"And always want only the good."

Bruno Gröning
Dear Reader,

Why should people in the 21st century concern themselves with a "miracle healer" who had passed away over 60 years ago? And why is a Circle of Friends necessary? Nevertheless, the fact that interest in Bruno Gröning continues is understandable. In 1949, there were as many headlines about him as there were about the new chancellor Konrad Adenauer. Well-known personalities also made positive comments about him: the former Bavarian Prime Minister, Dr. Hans Ehard, referred to him as an "exceptional phenomenon" and the publisher Helmut Kindler referred to him as a "one-of-a-kind phenomenon." The first Representative of the Council of the EKD (the Protestant Church in Germany), Bishop Dr. Hermann Kunst, who was part of a commission that was to evaluate Gröning's abilities in Herford in 1949, declared, "I had absolutely no doubt that powers emanated from him that brought about the healing of human beings."

Therefore, it can be interesting to research Bruno Gröning, but wouldn't books and films be sufficient for that? Why a Circle of Friends as well? The mere existence of such a group could make one think of a cult and that something dubious has to be behind it. Why else should people be spending their time with this? Bruno Gröning always stressed the connection between faith and healing, emphasizing the words: "Your faith has helped you." He wanted to kindle in human beings the belief in their own health. But faith is a tender little plant and; one can easily tread it down. What if doubt arises? Or the neighbor makes fun of you saying, "You don't really believe that such nonsense can make you healthy?" We have seen it at Lourdes. People go there, have hope for a moment but feel no improvement and think "It didn't help. The end." And then the neighbor says, "I told you so!" But hardly anyone knows that a healing process is set in motion through the effect of a divine healing power which sometimes takes time, can be painful and which also needs the faith of the individual. But Bruno Gröning knew this, and the Circle of Friends tells people how this works. It supports the seeker of help on his or her path to health, so that the tender little plant of faith will be able to grow again.

Thomas Eich

"If you believe that you will receive healing, you have already been helped. Just believe!"
Bruno Gröning
A Unique Human Being
THE PHYSICIAN AND JOURNALIST HELLA EMRICH ON BRUNO GRÖNING

In this interview from the year 1995, Hella Emrich describes how comforting it was for her to meet a person shortly after World War II who radiated an absolutely heavenly peace.

After the war my husband and I published the magazine "Neues Europa" [New Europe], together with the journalist Mr. Mai. We often reported about alternative healing methods. We decided to write an article about the events happening around Bruno Gröning at that time. Therefore, Mr. Mai drove to Rosenheim in September 1949 to report about Bruno Gröning's Work as an eyewitness. The happenings at the Traberhof shook him to the core: about 30,000 people had congregated there. They were literally clinging to Bruno Gröning, looking for support.

Mr. Gröning became aware of our article and wanted to meet us. It was as if a brother had come to visit. We were not strangers. He was a simple, humble person and had a very special connection to God. The whole family, my husband and my daughter were happy when he came. It was always an experience for us. It was as if someone full of light had arrived, a good person, so to speak. I simply felt a great liking and friendship towards this man who was so reserved, radiant and balanced.

Whenever we were together with Bruno Gröning I did not feel tired at all, nor hungry or thirsty. During the talks with him I felt a special energy like a current. For all of this, I am very thankful. Sometimes we also talked about medical issues. Mr. Gröning was not an academic, but sometimes he knew more than I did, and I had studied medicine. This always astonished me. I asked him where he got this knowledge from, and he answered, "From nature!" He did not bother with politics. A person's nationality or religion did not matter to him. He always only wanted to help and wished everyone the best.

When Bruno Gröning worked, his neck was very swollen. He was able to say what was wrong with the person without asking them anything. He was able to look into the soul and knew which diseases it had. He also knew why a person was burdened.

The impression he made on me was so strong that I dedicated a chapter to him entitled "The Phenomenon Bruno Gröning," in my book about healings. It was to be a kind of rehabilitation because so much that was written about him was negative.

Link to the interview on the Bruno Gröning Circle of Friends YouTube channel:
https://www.youtube.com/watch?v=AAvWXn2oMAU&t=108s
For about nine years, the special interest area of 'Indigenous People' has been a part of the Bruno Gröning Circle of Friends. It is led by Dr. E. Boeker, ethnologist and sociologist, who has established contact with indigenous people on all continents, from the jungles of South America to the Arctic circle, from Lake Titicaca in the Andes to the deserts of Arabia and Namibia. Friends from about 30 indigenous nations worldwide, have already been introduced to Bruno Gröning and are being mentored by E. Boeker and her team. E. Boeker says, "Some even have their own Communities*; for example, the Adivasis in India; others go to existing local Communities."

On June 12, 2021, the first virtual Conference of the Indigenous People was held. The keynote was a quote from Bruno Gröning: "Nature is God." This motto also corresponds to the (self-appointed) task of the so-called "primitive people" to work for the preservation of nature. Many see themselves as "guardians of Mother Earth." The more than 700 participants of the conference came from almost all of the European countries, from Canada, USA, Brazil, Mexico, Peru, Australia, Namibia, the Ivory Coast, Russia, India and from Mongolia.

E. Boeker reports, "Because the interest area of indigenous people is also divided into nine World Regions, one ethnic group from each region was introduced in the first part of the conference: from Latin America and the Amazon, from the Prairie and desert people in North America, the Indigenous People of Africa, the Romani (Roma and Sinti), the Pacific nations, the Arctic nations and the indigenous people of Asia.

The reports focused on their living with nature and on their respective ways of viewing nature. One of the highlights were the reports on the close relationship of indigenous people to the animal world. As a rule, they establish a close partnership with their animals. Bruno Gröning, too, stressed our connectedness to animals and described them as "our little brothers and sisters."
The plant world also plays an important role in the indigenous people's experience of nature. A Bruno Gröning Friend, a chief of the Shipibo tribe in Peru, reported on how she learned about medicinal plants as a child in the jungle of the Amazon and how she now puts the Teaching of Bruno Gröning into practice. She and her people have already experienced healing and help, especially in the area of finances.

The reported healings, commented on by a participating physician, were another highlight of the conference. A Friend of the Ovambo people from Namibia reported very movingly about her spontaneous healing from alcohol abuse after just one Community Hour. Another Friend reported about a skin rash on her entire body which suddenly disappeared after doing Einstellen* together with others. According to the physician, these healings could neither be explained medically nor were they to be expected – and he attributed them to the absorption of the Hellstrom*.

In retrospect, the conference made a valuable contribution to making the indigenous people visible and in honoring their earth-based spirituality and their participation in the Bruno Gröning Circle of Friends.”

* See Explanations, page 16
Scientists Have Their Say

U. ST. IS A GRADUATE PHYSICIST – THE QUESTION ABOUT GOD

When Bruno Gröning was alive, he communicated a profound knowledge of spiritual laws in simple words and, in a time of flourishing materialism and rationalism, often encountered criticism and non-comprehension. From today’s perspective, it is increasingly apparent that he was in many ways a pioneer and ahead of his time.

A SCIENTIST THROUGH AND THROUGH

U. St. is a physicist with a PhD. He discovered his interest in science at the early age of ten when he was given a roll of cable with a plug, a lightbulb and a battery. He remembers, "At that time I easily learned how a circuit works and immediately I asked myself how I could connect two lamps. At the age of 12 I built electric motors, and radios at the age of 14."

Besides his urge to deeply comprehend the workings of the natural sciences and especially of physics, another question arose during his youth, the question about God, combined with the deep wish to experience His presence and closeness. U. St. therefore hesitated before deciding which field of study to choose, theology or physics. He decided on the latter and completed his studies at the University of Munich. After completing his doctoral thesis in 1991, he worked for several years at various research centers in Europe until he finally switched to work in the science industry and settled in southern Germany in 2003.

Today he works as an expert and devotes himself to further studies in physics in his free time. He is actively engaged with physicists from all over the world, takes part in online seminars, and has access to publications with the latest research results. Not a day passes during which he is not thinking about some question related to physics and doing applicable calculations.

THE WORKING OF THE DIVINE POWER

When asked how he found the Circle of Friends, U. St. answers, "In January 2006 I found an invitation to an Information Lecture on help and healing on the spiritual path through the Teaching of Bruno Gröning in my mailbox. Since I was healthy, this theme did not interest me very much, but I wanted to know what kind of people were living in my area and with what they occupy themselves. During the lecture I was able to feel the healing power in the form of a slight tingling in my hands. But what impressed me the most was the fact that there were people here who took in a power, who asked for something good and that their pleas obviously had an effect. I wanted to take a closer look at this."

Since this time, U. St. has regularly attended the Community Hours to take in the healing power together with other Bruno Gröning Friends and to learn about the Teaching of Bruno Gröning. "In my youth I felt a strong longing for God. I was distressed that our way of living kept God's work from being seen each day. But my deepest prayers were seemingly not heard, therefore I turned to other things. For 25 years I went through a spiritual desert and felt myself far removed from God. With the absorption of the Heilstrom* according to the Teaching of Bruno Gröning, a connection to God actually came about. I was able to feel His presence more and more – and I did not want to lose that again. My most wonderful experience was the healing of my daughter from longstanding anorexia. I myself also experienced help in everyday situations as well as in my professional life. Thus, the divine power became reality for me, it visibly works, as visibly as all the many physical phenomena."

"In my view, today's science should take an interest in my existence, if only because my work gives stimulus for the research of and challenges facing the future. Has it not always been the case that human intellect criticized the 'new' and even ridiculed it, until the true essence prevailed and the truth became reality?"

Bruno Gröning
When asked whether he had come across statements in the Teaching of Bruno Gröning that contradict scientific knowledge, U. St. explains, "Science lives on contradictions. They give rise to new research and drive science forward. Some of Bruno Gröning's statements were new to me, for example, the sentence that the human being is not able to think but rather takes in thoughts that flow to him. Later on, I learned that one doesn't have to accept these thoughts, but that one can simply let them pass by – we have the choice. This did not correspond to my previous ideas, but I was able to be open to this. Instead of looking at the brain as a neural network, as I had done up to then, I now see it rather as an antenna, and the whole human body, as well. This perspective, or rather, this experience, was totally new to me."

Quantum theory plays a central role in physics research, it shapes the physicist's idea of himself and of the world. The theory has its beginning in the year 1900 when Max Planck examined thermal radiation. It was formulated in the 1920s in a way that is still valid today. We would not be able to develop a computer or mobile phone without the fundamental knowledge gained through this theory. In the 40's this theory made it possible to describe electric and magnetic processes, and in the 80's and 90's, gravitational force. What kind of theory is this which reaches into all areas of physics? Already very early on, the idea had been postulated that quantum theory is a kind of information theory. About ten years ago it became possible to deduce that it is an information theory. I remember reading these publications and calculating everything. We are currently trying to put concepts such as space, time and energy on equal footing, that is, not to accept them as given concepts, but to understand them as quantities derived from information theory. If we take the time, perhaps spirituality and information – whatever one imagines that to be – are not so far apart. I have no problems with the difference between my experiences during Einstellen and the insights which I have gained through scientific knowledge. Bruno Gröning was in many ways a pioneer and ahead of his time. And more than that, he made it possible for people to gain access to the Divine which has helped very many of them. Viewing this as a scientist, I do not understand how it happens, but it does happen."

* See Explanations, page 16
As early as the Northern Hemisphere spring of 2020, the information lectures on "Help and Healing on the Spiritual Path through the Teaching of Bruno Gröning", which were held for the first time in England and Scotland via Zoom – a video conferencing tool – were a success and led the way to further activities.

In spring 2021, the wish to inform people about the Teaching of Bruno Gröning via Zoom in the United Kingdom (England, Scotland, Wales, Northern Ireland), in the Republic of Ireland and in Iceland in the northern Atlantic, was actioned. Five online Information Lectures were held in Great Britain, Northern Ireland, Scotland and Wales; there were three lectures in Ireland and one in Iceland. This made it possible to reach different people in the different regions of the countries. The special experience of the Friends, who were involved in the preparations for these lectures led by S. Wagner-Burkard and her husband, is described by a Community Leader from London with the words: "The Friends helped each other across all geographical borders. It was a great caring support network that led to strong connections and links for tasks in the future."
The various teams committed themselves to assisting with the publicity work in several countries, for example, by sending 'digital flyers' about the lecture via email, WhatsApp or by posting the dates on Facebook, Instagram, Twitter and other social media platforms.
The team was also supported by many Bruno Gröning Friends from the Communities* of the three countries that had invited relatives, friends and acquaintances living in other English-speaking countries to the lectures. M. Freely, who mentored the publicity work for Ireland, was enthusiastic about the loving way in which the Friends worked together. "Their connectedness was especially important for me", he said, full of appreciation.

Many interested people had already registered in advance for specific lecture dates. M. O'Brien, Country Leader of Ireland and speaker at two lectures, said, "Success is guaranteed if we do something from the heart with love and joy." The reported healings, including one from bronchial asthma, were an essential part of the online lectures. S. Wagner-Burkard, still impressed by the experience, remarks, "The presentations on Zoom were an amazing experience. It was valuable for everyone who was involved in the organization. As helpers, we were just as enthusiastic as the participants. We are looking forward to regular information lectures of this kind so that belief and trust in the good and the joy of life can spread."

Although the lecture tour ended in June of this year, inquiries still arrive on the contact page on the website of the Bruno Gröning Circle of Friends.

* See Explanations, p. 16

"Order is God, order is health." Bruno Gröning

A natural path to health for body and soul

There is no incurable – God is the greatest physician

Thursday, June 3, 2021, 7:00 p.m.
Saturday, June 5, 2021, 7:00 p.m.
Wednesday, June 9, 2021, 7:00 p.m.
Tuesday, June 15, 2021, 7:00 p.m.
Friday, June 18, 2021, 7:00 p.m.
Wednesday, June 23, 2021, 7:00 p.m.
Friday, June 25, 2021, 7:00 p.m.
Saturday, June 26, 2021, 7:00 p.m.
Tuesday, June 29, 2021, 7:00 p.m.
JUST ARRIVED BACK FROM SOUTH KOREA

In the fall of 2018, M. Jäger had just come back from a long stay in South Korea where he had been studying, when he heard Dieter Häusler, the leader of the Bruno Gröning Circle of Friends, speak about YouTube at a conference. M. Jäger remembers, "I had just started a new job and was also busy mentoring the Communities* that had developed in South Korea, as well as supporting young people abroad. Actually, I was already very busy but the topic of YouTube appealed to me immediately. After some initial hesitation I offered to help."

M. Jäger came to the Circle of Friends through his mother who had experienced much good here. "As a child I was very moved by the topic of God, and as a sixteen-year-old I was by far the youngest participant in our local Community. Although the Community Hours were absolutely unspectacular when seen from the outside and, as I thought at the time, even totally 'uncool', I felt uplifted and at home in them in a very special way. Through the absorption of the Heilstrom* I experienced a direct connection to God which I had not known before and which I have felt ever since. I felt so richly blessed that I wanted to give something back, and so I spontaneously offered to help the Community Leader. Among other things I was got active in the publicity work and in mentoring youth in Australia and Southeast Asia."

TAKING ON THE LEADERSHIP ROLE

The Circle of Friends had been publishing video clips on YouTube since 2007, but the number of subscribers was well under 10,000. Following a strong inner impulse, Mr. Häusler applied himself intensively to the possibility and talked about it again and again. A team of around ten helpers quickly formed, including Friends from the areas of publicity and technology, who got together in internet meetings, gathering ideas. The aim was to make the Teaching and Work of Bruno Gröning accessible to as many people as possible. The task was to not stop with the ten helpers that were there in the beginning. M. Jäger recalls, "We met weekly under the direction of Mr. Häusler and brought together all of our knowledge. First of all, basic things had to be clarified: what possibilities does YouTube offer; what is the legal basis; what would the technical implementation look like? The idea arose to start building the German YouTube channel and, based on this, to gradually add other languages. The goal is to upload a clip on the German channel every week. A concept was developed to put this into practice. This resulted in numerous sub-areas and correspondingly many sub-teams with many new helpers. Everything came together wonderfully and harmoniously, so that success was inevitable. After a while, Mr. Häusler asked me to take over the leadership of the YouTube team, which surprised me very much and was a great challenge for me. Being sure of the active support of the many motivated and reliable helpers, I gladly accepted that challenge."
MANY CATEGORIES, 'LIGHTHOUSE-PROJECTS' AND 21 LANGUAGES

Since the end of 2018, more than 130 clips have been posted on the German YouTube page. Many categories have emerged: in addition to interesting podcasts on a wide variety of topics from the Teaching of Bruno Gröning (for example excerpts of lectures by Mr. Häusler); also actual recordings Bruno Gröning giving lectures, videos about Bruno Gröning's life, video clips of healing reports from all over the world, words of wisdom from Bruno Gröning with original photos, moving audio contributions of eyewitness interviews, interviews on current events, and much more. The numerous music clips accompanied by nature photographs are also very popular. But the two big documentaries still have a special status: the biographical film "The Phenomenon Bruno Gröning" was first shown in full length on YouTube in January 2019, and the film "The Phenomenon of Healing", which shows the beginning and the development of the Circle of Friends, followed in March 2021. These were the "lighthouse projects".

"The more you absorb the good, the better you will feel, the sooner order will come about in your body."
Bruno Gröning

M. Jäger reports, "It was important for us to make the YouTube premiere of the two films widely known. For this purpose, our film team shot teasers that were shared on YouTube and other social media. Both documentaries have been very well received by viewers and to date have received a total of over 1.5 million clicks in the German version alone." Parallel to the growth of the German channel, the number of foreign-language YouTube channels is also growing. While previously individual video contributions in English, Spanish, French, Italian, Japanese, Hungarian and Dutch had already been posted on the German YouTube channel, in 2018 channels were developed for other languages. Finnish, Georgian, Arabic, Danish, Vietnamese, Turkish and many more followed so that there are now 21 different language channels. It goes without saying that this can no longer be handled by the small helper-team we had in the beginning. With the areas of translation, editing, dubbing, correction, subtitles, transcripts, coordination, technology, nature photos, music editing, filming, the number of helpers has grown to well over one hundred.

SUBSCRIBERS, COMMENTS AND "LIKES"

The number of subscribers has increased tenfold over the past three years. In the German-speaking countries alone there are already more than 50,000, the majority of which do not belong to the Circle of Friends. What this actually means is much more important to M. Jäger than the numbers: "What excites me about YouTube is that the Circle of Friends is able to present itself there in such a natural and authentic way, without censorship or any falsified statements. As a result, our subject matter goes straight to the hearts of many viewers. This is seen in the countless 'likes' and the almost exclusively positive comments, in which enthusiasm, emotions, gratitude and astonishment are expressed. Visitors to the channel have reported healings they experienced during or after watching our films."
On June 11, 2021 the Berlin YouTuber, Kai Brenner, published a video on his 'Sick was Yesterday' page titled "Bruno Gröning Special – On the Tracks of a Miracle Healer". So far there have been more than 20,800 views. Brenner states, "Bruno Gröning is an incredible phenomenon to this day. The activities of the 'miracle doctor' in the 1950s are very well documented and yet so profound and improbable for our normal intellect, that one simply must take a closer look at Bruno Gröning, if only to form one's own opinion about his miraculous, spontaneous healings."

Here are two examples from the Spanish channel: 'I found out about the videos of Bruno Gröning through a friend. I had multiple herniated discs and scoliosis and had great pain when doing my housework. Sometimes the pain was so bad I had to go to bed. After seeing Bruno Gröning's video, the pain stopped from one day to the next. I am still surprised and can only say thank you.' And the other: 'My husband had bone marrow cancer and had not been able to walk for five months. He had lost a lot of weight. YouTube kept suggesting the video about Bruno Gröning's life. I didn't pay any attention to it until early one morning I decided to have a look at it. It impressed me so much that I watched all three parts, which took over four hours. The following week I printed out a photo of him that I now carry in my handbag. Today my husband is able to walk again, has gained weight, and the cancer has diminished significantly. The doctor is surprised at this rapid healing process.'

"These and similar comments touch me deeply. The fact that watching a video not only gives people new hope but also strengthens their faith or even gives them healing is phenomenal."

FROM GREENLAND TO SOUTH AFRICA
When asked what he would like for the YouTube area in the short and the long run, M. Jäger replies, "A big wish is to have an even broader base of helpers so that everyone can work in a relaxed way and without pressure and so that everything runs smoothly. In the long run, I alanguages to support the vision of being able to bring the Teaching of Bruno Gröning to all people. I feel an enormous potential with YouTube, as people from Greenland to South Africa, the West Coast of Canada to deep inside Russia are already watching our films. This makes me very happy."

* See Explanations, page 16
A few years ago my mother saw the documentary film "The Phenomenon Bruno Gröning" in a cinema in Munich. Afterwards she wanted to learn more and was introduced to the Teaching of Bruno Gröning. I was 16½ years old at the time. My mother told me a lot about the Bruno Gröning Circle of Friends.

NEGATIVE THOUGHTS AND AGGRESSIVE VOICES
"Well and good", I thought, "if people get well there, but I probably won't need this until I am 80." To please my mother, I went to the Introduction Lecture on March 27, 2009, but I felt nothing, was bored and couldn't believe what was said. I attended the Youth Community Hours, at the most every other month, but I was unable to concentrate and left them early to study for school outside. Time passed and at the beginning of September 2009 I started business school and stopped going to the Community Hours. A mental disorder, known in psychology as 'dissociative disorder', first began when I was 17. Prior to that I had been studying a lot, up to eleven or twelve hours a day. The need to catch up on learning material and the pressure were enormous, because before attending business school I had done a preparation year as I gone to a Waldorf primary school and then an independent school for middle and high school.

My burden became apparent at the beginning of the autumn vacation at the end of October 2009. From one day to the next, extremely negative thoughts harassed me continuously and I started hearing aggressive male and female voices. In addition to that, very violent and frightening films played before my mind’s eye. This daily scenario was interrupted only by sleep. Actually, this was bizarre, because I was raised in a positive environment with good books, films, pictures and no television. I was able to fall asleep most of the time, but if not, the described state started immediately, and the lack of sleep came to be an additional burden.

SEARCHING FOR HELP
Hoping for medical help, my mother and I consulted a psychiatrist who diagnosed a dissociative disorder [for an explanation: see right, Psychological Commentary], which was confirmed by three psychologists. Neither the three psychiatric treatments nor the care given by several psychologists led to healing. Alternative methods of treatment, for example therapy offers from alternative practitioners, therapeutic constellations, psychotherapy, art therapy, energy haircut and Aurasoma, only alleviated the condition for a short time. After a week or two, everything was as unpleasant as it had been before.

In addition to taking Bach flowers, I also used Aurasoma oils and wore healing stones. Getting together with other people, helping around the house, doing sports or actively spending my leisure time was very hard for me and made my life even more difficult. The situation was very stressful for the whole family.

THE DIVINE POWER HELP AND HEALS
Because all therapies and treatments did not bring about a long-term improvement of my condition and because my mother, who is a psychologist, stopped me from undergoing medicinal therapy because of the numerous side effects, I decided to take a closer look at this Bruno Gröning Circle of Friends.

It was this small hope for improvement before being admitted to a psychiatric hospital for therapy, the last resort of conventional medicine. I had not taken part in any Community Hours of the Bruno Gröning Circle.
of Friends since September 2009. At the end of 2009 my mother and I started alternating between Youth and Adult Community Hours, which all lasted more than two hours, every week. This was not at all what I wanted, but it was definitely better than the impending psychiatric treatment.

It didn't take long and I began to do Einstellen twice a day. Attending a Community Hour every week became a heartfelt desire.

During the Community Hours I heard loud voices and was tormented by negative thoughts; horror films played before my mind's eye. I could not believe that these were Regelungen*, but after the final music I always felt a lightness in my body. The negative thoughts and the ugly pictures began to affect me less. I was thus able to tolerably cope with everyday life. This state of relief lasted exactly one week, and it was a blessing for body and soul when I was able to take in the Heilstrom* again together with other Bruno Gröning Friends.

After four years I started to feel a marked improvement. From 2013, at the age of 20, it became perceptibly easier for me during and after Community Hours. In the course of another three years of consistent absorption of the healing power and doing Einstellen*, I experienced continuous improvement from 2016 on, until the entire condition and all related burdens completely disappeared. Since then, medical assistance or alternative treatments are a thing of the past!

In order to stabilize the healing and to keep up my energy, I continue to take part in a Community Hour of the Bruno Gröning Circle of Friends every week. Since then I have been able to go swimming, hike, go on vacation, meet up with friends, approach people and help with household chores. For the driver's licence test and for my training as a foreign language correspondent, I study at home. I am now 26 years old, full of zest for life and grateful for my health every day.

Psychological Commentary

Dissociative disorders or conversion disorders are disorders that can affect memory (loss of memory of certain phases or events), mobility and sensory functions (e.g., paralysis), perception, experience of identity ("jumping" from one identity as a person to another). All these symptoms are not caused by physical or neural stimuli. In contrast to other mental illnesses (schizophrenia), hearing voices and the inner viewing of "films", as Ms. Niermann described them, are not experienced as objective, external events, but rather as arising from one's own self; however, the person affected is not able to control or stop them in any way. Dissociative disorders are attributed to repressed traumatizing experiences, the symptoms are triggered by acutely stressful and overwhelming situations.

Treatment through psychotherapy includes the teaching practical coping techniques in the acute situation (stabilization phase) and becoming aware of and processing the traumatizing experiences step by step. Additional treatment with psychotropic drugs may be indicated. In easy cases, symptoms can disappear after a few weeks or months. There is a higher risk of an unfavorable course if the disorder remains untreated for a longer period of time. After initial attempts at therapy, this had been the case with Ms. Niermann. The effectiveness of the Teaching of Bruno Gröning, in the sense of a mental coping-strategy, can explain the alleviation of symptoms from a psychological point of view. However, the fact that there has been a complete remission of symptoms for four years without further specialist treatment is very unusual.

* See Explanations, below
In June 1981, after the birth of my third child, I developed pain in my left ankle and right knee. The knee had to be punctured and drained seventeen times at the behest of my doctor because of fluid build-up. Complete rest was prescribed, which is hardly possible with three small children.

PAIN AND SUFFERING
In the mornings it took at least ten minutes before my knees were mobile enough for me to get up. Walking was difficult and unsteady because I was unable to lift my legs properly. In addition, the smallest bump into anything was very painful.

When pain in my right wrist also started affecting my life, I went to my family doctor for advice and help. After a series of blood tests and analysis in special laboratories, I received the diagnosis: rheumatoid arthritis. Different medications were prescribed, among them, cortisone. The gold therapy I started in October 1982 finally made it possible for me to at least manage the essential tasks in everyday life. The burden became more tolerable as fever and rheumatoid relapses, i.e., increased disease activity, had stopped. While the injection of gold had to be administered daily in the beginning, this therapy was reduced over time to once a week and finally once a month, but according to my doctor’s prognosis, it was necessary for life.

As if that weren’t enough, in 1989 I had skin reactions all over my upper body. My head was particularly affected with weeping areas, severe hair loss, dandruff, combined with constant itching. I was hospitalized and treated with

"Being healthy and strong at an advanced age, having no problem getting out of bed in the morning, being awarded the German Sports Gold Medal every year with distinction, racing with the grandchildren, going to the gym and on long bicycle rides – this has all become possible."
cortisone ointments and tranquillizing medications for eight days, which led to some improvement. Back home, after the first night, I noticed a large, very itchy area on my forehead that looked like leprosy. My husband had to put ointment on me every day. I was unable to spontaneously leave the house, as this procedure took almost an hour. Because of my appearance and thin hair, I refused to have any photos taken.

**PATH TO HEALTH**

An acquaintance told me about an information lecture on the subject of "Help and Healing on the Spiritual Path through the Teaching of Bruno Gröning", which my husband and I attended in April 1990 in Münster. I felt a special calm in the lecture room during the entire lecture – I felt relaxed and at ease.

The following days at home we took in the Heilstrom* several times a day, because I had the strong desire to get well. After a week, the oozing spots on my head were gone – I hadn't thought about that at all anymore! Thin skin had grown back over it and it didn't itch any more. After about a month I was also free of the skin condition that had covered my body. I felt very good, had no more symptoms, and didn't need to apply extra creme anymore. My hair also regained volume.

After about three months I had the thought to also give up the gold therapy, fully convinced that what made the skin healthy would also help my joints.

I talked to my family doctor about it. He was horrified as he feared another flare-up of the rheumatism should the gold therapy be stopped. However, I persisted and promised to have a blood count check carried out in six months, which I did after nine months. Staying true to my resolution, I did not take any more medication. I remained free of symptoms. The result of the blood test was excellent, everything was fine, which surprised the doctor very much.

I am healthy and resilient. I get out of bed effortlessly in the morning. For ten years I had coached a women's handball team in which I also played. Every year I get the German Sports Badge and have successfully passed four tests, for which I received the gold medal! I also race with my grandchildren, go to the gym and take long bike rides with my husband.

**Medical Commentary**

The report describes the healing from severe rheumatoid arthritis of nine years duration. This is the most common rheumatic-inflammatory joint disease. Knee joints can also be affected. Stiff joints in the morning, as well as pain and swelling of the joints are typical. The disease has a chronic course and in the long run leads to the destruction and loss of function of the affected joints. Ms. K. was treated with cortisone medication and with gold therapy, which slows the course of the disease.

Prolonged skin disorder (dermatitis) with itching, flaking and hair loss is a side effect. The occurrence of this skin disorder during gold therapy is known and difficult to control.

However, within seven days of attending an Information Lecture, Ms. Kotzur's skin disorder healed completely. During a check-up nine months later, the doctor found that the joint complaints had completely disappeared. Ms. Kotzur's physical resilience and fitness is confirmed as her active participation in team sport (handball), other endurance sports, and the regularly awarded Sport Medals confirm. This report is unique when compared with the courses of longstanding rheumatoid arthritis described in medical literature. A complete remission with a restoration of physical resilience is not known in academic medicine. This report can therefore not be explained from a medical point of view. In summary, the case described is a more than an extraordinary remission of rheumatoid arthritis, which can also be described as a "medical miracle".

* See Explanations, page 16
Something Good for Every Day

"BACK TO NATURE" – PICTURES AND MUSIC FOR REFLECTION

Shimmering dew drops on flower petals, glittering rays of sunshine on sparkling water, a graceful play of color and light and beguiling natural wonders down to the smallest detail.

https://www.youtube.com/watch?v=LCu1OYyBy9I&t=637s

A NEW HEART – MUSIC FOR CONTEMPLATION

You shall revive, move up to the next level, look up towards the Creator, move towards to the Father within you – move towards God. See how the the spiritual sun bestows a new morning upon the world! ... Recording from an orchestra and choir weekend

https://www.youtube.com/watch?v=Oc-cyEyS07g&t=335s

BRUNO GRÖNING – AMONG US THERE IS ONE WHOM NO ONE KNOWS

School director, historian and passionate metaphysical scientist, Josef Hohmann met Bruno Gröning in May 1955. His interest in the Gröning phenomenon was primarily of a scientific nature. Through personally experiencing him he not only convinced himself of Gröning’s successes but also of his integrity. At the end of 1956 he wrote a treatise in order to give Gröning’s work a clear, sound basis.

Item No.: 30028_DE

Thomas Eich
BRUNO GRÖNING – I ONLY WANT HELP AND HEAL

This book describes the life of Bruno Gröning: his Work and activity, his struggles. Each stage of his life is described in simple words, so that children too may be given a beautiful insight into the life of a man who only wanted one thing: to help and heal.

Item No.: 30024_DE
"There is much that cannot be explained but nothing that cannot happen."

"THE WORK OF BRUNO GRÖNING – PART 1: THE BEGINNINGS OF AN EXCEPTIONAL PHENOMENON"
"The Miracle Healings of Bruno Gröning" was the name of the first book about Bruno Gröning, published in 1949. The booklet "The Miracle of Herford" was also published in 1949, and an article in the Münchner Allgemeine, a German newspaper, titled "Gröning Heals Our Reporter", appeared on September 4, 1949. In 1949, the miracle stories about Bruno Gröning didn't stop. Incredible healings were reported wherever he appeared. In this series of articles, we dedicate ourselves to the work of Bruno Gröning and to what people experienced through him; contemporary witnesses, journalists and authors have their say and describe what happened around this little man from Gdansk.

After Bruno Gröning became known in Herford in 1949, the public soon wanted to know where he got his power and his abilities from. There was a lot of speculation and responses were very varied, sometimes dubious. A reporter, for example, came across an astrologer near Dillenburg where Gröning had lived as a displaced person after the war, who was supposed to have drawn up a horoscope for him. Then, according to the reporter, Gröning called the astrologer 'master' and started healing. But this is just an entertaining anecdote, not an explanation to be taken seriously.

BRUNO GRÖNING VISITS MUNICH
The well-known publisher Helmut Kindler (Kindler-Verlag, publisher of the magazines 'Revue' and 'Bravo') had a more serious answer. Although he had no explanation for where Gröning's healing powers came from, he considered him to be a deeply religious person and attributed his healing effects to this religiosity. Kindler had met Gröning in the summer of 1949 while reporting for his magazine 'Revue' and invited him to his house in Munich-Harlaching. But even before Gröning had arrived, the sick had gathered around the house and the crowd steadily grew. When Gröning came, the Kindlers let a larger group of people seeking healing into the garden and went with Gröning into the house.

At the end of the visit, Gröning also went into the garden, explained to those waiting that he was not allowed to heal and asked them to be patient until he could get permission from the authorities. Although Gröning did nothing and only spoke briefly to the people, unbelievable scenes occurred. Kindler reported, "And lo and behold, one of the people who had been lying on a stretcher got up and said, 'I'm well, I'm well.' And out of the wheelchairs – well, people often sit in wheelchairs, who are only temporarily ... [that is] who only have trouble walking – in any case, some of the people in wheelchairs stood up as well, and it was deeply stirring to see."

THE DIVINE POWER
Bruno Gröning had many names for the power behind his healing successes. He referred to it as "healing current", "healing wave", "cosmic energy" or "divine power" and never tired of explaining that God alone was the origin of this power. He only gave himself the role of a mediator, a transformer. He liked to refer to himself as a "switchboard operator", who does nothing other than enable the connection. These powers flowed to him from an early age on and he radiated them automatically. In his autobiographical notes he described how he had become aware of this: "During my childhood and adolescence, which I spent at home with my parents, I noticed more and more that strange abilities – emanating from me – had a calming or healing influence on people and animals. Even when I was a toddler, sick people were freed from their ailments in my presence."

Elsewhere he stated, "Even in my earliest youth, people noticed that they felt something special when I was there. People told me that, too. They explained that through my presence alone, their bodies would feel good and that they would sense something very specific that had brought them improvement."
THE EFFECT ON ANIMALS
"He especially loved animals, to which he had already paid special attention in early childhood," wrote Georg Gröning about the childhood of his wondrous brother. One story was often told in the family: a neighbor's chicken became seriously lame and was already intended for the saucepan, when Bruno picked it up, stroked it and then threw it back into the garden. There it was no longer lame.
The magazine 'Revue' brought another example in an article: "Once a man watched him walking, lost in thought, behind a dog that was partially lame. He played with the animal, he stroked it. This happened over several days, and finally the dog was no longer lame. Many animals followed him. If they had been lying there sick, they got up and ran with him into the forest."

In his book "The Great Turn Around" Dr. Kurt Trampler wrote, "The two-year-old is already beginning to sense that sick animals seek to be near him, so that, for example, a tired old dog is strangely animated by being petted by him. Soon the sick also notice that their condition improves when this child comes into their room. Those suffering are receptive to the strange, reserved manner of the serious boy."

"YOU ARE NO LONGER SICK"
Bruno Gröning went on to write about becoming aware of his powers and abilities: "From then on – my body was a good two and a half years old – I was drawn to people who were overwhelmed by evil. Evil had undermined their bodies; people call this 'illness'. Again, a thought came to me as I was standing in front of a sick human body: the disease disappeared from the bodies of some animals when I quietly said to myself, 'Dear little animal, you will soon have a healthy body again.' And so it happened. It's the same for people. When this thought had become firmly anchored in me, the human body became free from all ailments. So I was constantly being drawn to the sick, because in all the apartments where I suddenly appeared there were sick people to whom I kept saying, 'You are no longer sick.' Or, when some of them said, 'He will die', I briefly said, 'No, he is far from dying, he will get well!' I was with each sick person only for a short period of time, approaching the sick person and saying the aforementioned briefly and quietly, and then disappearing in a flash every time."
Little Bruno's wondrous abilities were known in the family and were often put to use. When a family member had a toothache or other pain it was common to turn to Bruno, and in a short time the pain had disappeared. His father wrote in an affidavit in 1949, "I myself had a severe ailment and the doctors had already given up on me. A brief treatment by my son Bruno was enough to make me completely healthy again."

DRAWN TO THE SUFFERING
In an interview with the magazine 'Das Neue Blatt', Bruno Gröning talked about his childhood: "Strangely, even then I was always drawn to illness and to suffering people. It was a strange pull that brought me to them. Oddly enough, these sick people felt better when they were in my presence. And more than once I would hear them say, 'Stay here, my boy, you help me forget my pain.' It was then that I began to be bold with friends and doctors: 'He will be well again! But the other one won't make it!' People shook their heads and asked me how I came to this notion. But I couldn't answer that. I just felt it. And it was this feeling that drove me again and again to the wounded in the Gdansk hospitals during the First World War. I was soon a well-known guest."
An eyewitness described how the visits to the 'Lazareths' [military hospitals] had started for little Bruno: "It was during the First World War. His mother took him to a Lazareth to see a soldier. And as she was talking to the man, they heard whimpering and screaming from a corner. Well, it was very, very unsettling. Then little Bruno went to him and sat down by the bed of this soldier who, I believe, had not yet been operated on. Well, he really screamed and whimpered. And then he left. Bruno simply sits down on the uncle's bed and takes his hand. And then a pain came through his body and he said, 'Mama, Mama, ouch, ouch, ouch.' He had been able to do that back then already."