lot.

In spring of 2013, I realized I was free of all signs of hay fever. I had a short reaction in 2014, which I immediately accepted as Regelungen, especially as I was already healthy and just hadn’t realized it yet. Since then, my eyes no longer swell or tear up. My nose is also free. I no longer need any nasal sprays or eye drops. I can leave the house even longer without any problems. I no longer swell or tear up. My nose is also free. I no longer need any nasal sprays or eye drops. I can leave the house even longer without any problems.

In spring, when everything is blossoming, or eye drops. I can leave the house even longer without any problems. I can enjoy carrots in any form, which makes me quite happy, as I really like them a lot.

Medical commentary.

From a medical point of view, the doctors were right when they said that there is no cure for atopic eczema; at best there is sometimes hope of improvement with age. Contrary to this unfavorable prognosis, a complete and consistent healing has taken place, which is outside of all known medical practice. Also, the healing of the carrot allergy which had lasted for decades, and of the hay fever as well, are amazing from a medical point of view, as a very different course of the illness was to be expected.

Explanations

Heilstrom

Bruno Gröning used this term to describe the spiritual energy which brings about healing. He also synonymously used the terms “healing wave” and “divine power.”

Einstellen

One “tunes in” to receive the Heilstrom, to absorb it into oneself.

Regelungen

A cleansing process is initiated in the body by the absorption of the healing power (Heilstrom) which cleanses the illness out of the body. Sometimes painful, Bruno Gröning called these experiences “Regelungen”, or “Divine Regulation”.

Community

Local groups of Bruno Gröning Friends are called “communities”. “Community hours” are held where Bruno Gröning’s teaching is explained, healings are reported, and the friends do einstellen together to absorb the Heilstrom.

Success Report

Each healing is recorded, medically verified and, when possible, documented with the findings of initial and follow-up examinations. Cases of other kinds of help and success are also documented.

MWF

The Medical Scientific Group is an association of people within the Bruno Gröning Circle of Friends, who are from the medical and other health care professions.
The Growing Work – Canada and the USA

The Circle of Friends in North America

White Plains, New York, USA.

It is Saturday morning. In a few minutes, the Spring Conference of the Bruno Gröning Circle of Friends for all North America begins. A friend from Vermont desperately looks for his hearing aid; it is nowhere to be found. Time is running out. He decides to go into the meeting room without it. He arrives on time and sits down in his seat. Completely surprised, he discovers that he can listen without restriction to the music as well as the speakers. One night before, that was impossible -- he had definitely needed the hearing aid. Joy flows into his heart: Could this actually be a healing? Even months after the meeting his hearing is still good. To be sure, he was examined by his doctor. In fact, the deafness has disappeared.

In the land of unlimited possibilities

This and many other healing reports impressively document that the divine power still works today. When Grete Häusler (1922 - 2007) founded the Circle of Friends a few years after Bruno Gröning’s departure, communities abroad were unthinkable. In the early 1980s, all the Friends could find a seat in Mrs. Häusler’s living room. Despite the small number of Bruno Gröning Friends, she was firmly convinced that his teaching would spread all over the world -- a seemingly utopian idea. However, toward the end of the 1990s, she actually flew into the ‘land of unlimited opportunities’ to bring this path towards health and happiness to the North American people.

Mrs. Häusler and her Friends came regularly to North America and built the first communities bit by bit. In 2006, a special milestone occurred: well over 100 information lectures in Canada and the USA were presented by European doctors. As a result, so many interested parties came to the Circle of Friends, that new communities sprang up like mushrooms. On this foundation, the Circle of Friends in North America continued to grow continually over the next ten years. Today there are several thousand Bruno Gröning Friends.

Cascade Locks, Oregon, USA

High conifers, small waterfalls, narrow paths, and the mountains in the background. A group of people walks silently, one behind another, on these paths through nature. All around is the wilderness -- there are only a few paths. Here, nature is pristine. Occasionally, an osprey draws its circles above the heads of the hikers. Among them is a little boy, just six years old. He is allergic to gluten and has to be very careful about what he eats. Bread, cakes, biscuits and the like are absolutely taboo for him. He came with his mother to this hiking weekend of the Bruno Gröning Circle of Friends. In addition to the hikes, there are also community hours, in which the Friends report their experiences with the teachings of Bruno Gröning and collectively receive the Heilstrom.

At the end of the week, the boy asks his mother to go to the baker with him. The mother fulfills her son’s wish, and he eats two biscuits immediately. Earlier, this would have triggered serious allergic reactions -- now nothing happens. The allergy has disappeared.

“Back to Nature” – Bruno Gröning

In Germany (D), Austria (A) and Switzerland (CH), hiking weeks have been taking place for more than two decades. The experience gained has been passed on to other countries and adapted for local conditions. Just like in the rest of the world, community hours in North America take place every three weeks. The Friends usually meet in a rented room, talk about the teaching of Bruno Gröning, take in the Heilstrom and then go home again. But for many of them this became ‘not enough’. They had the desire to be together for a longer period of time, and asked the Friends from Europe for support. Out of this desire arose the idea of organizing North American hiking weekends.
Since then, hiking weekends and hiking days have increased in several locations throughout the country. The most important thing is that the Friends can move together in nature and absorb the power. This happens on the beach in Florida as well as in the snow of Canada or at the waterfalls in Oregon.

It continues to grow

Despite the fact that many Americans have already regained their health and happiness through the teaching of Bruno Gröning, there are also many who are still searching. Almost anyone who has experienced benefit from participation in the Circle of Friends would like to pass the opportunity on to other people. For this reason, there are still regular lecture tours throughout the country. Americans and Europeans work hand in hand.

The two persons responsible for North America are S.S. and A.E. Mr. S.: "It is a gift to be allowed to do this task. Each journey is fulfilling, because I observe what is developing here and how it grows. I experienced a conversation over the Internet where a woman got the strength to stop smoking after 52 (!) years. She had smoked one pack a day and could now simply stop. It was very impressive!” Mr. E. remembers: “In San Francisco, a woman came up to me last year to say, 'I can see you now very clearly!' She explained that for many years her vision was blurry. And suddenly everything was clear and sharp. These are the moments that I cannot forget. I experience a heart connection with the people and the whole country. The lecture tours with the Friends are so great, that during each tour, we begin planning the next trip.”

Together strong

Canada and the USA each occupy the same size geographic area as Europe. It is hardly possible to mentor such a large region with two people. Mr. E. and Mr. S. are glad to work with European helpers, who for many years regularly have traveled to other countries supporting development work. The most important thing here is person to person contact. In telephone calls, internet conferences and (last but not least) personal contacts on the ground, organizational questions are discussed, experiences are exchanged and friendships are strengthened. Development work sometimes proceeds faster, sometimes slower, sometimes in stages, sometimes with large jumps -- but it always goes forward.

The communities in North America are divided into eleven regions: Canada West, Canada East, Chicago, New York, Buffalo, Florida, Atlanta, Dallas, Denver, San Francisco and Los Angeles.

Every region is supported by an experienced Friend from Germany, Austria or Switzerland. This approach has been proven beneficial in almost every country on earth. Every Spring the North America Conference is held in White Plains, New York, where the Bruno Gröning Friends of the USA and Canada come together. Then the Friends return home filled with energy and motivation.

Thankfully, it’s no problem for the Europeans and Americans to work together. The two mentors report: “Sometimes, at the beginning of the lectures, we would feel that the listeners were somewhat skeptical. The Americans, however, are very spontaneous people. If they can accept the teaching of Bruno Gröning, they quickly become enthusiastic and immediately take part. They attach great importance to friendship. This makes working together so pleasant.

Today, they are crossing the borders of their own country: friends from California support friends in Alaska, Hawaii, Australia, Mexico and Argentina. Two Canadians travel regularly to Haiti, and the friends in Florida network with South America. This will certainly increase. We are looking forward to what is going to be a good thing for us in the future.”

*see explanations on p.13
The Documentary Film, “The Phenomenon Bruno Gröning”  
Film visitors from 2003 to mid-August 2016 = 302,890

After nine years in production, the film was completed in 2003. With dozens of newspaper reports, original tape recordings and other valuable documents from Bruno Gröning's time, a masterpiece among documentary films emerged. Thanks also to an excellent organizational team. It has been shown worldwide for 13 years, with growing attendance.

Very interesting challenges await the Friends, in providing printed text for the film handouts and posters using other alphabets, for example, in Japanese. Since the team helpers cannot understand these characters themselves, the printed text is often created online via Skype in collaboration with the country leader, Mrs. Takahashi.

Documentary film “The Phenomenon of Healing.”  
Film visitors from March 2015 through mid-August 2016 = 18,543

Since its release, the film has also been dubbed in Italian, Polish and Russian, with French and English in the pipeline. It has already been screened in Italy and Poland with many interested visitors. Viewers agreed that the world will change through this work. Above all, the many medical commentaries are testimony to the fact that help and healings continue to happen throughout the world today.

What one viewer remarked:
I accompanied my wife, who is in the Circle of Friends, to the film in order to better convince myself about it, to feel and to grasp what we often spoke about at home. The many successes and healings and the medical opinions were impressive. The film imparts knowledge, gives hope and strengthens the faith that there is help for each person who asks God or Bruno Gröning for help. It is beautiful to know that we are not left alone in an emergency. Also, the togetherness of the community was tangible. There was a very pleasant, peaceful atmosphere during the film.

Film track for the Documentary film, “The Phenomenon of Healing”.  
Composed by Burkhard Pesch

Composed by Burkhard Pesch in 2013 and 2014, the film track completes a trilogy with the music for the films “The Phenomenon Bruno Gröning” and “At Bruno Gröning's Side”. Using orchestral means, the events around Bruno Gröning and the globally active Bruno Gröning Circle of Friends are illuminated musically and the film's statement is strengthened.

In August 2014, the sound track was recorded in Bratislava by the Slovak National Symphony Orchestra under the direction of Peter Must.
“I live so that humankind can go on living”

Bruno Gröning’s life – autobiographically

Part 1

Bruno Gröning never wrote an autobiography or an autobiographical work. But various recorded lectures, interviews, CVs and writings, exist in which he commented on various parts of his life. In 2004/2005, numerous corresponding statements were derived from these sources and grouped together for the new edition of the book ‘I live so that humankind can go on living’. Now we would like to give to you these autobiographical sketches in a somewhat more modest form as a series of articles. Commentaries will only be inserted where it is indispensable for understanding and for completion of the text.

Before the description of his life begins, here are some quotes in order to obtain an understanding of Bruno Gröning:

What did Bruno Gröning want?
“...I want to help and heal. I myself do nothing, but I know that the power flows through me, and that I can give this out in such a way that people are healed.”
“I want you to lead a healthy, a good life, lead such a life that God has determined for you.”
“You should know that you belong together. You should love your neighbor as yourself. That is my wish, that is my desire, that this happens. When this happens, that people come together again, just this alone will grant the possibility of help.”

What did Bruno Gröning say?
“Trust and believe. The divine power helps and heals!”
“Money is mighty, health is almighty.”
“There is much that cannot be explained, but nothing that cannot happen.”
“There is no incurable.”
“God is the greatest physician.”
“Love life — God! God is everywhere!”
“I am nothing; the Lord God is everything!”

What did Bruno Gröning do?
“I call you to the great turnaround! Come up, and I will build a bridge over the chasm for you! Go from the path of suffering to the divine path! On this path there is no misfortune, no pain, nothing incurable; there everything is good. This path leads back to God!”
“Give me your illness, your worries, and misery and everything bad—I will take it all!”
“I am building a house over the whole world.”
“I return to you the old, the true human instinct. Then we will have everything, then we will have peace here on this earth, not matter which religion, no matter which nation. That is God’s blessing! You shall only continue to receive and this shall continue to grow.”

Who was Bruno Gröning?
“I am only an instrument of God. I have nothing to do with it. I don’t want any money for my help. I only carry out the orders which God gives me. I cannot do anything other than what God gives me to do!”
“Health cannot be bought; it is a gift from God! Whoever has had the great good fortune to regain their health through me, should always thank God from the bottom of their heart, I am only His tool and servant.”
“I am not Gröning. People have given this name to my body. But who I really am, people will only understand that when I am no longer in my body.”
“I am, time after time, the person who sows peace and tranquility on this Earth, and I will also harvest it.”

Childhood in Gdansk

In a brief description of his life, written on December 27th, 1956, Bruno Gröning wrote about his childhood as follows:

“I, Bruno Gröning, living in Plochingen (Neckar), Stumpenhof, in Dornendreher 117, was born as the fourth of seven children to August and Margarethe Gröning, on May 31, 1906 in Danzig-Oliva. My father was a bricklayer foreman. Both my parents have passed away; my mother in the year 1939, my father in the year 1949. During my childhood and youth, which I spent in my parent’s home, I became increasingly aware of strange powers – that emanating from me – had a calming and healing influence on people and animals.

When I was still a small child, people who were ill would become free from their ailments in my presence.
Children and adults who were upset or fighting would become completely calm again after a few words from me. As a child I also noticed that animals, which are normally regarded as shy or even dangerous would be gentle and tame with me. As a consequence, my relationship with my family was unusual and tense. I was soon working hard to achieve complete independence so that I could escape from the constant misunderstanding that surrounded me at home.

**"God, how good it is to be here with You"**

Already as a small child Bruno Gröning often ran away from home into the nearby forest. In a handwritten note from 1949, he described what he experienced there:

“I went further and further, and even now I can see it as clear as day. I saw nature, the animals, myself and all other human beings as something divine on this Earth, which I also perceived as divine. I then had the thought, “God” – and I said, “God, how good it is to be here with You, I want to stay here always. It isn’t so nice and peaceful at home with my parents and the other people. Most people are very nasty. I want to stay so that I don’t have to be afraid of nasty people anymore.”

It then became clear to me that the animals also stayed in the woods because of the nasty people. It didn’t take long before I felt that I was safe and protected, better than in my parents’ house, because I wasn’t so alone here. The animals suddenly lost all their shyness of me and became very trusting; they came up to me and let me stroke them. I spoke to all the animals. In short, we understood each other very well, they accompanied me through the woods and we became ever greater friends.

**Beaten black and blue**

I stayed in the woods like this for several days and nights until some people caught me and took me back to my parents. I got a thorough good hiding and was then locked up in a room. I could never cry when I was beaten; I simply didn't experience the blows as being painful, even though my body was often beaten black and blue. In any case, my imprisonment in my parents’ house never lasted very long; I always managed to escape again in no time at all. The woods and my friends, the animals, were so strong, they kept drawing me back to them.

**Stronger than the evil**

In the woods I often thought: Are human beings not your friends as well? Well, why do I keep running away from other people? Another insight: Animals are afraid of the evil in people, but I am not afraid, because I am stronger than this evil. I want to show everyone that I am stronger. Small as my body still was, I simply felt stronger than all other human beings.

From then on – my body was a good two and a half years old – I felt drawn to people who had been overpowered by evil. Evil had broken down their bodies, which is what people call illness, and as I stood before a sick human body, another thought came to me: The sickness actually disappeared from the bodies of some animals when I said softly to myself, “Dear little animal, you’ll soon have a healthy body again.” And that’s what happened. It was no different with people. When I held firmly onto this thought, the person’s body became free of all that burdened it. And so I was constantly being drawn straight to the sick, for in all the homes I suddenly appeared there were sick people, to whom I only ever said: “But you aren’t sick any more”; or, when some of them said, “He is going to die”, I simply said, “No, he isn’t going to die for a long time yet. He’s going to be healthy again!” I only stayed with a sick person for a very short time; I went up close to them and, briefly and softly, I said the words I mentioned above, whereupon I immediately disappeared, quick as lightning every time.

_To be continued._
When Bruno Gröning Stepped into my Life

Eyewitness report by Grete Häusler

Part 23

Grete Häusler (1922-2007), the founder of the Bruno Gröning Circle of Friends, met Bruno Gröning for the first time in 1950 and experienced the healing of three incurable diseases. After that, she became a close co-worker of Gröning, building up communities in Austria. On 26 January, 1959, Bruno Gröning went "into the glory of God," as he himself described it. In 1959, Grete Häusler saw that healings and help were continuing to happen, just as Bruno Gröning had said they would -- that everyone would be able to attain help and healing from within themselves.

Report by Maria Pelko, Part 2

Maria Pelko encountered Bruno Gröning in Graz in 1955. She suffered from spondylosis (a degenerative disorder of the spine) and needed to use a back brace. Through Bruno Gröning, she experienced a clear improvement. However, because she did not believe in Regelungen, she suffered a setback. In the midst of all of this, she became bedridden. In August 1965, she suffered a bout of colic and was hospitalized.

"As I was lying in bed at Barmherzigen Hospital, I held the tinfoil ball in my hands again and with all of my heart asked Bruno Gröning for help and healing. I was thoroughly examined and nothing came out of it. While in the hospital, all of a sudden the thought came to me that I should take off the back brace. I took it off -- and until this day, still do not wear it. I give thanks every day for the power and healing I received. Now, I have realized that I did not have colic, but instead it was Regelungen and I was subsequently healed.

On September 23, 1965, the Häusler family announced they were going to visit our community hour. At the same time, I felt very strong Regelungen in the form of a sharp pain in my spine that lasted all day and night. On September 28, the pain was so strong during the community hour that I could no longer sit and stand anymore. I was simply desperate. Grete Häusler was excited and, as we did einstellen, said: 'Hang in there, tomorrow it will all be over!' That is exactly what happened. The next morning the back pain eased up and never returned.

I was finally healed after decades of terrible suffering. I cannot put into words the joy I feel. I am just thankful to our heavenly Father for sending us our helper, Bruno Gröning.

I was fully functional and healthy again. When customers at the store ask me how I am doing, I just laugh and say: 'Good, I am healthy!' It is wonderful to be healthy! I eat everything again and I fall asleep easily after saying my prayers. By the next community hour, on November 6, 1965, I did not feel the painful Regelungen, but just felt the Heilstrom. During the community hour on September 10, 1966 I felt the following strong and painful Regelungen: A pulling sensation in my legs that radiated to my upper arms and down to my carpal bones.

At a thorough physical checkup in 1963, it was discovered that I had a urethral stone. During the 21-day hospital stay the stone refused to budge despite everything that was done to remove it. When I got home I did strong einstellen and asked for help. The stone came out and I was finally free of that discomfort.

Once, I fell down very hard and was put under the care of Professor Hagen. He thought that my broken upper arm would soon heal. However, my left hand was badly crushed. He was very concerned and said: 'Due to your spondylosis it cannot heal anymore. You must accept this. You will never be able to sew with that hand again!' Truly! The carpal bone, just like the entire left hand, was treated with a black ointment and over the weeks, the hand became swollen and painful. Again Professor Hagen said: 'There is no hope for the carpal bone!' I was so desperate because I could no longer sew in my hat shop! I wrote a letter to Grete Häusler asking for help. She reminded me again to believe that the divine healing energy is all-powerful and it will also help me just like I have often experienced in the past. I really took in this belief again, grabbed the tinfoil I still had from Bruno Gröning and shoved it under the bandage. I regularly did einstellen to receive the Heilstrom again. In ten days the hand was healed. I showed my hand to Professor Hagen and demonstrated that I was able to move it in every direction. It did not hurt. He was speechless and could not explain it. He did not know that the Heilstrom had healed the spondylosis and made my hand moveable again. I could pick up everything and work with my hands again."

To be continued.

*see explanations on p. 13