FROM THE EDITOR

Dear Reader

The suffering of many people is immense: chronic diseases, psychological imbalances, addictions, lack of energy, anxiety, worries. More and more people are looking for a way out. They are searching for help, for healing. That is how it was in 1949 as well, when a man became famous overnight – a man whom many called a miracle healer, to whom masses of people flocked, looking for help.

Bruno Gröning was a simple man; no medical doctor, no academic. He had an intuitive knowledge about the life force and how people could connect with it and absorb it. From this knowledge he developed a teaching which, until today, has helped innumerable people attain health, inner freedom, lightness, and joy in life.

The happenings around Bruno Gröning became media events. Many newspapers declared him a "miracle doctor". Scientists and politicians offered their opinions. But the healings have nothing to do with therapy or treatment. They happened and happen on the spiritual path, in that the human being regains faith in his own health and in doing so opens to the divine healing power and life force.

What started with Bruno Gröning in the 1950’s has developed into a global Circle of Friends, active today in more than 100 countries, and is one of the largest associations worldwide for healing on the spiritual path.

In the Medical-Scientific Group, physicians and other health professionals verify and document success reports. Aside from healings of physical and psychological ailments, there are also healings from addictions as well as help in crisis situations of all sorts.

Here a few quotes: "Now I am totally free of any symptoms." "It is such a different life when diseases, which over decades become the norm, simply disappear." "Due to the teaching of Bruno Gröning I have found joy in life again." "I feel better than I have ever felt before." "I have learned to love life." "I live much more intensively and am simply happier."

Thomas Eich

"Trust and believe, the Divine power helps and heals!"
Bruno Gröning

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TITLE PAGE
Nature pictures taken by Bruno Gröning Friends appear on the title page of each issue. The “Bischofsmütze in morning light” was taken by Sylvia Doringer during the World Region 4 Hiking Week in 2012.
Continuity & further development

THE LAST 10 YEARS IN THE BRUNO GRÖNING CIRCLE OF FRIENDS

In 1979 Grete Häusler founded the Bruno Gröning Circle of Friends and led it for 28 years. Ten years ago, she died. Since then the Circle of Friends has continued to grow.

September 6th, 2017 is the tenth anniversary of the day Grete Häusler passed away. In 2007 a lot of Friends could hardly imagine the Circle of Friends without her. But now it has become the norm. A review:

GRETE HÄUSLER – AN ERA OF HELPING

When Grete Häusler founded the Circle of Friends, it was, based on her inner commitment towards the words of Bruno Gröning: “I have come for all people”. Until then, she had been busy for Bruno Gröning in another association, but disagreements arose. Since she realized she could not live up to her inner commitment she left the association and founded the Bruno Gröning Circle of Friends.

At the beginning there were just a few Friends, and through the 1980s the Circle of Friends grew only slowly. In the 1990s, growth accelerated, first in Europe, and then in other countries outside of Europe. Grete Häusler worked tirelessly to inform people all over the world about the teaching of Bruno Gröning and the possibility of healing on the spiritual path.

THE TRANSITION – HARMONIOUS AND STEADY

When Grete Häusler died, many Friends wondered what was going to happen next. She had met Bruno Gröning in person, was one of his closest friends, and had much to say about the nine years in which she had known him. How was the Circle of Friends to continue without her?

Shortly before she died, she had explained in an interview that her son Dieter would take over leadership of the Circle of Friends after her passing. When the time came, the leadership transition occurred seamlessly, making hardly an impact on the activities of the Circle of Friends. Dieter Häusler continued to lead the organization in the place of his mother, and the helpers continued to work in harmony together. Since the Bruno Gröning Circle of Friends continues to develop. As Dieter Häusler is working, some of the tasks which his mother had done he had gradually delegated to other Friends, distributing tasks onto several shoulders.

As a result, areas of responsibility have moved from the German-speaking countries into other countries. As an example, Southeast Asia is no longer mentored by Germany, but by Friends in Australia.

On all continents, the teaching of Bruno Gröning has continued to spread. Worldwide, whether in South America, Africa, or Asia – groups in dozens of countries have recently joined and have communities in which people can learn about Bruno Gröning. Healings on the spiritual path are continuing to happen all over the world through his teaching.

INTERNATIONAL AWARD

A special moment in the history of the Circle of Friends took place on May 23rd, 2013. On this day the Bruno Gröning Circle of Friends received the Peace Pole Award from the World Peace Prayer Society (WPPS), an NGO associated with the United Nations organization in New York. With this award, WPPS honored the selfless work of the Bruno Gröning Circle of Friends and its significance in furthering the goals of peace and health worldwide.
Current & Noteworthy

Profound Nature Experiences with Friends

30 YEARS OF HIKING WEEKS IN THE BRUNO GRÖNING CIRCLE OF FRIENDS

In 1987, a number of Friends began to meet for a hiking week in the Alps. The focal point of this event was the intention to experience nature in all its tranquility and stillness, which leads people closer to God and the origin of life.

In silence, our group of 17 Friends approached the cross on the summit. The four-hour climb had gone well for us all. A 72-year-old woman from Italy had required several rest breaks during this half of the hike. All of the Friends in the group, including three young Friends from Germany who could have certainly sprung to the top in half the time, waited patiently and encouraged her on.

“Through the support of our compassionate group, she accomplished something that she would probably never have mastered alone. The happy glow in her eyes gave all of us the verification that putting aside our impatient feelings and waiting for her was well worth it.

“Now we all stood on the summit, content in knowing that we had succeeded together; and in the process, every one of us had inwardly grown to a degree. Above us, a radiant summer sky; surrounding us, a breathless panorama of the Swiss Alps.

Whether in Switzerland, Austria, Croatia, India or Australia - all over the world, wherever the hiking groups of the Bruno Gröning Circle of Friends gather, similar moments are experienced.

EVERYONE CAN TAKE PART

During the hiking week, there are daily hikes available with different degrees of difficulty, from athletic tours using climbing equipment to simple walks. All attendees can find what best suits them. Also, people who have less confidence on their feet, or families with small children, will find a hiking tour that suits them.

Certain Friends who know the paths have volunteered to lead the groups on the mountains. Hikers follow in single file, allowing enough space between themselves and the persons in front of them.

FOCUSING ON EXPERIENCING NATURE

Although some groups are really large, the silence during the hike gives each person the chance to
experience nature personally and to intensify one’s perception of the body. When something of special beauty appears, the Friends point it out and enjoy it together, such as the sight of an eagle, a marmot, or an unfamiliar flower.

The focus of the hiking tour is not athletic performance, but rather experiencing nature. The hiking tour week allows Friends the possibility of experiencing and implementing a very special aspect of the teaching of Bruno Gröning.

HOW IT ALLBegan
Carried by the wish to have time together in nature, a group of around 30-40 Bruno Gröning Friends met for the first hiking tour in Maria Alm in the Salzburger Land. They stayed in a youth hostel together, hiked during the day and had a community hour in the evening.

The atmosphere was fantastic, and so the hiking week quickly became an annual event in the calendar year of the Circle of Friends. In the following year, these Friends elected to meet in Filzmoos at the foot of the Bischofsmütze in the Austrian Dachstein area. Since then, it has grown from just a hiking week; now over 3000 friends meet each year for several hiking weeks in Filzmoos.

AROUND THE BISCHOFSMÜTZE MOUNTAIN
Thus far, for 30 years, the Friends of Bruno Gröning are a known phenomenon known to the residents in Filzmoos. At the beginning, to counteract the scepticism of the Filzmoos population, the leader of the Circle of Friends, Grete Häusler (1922-2007), invited the residents of Filzmoos to an event in which, in a simple manner, she brought the Bruno Gröning Circle of Friends closer to the residents. Since then, the Friends are warmly welcomed in Filzmoos. The carriage driver, Georg Vierthaler even dedicated a poem to the Bruno Gröning Friends, which can be found mounted on the stable behind his inn.

NOT ONLY IN FILZMOOS
In many other countries around the world there are also hiking days, hiking weeks and hiking weekends. To meet the needs of Friends in all age groups, there are now family hiking weeks and youth hiking weeks.

* see explanations Page 16

HIKING WORLDWIDE

HIKING WEEKS
Filzmoos, Austria 6 Hiking Weeks:
Adults x 2, Families 2 x, Youth, World Region 4
Davos/Switzerland 2 Nature Weeks: Families, Adults
Rila Mountains/Bulgaria, Dolomites/Italy,
Bohemian Forest / Czech Republic, The Polish Sudetes/Poland,
Velebit/Croatia, Samoëns/France,
Lorne/Australia, Himachal Pradesh/India

HIKING WEEKENDS
Börzsöny Mountains / Hungary, Oregon / USA,
Stara-Planina / Serbia, Glendalough / Ireland,
Almati / Kazakhstan, Quebec / Canada, Martin / Slovakia
Mountain Hikes around Filzmoos
THAT’S THE NAME OF THE NEW HIKING BOOK OF THE CIRCLE OF FRIENDS

This book contains numerous pictures and hiking maps, describing 82 mountain tours round about Filzmoos, located at the foot of the ‘Bischofsmütze’ mountain, the ‘Dachstein’ mountains and the ‘Schladminger Tauern’ of the Austrian Alps.

Horst Weiss at the first Hiking Week in Filzmoos of 2017
“Nature is God”, said Bruno Gröning. Human beings are a part of nature; so they are also divine. But how many people today have often subconsciously moved away from the divine source of power over the course of their lives? Consequently, due to a lack of energy, illnesses in body and soul appeared. The condition of “burnout” alone (loss of capability, emotional exhaustion) was unknown sixty years ago.

Year after year, Bruno Gröning Friends from all over the world are drawn to the hiking weeks in Filzmoos, in the Austrian county of Salzburg. Together, the Friends seek to renew the experience of connection to nature. This can certainly be done alone at home as well, and there are magnificent landscapes in great diversity everywhere on earth. And yet – Filzmoos with the ‘Bischofsmütze’ in the ‘Dachstein’ mountains is a special place: The gigantic mountains, the crystal clear streams, the deep green of the meadows round about the ‘Bischofsmütze’ invite us to pause and refuel our strength.

82 HIKING TOURS FOR EVERYONE

For many years, along with others from the Bruno Gröning Circle of Friends, hiking enthusiast Horst Weiss participated in the hikes at Filzmoos, where he soon felt the heart wish to uncover more hiking tours, to the delight of the Friends.

As a result, a book with 25 detailed hikes emerged in 1996. Over the years, the radius kept expanding so that, after some time, a second edition with 52 hiking tours could be offered. And this year, just in time for the beginning of the summer weeks, the third edition follows, containing many pictures and numerous interesting hike descriptions. The 82 tours are marked according to their degree of difficulty – from “easy to moderate challenging”, and also indicating the duration of the diverse hikes – from a few hours of hiking up to two days.

Hiking serves and has served multiple purposes over the span of human development, from providing a means of relocation or escape to providing a conveyance for foraging and hunting. If we consider an increase in population or natural disasters, one or another individual felt ready to discover new living spaces and to relocate. Hiking for such purposes didn’t take place just for the sake of the hike; it was necessary for survival or conservation of life.

Another urge to walk evolved because of inner needs: when people, for some inner or external need, felt drawn to a beautiful place to ask for help or healing, they usually had no choice but to get there on foot.

Hiking as an end in itself for emotional refreshment only became popular in Germany and Europe about two centuries ago. The Romantics, for example, are said to have viewed the outer landscape as a mirror of the inner landscape.

These days hiking is among the most popular leisure activities in Germany. Whether today’s hikers perceive the landscape in the same way as the Romantics is unknown. Lone hikers are rarely found. While hiking it depends upon the HOW, as with other activities. Gazing at a most beautiful landscape won’t do any good if one’s thoughts are somewhere else, tormented with worries or if one pursues discussions with fellow hikers. One absorbs nothing of the beauty of nature, to which Bruno Gröning also felt drawn when one only focuses on reaching the end in the shortest time possible without noticing the surroundings. Then one might as well walk past concrete blocks and skyscrapers. Rather, walk every step consciously, deeply breathe in the scent of the flowers and trees, feel the wind, rain and sun on the skin, listen to birds sing, take in the vastness of the sky... and thank God for His glory, not with words, but with a profound inner joy over being allowed to be a part of it all.

On that note: Much joy discovering the new hiking trails in Filzmoos!

INFO ABOUT THE BOOK

Horst Weiss
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Grete Häusler GmbH-Verlag
www.gh-verlag.de
Around the World

YOUTH IN WORLD REGION 6

Meanwhile there are Bruno Gröning Friends in more than 130 countries of this Earth, grouped into seven world regions. Matthias J. and Hannes M. support the youth in World Region 6.

More and more young people around the world are discovering the teaching of Bruno Gröning and experiencing help and healing. In many countries there are youth communities where they can meet with other adolescents and youth to sing, dance and share what they have experienced thanks to the teaching of Bruno Gröning. The "heart" of every meeting is doing einstellen* together.

THE WORLD REGION AND ITS MENTORS

As a young man, Matthias J. took on the first task mentoring youth while doing his alternative civilian service (Zivil-Ersatzdienst) in Australia. The World Region 6 youth leader asked him if he would like to get in touch with other adolescents and youth to sing, dance and share what they have experienced thanks to the teaching of Bruno Gröning. The "heart" of every meeting is doing einstellen* together.

Hannes M. had always felt a strong inner connection to the warmhearted people of India. Because it is also enriching for him to meet other Friends of Bruno Gröning and to perhaps answer one or another question for them on their spiritual path, in summer last year he asked Matthias J. if he could support him with mentoring the youth in World Region 6.

“I had a very good feeling about this and – after contemplating it for a week – said ‘yes’,” says Matthias J. And so they divided the task in such a way that Hannes M. is more responsible for the western region around the country group of India, and Matthias J. for Southeast Asia, Australia and New Zealand.

During this time, he also met the Mongolian Friends in their beautiful country, and in Japan, he participated in conferences of the Bruno Gröning Circle of Friends. And so he got to know and love diverse peoples and their cultures.

“I see it as our task to talk with the mentors, to help them with mentoring; and, if necessary, to get in touch directly with Friends in particular countries,” states Mattias J., adding: “Sometimes it’s a more personal exchange, sometimes doing einstellen to take in the Heilstrom together, or just simply being there for one another. For example, a Friend had a difficult situation in her family. In this case, our task was focused on supporting her, doing einstellen together and encouraging her that everything would be all right again.”

At community hours, during the different conferences, as well as during other gatherings of the Friends in World Region 6, new helpers volunteer. These helpers have a heart for the Friends in the Eastern countries and the Pacific islands and feel the wish to help so these young people may consciously experience the good. When young Friends want to participate in the summer youth weeks in the Austrian Filzmoos or in Bollmannsruh near Berlin, or to attend the schooling week in Geseke – located in the middle of Germany – many of them aren’t aware that they need a visa. How good it is that Friends are ready to help in this matter as well. In addition, with Hannes M. and a youth community leader from India, Matthias J. leads an on-line youth
community hour every three weeks. The information as well as the mutual sharing – with adult friends as well – are helpful, so that everyone may receive that which he or she has come to the Circle of Friends to receive. For many young people, the teaching of Bruno Gröning has become indispensable; in particular, because they appreciate the opportunity to do einstellen for all matters of life.

SPECIAL EXPERIENCES

Of course, for Matthias J., the very first meetings with the Bruno Gröning Friends of the World Region 6 were very exciting, especially since he no longer knew many people from there. He also seems to feel the joy of life and gratitude when he talks about the Hiking Week in Australia, which took place two years ago: “There were four Friends from Japan. It was very special for me to really get to know this culture, which is something very different for us Europeans, and to learn not from TV, through films, the Internet or as a tourist. I was able to get to know them purely by spending time together having good conversations about the teaching of Bruno Gröning. One Japanese fellow experienced very strong Regelungen. After the Hiking Week, his mother wrote to say that she had received a healthy son on his return. It is wonderful to experience for yourself that things like that happen. Now, when I hear something about Japanese people, I have these great memories of hiking, swimming, dancing and singing Japanese songs together. This exchange connects hearts and is very enriching.”

Matthias J. also spoke about a very special experience he experienced recently: “During einstellen together at the end of the last youth community hour on the internet, when everybody can ask for something personal, the Friends started asking in their own languages. For example, an Iranian living in Australia asked in the Persian language, I in German, and an Australian in English. There must have been at least 10 to 15 different languages in which heartfelt wishes were expressed during the group einstellen, a hugely enriching experience. You could feel a very special Heilstrom* and a sense of unity with all Friends around the world.” Experiences like that, special connections and newly formed friendships, enrich life – and every Friend has the opportunity to enjoy this.

DEVELOPMENT

There were also changes on a personal level for Matthias J., due to his task and experiences related to it. “With a task, of course you tend to have a higher profile. More people look at you with expectations of you. I was able to learn to be more true to myself, and to listen to my inner voice through einstellen, to make decisions based on that and stand by those decisions. And because of numerous conversations with Friends and helpers, I was able to approach the Friends and helpers directly, have the courage to address things instead of sweeping them under the carpet, to seek a solution and always be able to trust in God’s help.”

VARIETY

Matthias J. concludes, “I think the diversity of cultures is the special ingredient here on these two continents in World Region 6. It is the mix of Asia and the West - like in Australia and New Zealand, blending many differences from East Asia, Southeast Asia and West Asia with those from India. Yes, I would say the variety of nations and cultures is the special and enriching ingredient here in World Region 6.”

* see explanations on page 16
From Iran to South Africa

THE CIRCLE OF FRIENDS IN AFRICA AND THE MIDDLE EAST

Elfriede and Manfred Geibig from Munster have been mentoring the Circle Of Friends on the second largest continent in the world since Autumn 2015.

In April 2000 the Geibigs found the Bruno Gröning Circle of Friends thanks to an Information Lecture. Mrs. Geibig, as a naturopath, was looking for alternative healing methods for her patients – she had not been thinking about herself. But very quickly she experienced the healing of a thyroid problem, and then later also of tinnitus. Mr. Geibig also experienced help and healing. During the lecture he had an initial thought, "Something like this does not exist these days" and then discovered that dizziness, migraine-like headaches and hemorrhoids, which had burdened him since his youth, "simply disappeared".

GROWNING WITH THE TASKS

Already in the year of their Introduction, Grete Häusler (1922-2007), the then leader of Bruno Gröning Circle of Friends, asked the Geibigs, to take over leading a community together. To start with they actively helped in the Munster Region in North-West-Westphalia – Mr. Geibig as leader of the publicity work and Mrs. Geibig supporting the Success Report work.

Kazakhstan in Central Asia was the first country outside Germany in which they both mentored various tasks. The experiences she had gathered during 2008 were useful for Mrs. Geibig for mentoring the helpers in the success report work in Kokshetau, situated about 300 km northwest of the capital, Astana. From 2010 onward Mr. Geibig passed onto the Friends his experiences with mentoring the publicity work.

Since 2012 they jointly mentored Moldavia, an Inner State in South East Europe. It borders in the west on Romania. In the north, east and south Moldavia is completely locked in by Ukraine. Mr. and Mrs. Geibig find the people who live there very warm, and the friends there are also very willing to take on different tasks and have new, good experiences in life thanks to Bruno Gröning.

Apart from that, in the year 2014, Elfriede and Manfred Geibig took over leading the Region of Munster. With the help and support of many Bruno Gröning Friends from the region and on top of that as well through targeted publicity work, the Circle of Friends has also grown in this Region.

EVERYTHING HAS IT’S MEANING

They were both surprised by the request in autumn 2015 by Dieter Häusler, today’s leader of the Bruno Gröning Circle of Friends, asking whether they would like to take over the mentoring of World Area 5 which comprises Africa and the Middle East. Without ever having been personally in Africa, they took over this task from that point on - at first temporarily. Then after one year, it was clear: the
temporary leaders become the official ones!

Through telephone, Skype and regular discussions via the Internet they are in contact with the Country Group Leaders, Country Mentors and the mentors of the various specialty areas. In World Area 5 communication takes place in Arabic, English, French and Portuguese. In various areas of activity, the couple is supported by numerous Bruno Gröning Friends from Germany, Austria, Switzerland, the Netherlands, France, Belgium, Slovenia, Italy, Serbia and Hungary.

In retrospect, Manfred and Elfriede Geibig became aware that mentoring Moldova together with leading the Münster Region was a wonderful preparation for taking over the mentorship of this World Region.

In mid-August 2017, the couple's first trip to Africa is on the agenda. The conference in Koforidua in Ghana, West Africa is the destination. This year, doctors from the Medical Scientific Group (MWF) of the Bruno Gröning Circle of Friends in Ghana and other countries will give information lectures.

MANY HELPS AND HEALINGS
The success reports from all seven country groups, especially Kenya, show that people in Africa are open to the teaching of Bruno Gröning. On the initiative of a Country Group Leader and a Success-Report Leader, a compilation of seven success stories commented on by doctors and 18 Helps in different areas of the Friends' lives was created. Also in the African countries, it is very special to get to read reports such as these from the local Bruno Gröning Friends and to make it known that healings and help have also taken place in the immediate area.

As an example of the variety of helps and healings the report of a 47-year-old woman from the State of Gabon in Central Africa documents that good things can happen everywhere. Since the age of 18, this active woman suffered from chronic sinusitis every two to three weeks a month, along with headaches, a stuffy nose and difficulty breathing. Sleeping was only possible in a sitting position during times she was affected and thus quite limited. All orthodox medical treatments, as well as the search for help with healers, brought no improvement. Due to the resulting exhaustion she finally had to give up her job as a teacher.

In May 2015, she attended an information lecture of the Circle of Friends and learned how to absorb the Heilstrom*, and started doing this for herself. After a few months, she was completely symptom-free – after 28 years of suffering!

TECHNOLOGY HAS AN IMPORTANT ROLE
In order to connect the friends within the country and above all, beyond – the use of different technologies is a basic requirement. Therefore, friends are needed in each country group to help with and mentor the technology – as well as all other areas.

"We feel that Africa is open to spiritual help and healing. People have a great ability to believe", Elfriede Geibig summarizes her impressions. An African proverb says, "Hakuna Matata" – there are no problems.

* Meanwhile there are Bruno Gröning Friends in more than 130 countries around the world. In order to mentor and support the Friends the best way possible, these countries were grouped into seven world regions.

** World Region 5**

**IVORY COAST**
Ivory Coast, Guinea - Conakry, Benin, Mali, Senegal
Cape Verde, Guinea - Bissau, Burkina Faso, Niger

**CAMEROON**
Cameroon, Ghana, Liberia, Gabón, Gambia, Nigeria
Sierra Leone, Chad, Ecuatorial Guinea

**CONGO**
Congo-Kinshasa DRC, Togo
Congo Brazzaville, Angola, Central African Republic, Sao Tomé and Príncipe

**NORTH AFRICA**
Morocco, Mauritania, Tunisia, Jordan, Lebanon, Palestine, Iran
Algeria, Libya, Egypt, Sudan, Syria, Iraq, Kuwait, Bahrain, Yemen, Oman, Saudi Arabia, Ver. Arab. Emirates, Qatar
Israel belongs to World Region 1

**KENYA**
KeYia, Uganda, Burundi, Rwanda
Tanzania, South Sudan, Ethiopia, Djiboutí, Somalia, Eritrea

**MADAGASCAR**
Madagascar
Seychelles, Réunion, Comoros, Mauritius

**SOUTH AFRICA**
South Africa, Namibia
Lesotho, Swaziland, Botswana, Zimbabwe, Zambia, Mozambique, Malawi

There are communities/Friends in the countries printed in bold font.
Forgotten Crutches and Feelings of Happiness
INFORMATION LECTURES IN CANADA AND USA

More than 80 lectures were held within four months, from Canada to Florida and California

In the extreme southwest of the United States, in the lower left corner, lies San Diego; its coast lapped by the Pacific, streets lined with palm trees, its harbors with snow-white boats, the country kissed by the sun.

It is Sunday, April 23, 2017. Today, many people are sitting in a bright lecture room, hearing for the first time about Bruno Gröning and his teaching. The speakers report on diseases that simply disappeared after burdened people absorbed the divine healing power.

That a sick person just sits down, opens his hands and absorbs that power, and then, possibly, he becomes healthy? Honestly, that sounds too good to be true.

The doctor at the microphone speaks about medical documentation of such events; two "healed" people report of their healings. Is it all real?

A chaplain from the nearby hospital came to this lecture with pain in his hands. At the end of the lecture, he notices that he is completely free of pain and happily reports that he has not experienced being like this for many years.

HEALINGS CONTINUE
Bruno Gröning made headlines worldwide in the 1950s due to extraordinary healings. When he died in 1959, only a few believed that the healings would continue. But regardless of critical opinions, the fact is: people applied the teaching of Bruno Gröning and were freed from various burdens — sometimes immediately, sometimes a little later, sometimes years later. So the healing power still works.

This is the reason why Bruno Gröning Friends once again organized numerous information lectures in North America this year. In Canada, Florida and California, more than 80 lectures were held within four months. Bruno Gröning Friends from Europe worked closely with the local Friends to locate suitable rooms, to fulfill public relation work and to support each other in word and deed.

Many of the different tours were composed of multinational teams: An Italian lecturer and a German doctor traveled to Illinois and Iowa. There they met a Polish friend who translated some of the lectures into the Polish language (many Polish-Americans live in Chicago). For one of the two tours through Florida, a Slovenian, a Croatian and a Slovenian doctor were active.

THE SEEDS SPROUT
Just as important as the lectures themselves are the preparation and the follow-up work. Andreas E. and Sacha S. are responsible for mentoring North America. Sacha S. reports: "One year ago, the idea for these tours came up. Since then we were in the planning phase. The concrete preparations
started in late summer 2016, and now we could see how these seeds were coming up. Some friends came to the Circle of Friends last year, received healing and reported at the lectures — which in turn helped others to believe. It is wonderful to hear what has happened to a person, after many months or even years, as a result of attending an information lecture. That’s balm for the soul.”

Andreas E. recalls: "My wife and I led one of the tours on the west coast. There was a Friend in Los Angeles who was bedridden. For a long time she could hardly get out of bed due to a serious burden. Despite the weakness and with great effort, she came to our lecture. I saw her: how, with support, like in slow motion, she was dragging herself up to her chair. During the lecture, she first held her stomach, a little later she held her hand over her mouth and ran out. After the end of the lecture, I suddenly saw that she was committedly rearranging the chairs. Five days later, she even attended one of the two-day conferences for the communities of the West Coast. That impressed me a lot.”

AFTER THE TOUR IS BEFORE THE TOUR
After a tour, the preparation teams are ready to organize more lecture tours. The Circle of Friends uses many tools for public relations work: press articles or classifieds in newspapers and magazines, and also Facebook, YouTube and especially numerous websites on the Internet. New opportunities for publicity are explored, such as WhatsApp.

New information lectures are already planned for fall 2017 and spring 2018, as a continuing offer for those who are looking for healing, happiness and peace.

IMPRESSIONS FROM CALIFORNIA
A lady from Burundi comes to the San Diego lecture with worries, fears and stomach problems. After that, in just a few weeks much of her life changes to the good: the difficult situation with her boyfriend relaxes, and she finally finds a job. She speaks enthusiastically about her recently experienced helps. This way, her family and friends also learn about Bruno Gröning and his teaching and of the possibility of helps like these. Her cousin then stops drinking alcohol, and after three years of silence, reestablishes contact with his mother. Last but not least, her friend finds a job after a long search. In San Francisco, a woman limps laboriously on a crutch into the room. She listens all evening long, gets up at the end and goes home freely. The crutch is forgotten and remains in the room. After the lecture in Los Angeles, an interested person reported that he had suffered a stroke eight years ago and since then had been very sad. During the lecture he became aware of a long-forgotten happiness and returned home relieved.

* see explanations on page 16
Healing from migraines

JENNY ASTILL (66)

After 60 years I don’t have migraines anymore. They have simply disappeared...

I was five years old when I went to a boarding school run by nuns and I remember having migraine headaches when I was at this school. Since then I had migraines a few times a year, mainly in the summer. Not drinking enough fluids or driving the car on hot days could also bring them on. After vomiting and resting in bed, the next day I would feel better. I suffered from these migraine attacks all my life. They would start as a headache and despite taking two pain-killer tablets, it would progress to a throbbing pain at the top centre area of my head. I would feel nauseated and be unable to eat or drink. I would need to go and lie down in a dark room and stay very still as the slightest movement caused excruciating pain. Usually I would have the throbbing pain in my head for several hours and then I would vomit. After vomiting I would feel physically better. The pain still remained, and I would still need to lie still in bed holding my head with both hands as the slightest movement left or right caused pain. I would manage to sleep off and on through the night. By the next morning the pain would be gone, and I would be able to get up and go about the day, although cautiously. Whenever I felt that I was going to get a migraine, I would take two pain-killer tablets and drink extra water, but this did not help. I did not go to see a doctor as I knew how to manage them and I wasn't interested in taking stronger medication.

HIKING WEEK IN LORNE

I received a flyer in my letterbox with information about screenings of the Bruno Gröning documentary film. After attending the film showing on February 22, 2009 and was introduced to the teaching of Bruno Gröning on March 18, 2009.

In the first few months I did not attend the community hours on a regular basis. I had had an operation and was unable to drive my car. I did tune in to the Heilstrom* now and again. After a while I started regularly attending the community hours and doing einstellen regularly every day as well. The migraines continued

In February 2013 I took part in the Australian Hiking Week in Lorne (140 km south-west of Melbourne). During the hike to Stony Creek on a hot day (30 degrees Celsius), the group stopped under some trees and I already started to get a headache; I knew that a migraine was developing. I still felt that I could keep walking. We reached Stony Creek at lunchtime, but by this time my head was throbbing. I lay down on the grass. I was nauseated. After a short time, I vomited. It was different to usual though, just a clear mucous fluid and not much of it. I felt slightly better but I still had a headache. I lay on the grass until it was time to continue. After the hiking group did einstellen for me we started back. I still had a headache but not the usual throbbing pain of the migraine and unusually, I found that I could still walk. Normally I would not have been able to have done that. I didn’t think about this though as I just wanted get back and lie down before it increased in intensity.

I SIMPLY FORGOT ABOUT THE MIGRAINE

When I got back to the accommodation I lay down on my bed and rested for a few hours, but I didn’t have to hold my head. I had put a small bucket next to my bed but surprisingly I didn’t need it. There was no vomiting! I was lying there, and suddenly the phone rang in the top drawer of the bedside table. I jumped up to get it. This was unusual too; ordinarily in this situation I would not even have answered it. I lay back down, but then forgot about the migraine and when the other friends came back to the cabin I got up and went to dinner with them. I was able to eat wholeheartedly and then go to the community hour, pain-free.

Since that hiking day I am free of migraines, and the heat and sun don’t affect me.

* see explanations on Page 16

Medical Commentary: There is no medical explanation for the disappearance, after the Australian Hiking Week, of the migraine attacks which had been present for more than sixty years. There were no hormonal changes at this time, nor at this age is it typical for the complaint to cease.

Dr. C. J., Arzt
Slot game addiction
BERND WOLTER (50)

I suffered from slot machine addiction for 30 years. I lost lots of money, lied to my wife, and never managed to quit. Even when I managed to hold out for a few months – usually due to lack of money – I relapsed repeatedly. I was always drawn into the game rooms...

Every day I was very restless and constantly thought about how I could go and play the gaming machines. After work, I snuck out of the house under the pretense of going for a ride on my motorbike. I had a bad conscience because of the lies I told my wife. I suffered a loss of self-esteem since I wanted to be an honest man.

In February 2012 my wife found out about Bruno Gröning and we talked about him. As a non-religious person, I was skeptical at first. After looking into the teaching of Bruno Gröning I was introduced in May of 2012 along with my wife.

We were warmly accepted into the Circle of Friends and were soon able to feel the Heilstrom*.

MY LIFE WAS CHANGING
In October 2012, our community leader was looking for a new treasurer for our community and she offered me the task. I agreed without hesitation. From this moment, my life suddenly started to change.

Because I did not really believe I would ever be able to get rid of my gambling addiction, I had not dared yet to give this burden to Bruno Gröning.

Now I had suddenly become a treasurer and was supposed to take honest care of the Friends’ donations to the Circle of Friends. I, who had lost so much money, even embezzled it from my wife and myself.

Accepting the task triggered an intense inner battle in me, at first combined with a strong inner unrest.

During these days, I was still attracted to the game rooms.

THREE DAYS LATER I WAS FREE
However, a few days later I felt the power first to tell my wife and then our community leader about my gambling addiction. The huge load that had shaped many years of my life fell off away from me. I felt in my heart that this new task would help me to finally lead a life without addiction.

After a few days, I accepted our community leader’s suggestion to be put on the Most in Need of Help einstellen chain.

The fact that many Bruno Gröning Friends were doing einstellen* for me immediately gave me the power to withstand the urge to gamble, and for the first time to give this burden away to Bruno Gröning. Three days later I was free.

This happened in November of 2012, about a month after accepting the task as treasurer. Now I can calmly walk past gaming arcades - any desire and compulsion to enter have completely disappeared.

Only now have I become aware how much energy the constant thoughts about gambling took from me every day; energy that I can now put to use for work, for my private life and for the Bruno Gröning Circle of Friends. Even if the situation seems entirely hopeless, you can trust in Bruno Gröning’s help. He knows exactly what’s best for us, all we need to do is listen and then take action ourselves.

* siehe Erläuterungen Seite 16

Psychological Commentary:
Mr. Wolter had suffered from a stubborn gambling addiction for 30 years. Despite short periods of abstinence during these 30 years, he constantly felt a strong desire to go to gaming arcades. An inner unrest and the compulsion to gamble always drew him back into the game rooms. Mr. Wolter also mentioned his associated bad conscience, which is typical for a person with a gambling addiction.

It is quite amazing that the craving and the compulsion to gamble was simply gone just three days after many Friends did einstellen for him. This cannot be explained from a psychological point of view, and suggests a possible connection between the einstellen and the disappearance of the symptoms.

K. T., Psychologist
Many people experience inner and outer liberation through the teaching of Bruno Gröning. Some people wonder about sudden light-filled thoughts, moving insights and deep inner experiences and feel the need to express all this and share with others. That’s how this poem and this picture came to be.

Gifts Divine

If I may choose from among gifts divine, I would like to have faith in the good, and wish for this never to leave me. Though in stormy times it may seem that it might slip away once more, all the more determined, I hold on to it tightly!

If I may choose from among gifts divine, then I would like to have joy – the delightful joy of doing and being, the joy that sounds quietly in my heart, and which only illuminates life.

Perfect, complete joy – be mine! If I may choose from among gifts divine, then I would like to have love – the right love for you and for me, for everything that is allowed to be in our world, love that sets no conditions. Yes, this love! That is what I choose!

Brigitte Peterka

From the poetry book, “That which moves the Heart”

HEILSTROM Bruno Gröning used this term to describe the spiritual energy which brings about healing. He also synonymously used the terms "healing wave" and "divine power".

EINSTELLEN One “tunes in” to the receive the Heilstrom, to absorb it into oneself.

REGELUNGEN A cleansing process is initiated in the body by the absorption of the healing power (Heilstrom) which cleanses the illness out of the body. Sometimes painful, Bruno Gröning called these experiences “Regelungen”, or “Divine Regulation”.

COMMUNITY Local groups of Bruno Gröning Friends are called “communities”. “Community hours” are held where Bruno Gröning’s teaching is explained, healings are reported, and the friends do einstellen together to absorb the Heilstrom.

SUCCESS REPORT Each healing is recorded, medically verified and, when possible, documented with the findings of initial and follow-up examinations. Cases of other kinds of help and success are also documented.

MWF The Medical Scientific Group is an association of people within the Bruno Gröning Circle of Friends, who are from the medical and other health care professions.
I believe it is all good
EYEWITNESS INTERVIEW WITH HORST WAGNER

In 1945 I was made a prisoner of war at a Russian prison camp. In 1947, during construction at the Odessa Opera House, a rope broke and we fell off the scaffolding from the fourth floor. Three comrades were killed; I ended up in a limestone basin...

After days of unconsciousness, I woke up in a military hospital. My legs and abdomen were paralyzed, and I could no longer control urination and bowel movements. In 1948 I returned to Germany via medical transport and was treated for more than a year by neurologists at the Heiligenhafen hospital. The doctors gave me little hope.

Meanwhile, I had learned a technique so that I did not have to sit in a wheelchair but could walk with crutches. In April 1949 I was rated 80% disabled and went home to my parents. At that time everyone kept asking: "What will become of you?"

One evening my friend reported that Bruno Gröning was staying at a hotel in Schleswig. He accompanied me there. I was convinced that this meeting with Bruno Gröning would help me. Arriving at the hotel I sat down in the foyer and waited excitedly. Many people were gathered there.

A VIBRATION IN MY BODY
When I suddenly saw a man coming down the stairs I had already felt a vibration in my body. A companion of Gröning's asked, "What's wrong with you?" I said: "I am paralyzed, I would like to talk to Gröning." Bruno Gröning turned around and asked: "Well, what do we have here?" I pushed myself up with the crutches and leaned against the wall. He looked at me and said, "Tough, isn't it? That you need something like that, you're still too young." I felt myself weakening and slipped down into the chair, not realizing that I'd lit a cigarette. Gröning said, "Oh, you know, you wouldn't even need those crutches. I believe you can manage without them!" I reacted violently: a tingling sensation, a shudder, a hot flash throughout my body, almost to unconsciousness.

SENSATION IN MY THIGHS
Suddenly I did something that had not been possible for years - I dropped the cigarette and crushed it out with my foot! He looked at me: "See, it's working already! I believe all is well."

The meeting with him did not last long but was very intense. I sat in the hotel for another hour and noticed that when I touched my thighs, sensation and warmth had returned to them. I did not use the crutches anymore but leaned on the shoulders of two men and walked about 400 meters. The next day my friend and I drove home. Afterward, it took another three months to be able to walk independently. My doctor later remarked: "I think it's great that you are doing so well, that you can walk again!" I answered: "I know one thing: Bruno Gröning has enabled me to lead a healthy life."

Bruno Gröning was for me a person with whom one could speak normally. His expressive look radiated compassion and loving kindness.

Even though there was a lot of commotion around him he never put himself on a pedestal. He knew he had a task. When he said, "God is doing this" I think that's the way it has been. To me he was a selfless helper.

* see explanations Page 16

Don't thank me, thank our Lord God.
Bruno Gröning
Bruno Gröning never wrote an autobiography or made extensive autobiographical notes beyond the scope of a CV. But there are various lectures, papers, CVs and interviews in which he commented on individual stages of life. After reading in the last edition his description of the Herford events we now turn to what he spoke in Herford. As an exception, instead of quoting him directly, we shall turn to other sources.

A NIGHT OF MASS HEALINGS
In mid-June of 1949, Dr. A. Kaul (PhD) came to Herford for a few days and wrote about his experiences in the booklet, “The Miracle of Herford”. Among other things, he writes about a talk Bruno Gröning delivered at night from the balcony to a crowd of about three to four thousand people gathered below:

“Gröning came, with his assistants, through the double door, received by cheers and applause. He gazes silently at the waiting crowd until a silence settles in, reminiscent of church. Shreds of clouds drift along in the darkening evening sky, the wind rustling in the treetops.

“Bruno Gröning speaks with a low, quiet voice, almost as if speaking to himself. ‘My dear healing seekers, that you had to wait a long time is not my fault. Yesterday it was different - today it is different again. Time and again, I have proved that I am capable of something. I am not obeying human orders. I have solved things in a way that you consider miraculous, but they are no miracles; they are natural occurrences. A mere man cannot perform miracles, and no man will be in a position to carry out what you witness here. Someone may intend to stop you from being healed, but you will nevertheless be healed. It is also not necessary that I am here in person. I heal you anyway. Those already lame for decades are able to walk again, those who were blind can now see, and those who were deaf can hear the spoken word. Even if they put me into a rain barrel and bury me underground, whatever has to happen will happen. It cannot be stopped. I do not have to help everyone; I know that out of a hundred, ten do not respond. Whoever ridicules God and has no belief, cannot be helped. If they want to entirely forbid that I help in Germany, I will be forced to go abroad, but even then nothing will change here. Healing shall take place all around the world.’

“THANK YOUR LORD GOD”
“At these words, one can hear the groaning and cries of pain of a woman below. Gröning turns his eyes in her direction. The moaning turns into sobbing and then ends in a tension-laden silence. The woman rises.

“All people, regardless of nation, race, or religion, are worth receiving help. We are all God’s children; we only have one Father, and that is God. Everything will happen according to His will, even when I am not with you. Whatever I possess, I will give, even my life. Although I have remained poor, I am the happiest man on Earth, because I can help. One thing, however, I do not want, and that is your thanks! Thank your Lord God! It is He alone who makes it all possible. My life belongs to all people, and therefore every minute and every hour is precious. There should be less words and instead greater deeds. The greater the suffering, the longer the Regelung. The good in man must drive out the evil. He [the human being] will be weighed according to what he does, and if he is not found too light, then he has the hope of salvation. Throw away your suffering!”

“YOUR BELIEF HAS HEALED YOU”
“Suddenly, a man walks excitedly through the crowds, with tears in his eyes, holding up a folding
chair on which his relatives had sat him earlier. His right leg had been completely lame, and also his left hand had been lifeless and stiff. He stands in the middle of the crowd, and is now walking around unaided, although still a bit hesitant. His hand is still blue and somewhat swollen.

"'You have been helped because you believed! Raise your arms, all who have pain.' Thousands of arms go up. 'And now you shall have no more pain.' There are only a few raised arms left. 'I want to come to you in the north, the south, the west, and the east, so that you do not have to come to me! I will let you know where to expect me. May God give you all that is good!"

"YOUR PLEADING AND SUPPLICATION OF OUR LORD GOD HAS NOT BEEN IN VAIN"

Karl Stankiewitz related a similar experience in an article in the “Süddeutsche Sonntagspost” (a newspaper from the southern part of Germany) on June 25, 1949:

"11 pm – Gröning steps out onto the balcony. The crowd, by now about 600 to 700 people, looks at him expectantly. Gröning calmly finishes smoking his cigarette. Then he speaks with emphasis, but without emotionalism.

"My dear healing seekers, your pleading and supplication of our Lord God have not been in vain. Today the city mayor has given me, as an exception, permission to heal. I must point out to you that this healing will only be granted to those who carry a belief in God in their heart, or are willing to believe. In the name of the Lord, I now pronounce you all healed. I want to explain to you that if some of you still experience slight pain, then this is due to a Regelung. This should go away very soon, provided you continue to firmly believe that you have been healed. I also know that at this very moment, many people in other places have become healthy. Whoever has come here on behalf of a sick relative, can go home reassured. The healing takes place even without my presence. It is my wish to help all people to regain their health. I do not ask which religion they belong to, or which nation.'

"After stopping for a few seconds, he continues, 'I now ask you, do you still have pain?' About twenty people raise their arms. Gröning looks around the crowd, then he says, 'I ask again, who has still got pain?' A young man puts up his hand. Gröning, 'This is not the actual pain!' 'No.' 'Be not concerned. I have addressed you. The diseased part has been affected by the healing power.'

"In the meantime, there is a murmuring in the crowd, and a spreading and stretching. 'I am really healed!' 'Thank the Lord!' 'My legs are loosening up!' 'I can see again!' And I can hear similar exclamations from below. But there are only a few who speak up. This surprises me. Gröning continues to speak, 'I would ask you not to grumble, because whoever doubts his healing, doubts God. Do not thank me. The gratitude only belongs to our Lord God.'"

To be continued.