"He who lets himself go, declines!"
Bruno Gröning
FROM THE EDITOR

Dear Reader,

Every year since 1988, the Bruno Gröning Circle of Friends has compiled a ‘Success Reports Volume’ for the Friends. Every volume contains about 80 to 90 medically verified reports of diverse healings and ‘helps’ and usually comprises about 140 A4-pages. Over the years, this amounts to an estimated 3,000 or more Success Reports on over 4,500 pages!

These are figures that are difficult to dismiss as spontaneous remissions or imaginary healings and helps. Normally the most sceptical physician would have to become receptive here and be willing to seriously examine possibilities of such healings in the interest of his or her patients. In the brochure "Future Innovations – Creating Progress" by the VFA (Association of Research-Based Pharmaceutical Companies) it states, on page 5, "As yet there are effective therapies only for a third of all diseases known today." Conversely, this means that to date there is no effective therapy for about 20,000 of the 30,000 known illnesses! What an alarming number! Considering this, shouldn't every physician be constantly searching for additional ways of healing for his or her patients? Shouldn't patients expect this of their physicians?

Dr. Gerhard Blättner, long-standing leader of the Medical-Scientific Group in the Circle of Friends, became aware of Bruno Gröning at the beginning of the 1990s through his patients, patients whom he had been treating without success for years and who were now standing in front of him healthy. He could confirm their state of health, but was not able to understand how it had become possible. It niggled at him and he felt he had to investigate. His conclusion: "When, after examining the reported healings, I saw that even severe chronic ailments had simply disappeared, I knew that I could not, and am not, allowed to be silent about what is happening here." Shouldn't every physician who desires the wellbeing of his or her patients be prepared to investigate? This would at least be desirable. The success reports are available.

"I ask you to check exactly to what extent the one or other person got well, and then I ask you to send me a report, a report with a medical certificate."

Bruno Gröning

Thomas Eich

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IMPRESSUM
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COVER PHOTO
Nature photos taken by Bruno Gröning Friends appear on every title page.
The photo was taken by Katja Russ.
Internationality in the Bruno Gröning Circle of Friends

What began with Bruno Gröning in the 1950’s has now developed into a worldwide Circle of Friends that is active in over 130 countries and is one of the largest associations for healing on the spiritual path.

In the Medical-Scientific Group, doctors and other healthcare professionals examine and document the success reports. In addition to being healed of psychological and organic ailments, many Bruno Gröning Friends also report about having been healed of addiction or having received help in various life crises.

Here are some short quotes:
"Today I am totally free of burdens."
"It is a completely different life when illnesses that had become the norm over decades simply disappeared."
"Through the Teaching of Bruno Gröning I have regained my zest for life."
"I feel better than I have ever felt before." (T. Eich)
Conferences in the Circle of Friends

AUSTRIA – GDANSK – ROSENHEIM

Aside from the Community Hours, which had been initiated by Bruno Gröning, the Bruno Gröning Friends worldwide also meet at conferences. Depending on the region, several dozen to 1,000 Friends gather to share experiences with the Teaching and to do Einstellen together to absorb the divine power which Bruno Gröning called Heilstrom.

Despite world events, in many countries physical gatherings have again been possible for the Bruno Gröning Friends for several months. Many Friends are very happy about this: "There is nothing like a personal encounter with the opportunity of looking into each other's eyes."

This reflects in a special way what a young Friend expressed, "I have never felt such kindness, friendliness and togetherness in my life."

THE AUSTRIAN AUTUMN CONFERENCE

The Austrian Autumn Conference took place on September 11 and 12, 2021, in Bad Vöslau in Lower Austria near Vienna. About 350 Bruno Gröning Friends attended. Among them were not only Austrians, but also Friends from the Netherlands, Germany, Bulgaria, the Czech Republic, Slovenia, Slovakia, Montenegro and Turkey. Thanks to technical capabilities, Friends from all over the world were again able to participate in the conference via the internet using their computers or smartphones and thereby feel the special power at home.

Mr. and Mrs. Winder, Austria Country Leaders, welcomed the Friends. Mrs. Winder explained that, due to the great desire for a physical meeting, the date had been brought forward by a week. This was very fortunate, because a week later a physical meeting would no longer have been possible.

Mr. and Mrs. Häusler also enjoyed coming to this conference. Dieter Häusler, Leader of the Bruno Gröning Circle of Friends, said, "The time has now come to apply the Teaching of Bruno Gröning. Everyone has the free will to decide what they want to resonate with." Birgit Häusler mentioned that Bruno Gröning recommended living in the present as much as possible. The present is always the best moment, also, to do good.

The experiences related by some of the Friends made a great impression on everyone. Mr. Winder vividly described his daughter's search for an apartment. Many people had shown an interest in a particular rental property. After doing Einstellen*, Mr. Winder followed the thoughts he received and a few days later they were able to sign the rental contract.

Two regional leaders from Austria also spoke about the insights and experiences gained through the Teaching of Bruno Gröning. One participant pointed
out that a wart on her foot had disappeared only after she had managed to really believe that everything would be fine.

Bruno Gröning left behind the knowledge about the absorption of a natural healing power that can help every human being to achieve lasting health. Today, as during Bruno Gröning’s time on earth, healings are happening worldwide, even from chronic illnesses, and also from addictions that have existed for decades. The reports presented on Sunday were a wonderful testimony to this.

Ms. S. spoke about knee problems that had persisted despite an implanted knee prosthesis. After having regularly taken in the Heilstrom*, she is now able to ski again. Ms. M. received a healing from a fear of heights that had existed for 30 years (see her report on page 14). A Bulgarian Friend deeply moved everyone with a violin piece he had composed himself.

THE GDANSK AUTUMN CONFERENCE

On September 18th and 19th, 2021, numerous Bruno Gröning Friends traveled to the port city on the Baltic Sea and were looking forward to seeing each other again after more than a year. Dieter Häusler and Maria Brune, the Country Leader of Poland, led this Conference. Despite the rain, the Bruno Gröning Friends gathered on Saturday at 9 am at the spot in the Oliva district where the house in which Bruno Gröning was born had once stood, in order to do Einstellen together in the nearby forest. The Conference venue was a room within the Sport University in the same district. Here, at 2 pm, Dieter Häusler welcomed the more than 200 attendees from Poland, Germany, Austria and even the USA. Technology and simultaneous translation enabled numerous Friends from all over the world to connect with the special power of this Conference via computer or smartphone.

Among other things, Mr. Häusler reported on the growth of the publicity work, showing the development from the beginning in the 1990s, with an article from the magazine "Das Neue Blatt", the posters he painted himself, and the distribution of flyers, to the present day, where, on social media, those seeking help find extensive information about help and healing on the spiritual path through the Teaching of Bruno Gröning.

Also memorable were the reports from the adults and the young people at the Conference who shared their positive experiences with local Friends. The accounts of the Friends who have become healthy and happy again by putting the Teaching of Bruno Gröning into practice are impressive and encouraging.

A member of the Medical-Scientific Group (MWF) of the Bruno Gröning Circle of Friends commented...
on the Success Reports: liberation from decades of haste, from years of alcohol addiction and healing from back pain that had been present since childhood.

THE ROSENHEIM AUTUMN CONFERENCE

On October 9 and 10, 2021, in Wasserburg, Dieter Häusler welcomed more than 200 Bruno Gröning Friends and thousands of others from all over the world who took part online. Mr. Häusler emphasized the importance of applying the Teaching of Bruno Gröning, especially during this special world situation. During the course of the conference, he asked about the meaning of life and talked about a statement his mother, Grete Häusler (1922–2007), the founder of the Circle of Friends, had made: Everyone has a purpose in life which can vary depending on the stage in life they are in. However, it is important to always do everything with love and to maintain a balance. Birgit Häusler emphasized how valuable and beneficial it is to meet up and take the good in through one’s heart.

"Even in seemingly hopeless situations, all the good is possible, and we are making a lot more decisions about this than we realise," she said. The three regional leaders from Bavaria and young Friends gave inspiring talks about their experiences with the Teaching and absorbing the Heilstrom on a daily basis. Very impressive for all conference participants were the reports of the Bruno Gröning Friends from the Czech Republic where, after the YouTube broadcast "Duše K" on January 5, 2020, the Circle of Friends has grown many times over. The reports of those who have experienced healing, including healing of dental phobia, allergic asthma and inflammatory arthrosis of the hands, were a definite highlight. Also very moving was the report about a 15-year-old girl, who had been a very messy child and has now become a very order-loving teenager.

The musical contributions of the Friends brought special moments of stillness at all the conferences. A Friend described the conference as a valuable and powerful experience, especially joining with the others in connecting with the divine power, the Heilstrom, in doing Einstellen*.

* See Explanations, page 11
The extraordinary healings that happened through Bruno Gröning (1906-1959) opened up a new era of spiritual healing. Bruno Gröning left us the knowledge that we can absorb a natural healing power which can help every person achieve lasting health. Today, as back then, healings, even from chronic ailments which had been present for decades, including addictions which had been present for decades, including addictions, are happening worldwide.

This is evidenced by a multitude of Success Reports which are carefully checked and verified by physicians of the Medical-Scientific Group (MWF) of the Bruno Gröning Circle of Friends, and are documented using the medical findings of independent doctors. In this way thousands of helps and healings have been put into writing and archived since the end of the 1980s.

Schooling is provided on how to write down the reports of help and healing on the spiritual path to ensure that the success reports are properly documented. This has led to establishing an international network within the Circle of Friends to record the healings.

Annette Gassner has been closely involved with the success report work for more than 20 years. Since January 2020, she has been responsible for this task worldwide. Each of the many healings is recorded along the lines of a clinical case history. A report is written if seems reasonable from a medical perspective and then reviewed by doctors of the MWF. Doctors of the MWF request any available medical pre-findings and sometimes ask the healed person to have a follow-up examination by an independent medical colleague. These documents are appended to the success report, which is then supplemented by a medical commentary.

Aside from healing reports of human beings, healings of animals are likewise documented and these reports are checked and verified by the veterinary group of the MWF. There are even highly impressive reports about healings of severe chronic illnesses in animals which were not to be expected according to a veterinary science viewpoint. Reports about help in the area of raising and educating children, help with financial matters, inexplicable positive changes in plants through the effect of the healing energy are collected and examined by the respective experts. That healings are recorded in writing and collected in the form of Success Reports was of central concern for Bruno Gröning during his lifetime.
His friends often heard him say: "I don’t want money, but a written report – as proof. With every piece of writing you contribute to it, on the one hand because I see my reward in that, and on the other, because with that many, many people can be helped more and more easily. It can be seen as a building block for this great Divine Work of this earth, needed to complete this construction one day, so that all people can be admitted into this construction, so that all people on earth can then receive help and healing."

In the documentary film, "The Phenomenon Bruno Gröning", eyewitnesses also reported on healings that they had experienced or observed themselves. In the documentary, "The Phenomenon of Healing", viewers discover how much help and healing on the spiritual path is possible today, irrespective of religion, race or culture. A number of videos of success reports have been uploaded on the Circle of Friends YouTube channel.

Journal (J): Ms. Gassner, how did you find out about the Bruno Gröning Circle of Friends?

A. Gassner (AG): I found out about the Circle of Friends from my mother and my sister in 1997. My sister knew about my poor health. For 15 years I had had severe back problems, which even after a disc operation in 1989 and numerous therapies had not improved. Sciatic pain along with neck pain which extended down my right arm were also burdensome. My everyday life was often torture. In May 1997, after having carefully checked out the Teaching of Bruno Gröning, my sister recommended the book "Revolution in Medicine", written by a doctor. After reading this book, to my great amazement, I experienced my first healing; the severe pain in my neck suddenly and completely disappeared.

This experience and others aroused my interest, and in September 1997, in Vienna, I was introduced to Bruno Gröning’s Teaching. A few months later I found out about the success report work. The process of healing fascinated me from the start and I enjoy it to this day. After I had regularly absorbed the Heilstrom* and put Bruno Gröning’s Teaching into practice in my life to the best of my ability, it still took about two years until the back pain had completely gone. Since then, I can again do all my work with ease. I really enjoy hiking. Even lifting and carrying heavy things is no longer a problem.

J: How did the success report work in Austria begin?

AG: Before my time in the South and West of Austria, there were only a few Success Report Leaders and few doctors. I remember how many new Communities* emerged after the first major Information Lecture in Vienna in 2001. At that time, I was asked to school the new helpers in this area. The first success report working circle was in Vienna. After having previously sent the reports to Germany for medical review, doctors from Austria gradually took over this task.

Growing up in a family in Switzerland where social issues played a major role, I always felt a great need to help others. I had heard a lot about Albert Schweitzer’s work in Africa. This was a childhood dream that I could realize in the success report work. At my job working in medical practices, I experienced the suffering of the people at first hand, as well as the, at times, limited possibility of the doctors to help.

Even if I wasn’t able to talk about Bruno Gröning and his Teaching in my everyday work environment, I often had the opportunity to encourage people and pass on the essence of his Teaching. For example, I asked a woman who was complaining about ‘her’ pain if it was really hers. She was very relieved and understood that this pain did not belong to her, she didn’t own it.

Over time, my success report mentoring expanded from Austria to the Czech Republic, to the whole of World Region 4. (The Circle of Friends is organizationally divided into seven world regions. World Region 4 encompasses the South-eastern Europe including Turkey and Cyprus.) These days I mentor the success report work worldwide. Each world region has its own success report leader. The close collaboration with the MWF doctors and the publicity team is bearing good fruit.

J: How do you see your role as leader of Success Report Work worldwide?

AG: I see my task as one of a family member who guides and lovingly supports the others.

* See Explanations on page 11
Scientists Have Their Say
DR. MICHAEL BACHMANN – SCIENCE AND WORLD VIEW

During his lifetime, Bruno Gröning conveyed in simple words a profound knowledge of spiritual laws and was often met with criticism and incomprehension in a time of flourishing materialism and rationalism. From today's point of view, it is more and more apparent that he was in many ways a pioneer and ahead of his time.

FROM PURELY SCIENTIFIC THINKING TO PERSONAL EXPERIENCE

After graduating from high school, I studied geology and palaeontology and then successfully completed my Doctorate in Soil Mechanics in Engineering Science. After five years of research, I left the university. I have now been working in engineering and geoscientific jobs for more than two decades. Both in my school days and during my subsequent studies, I was taught a purely scientific way of thinking, which was, essentially, based on the foundations of classical physics. In particular, the study of geology and paleontology was deeply rooted in the mechanistic worldview of the Enlightenment. It was certainly one of the most conservative branches of science, closely related to Newtonian mechanics and Darwinism. The history of our world fascinated me. Physics, chemistry and biology made the process of the formation of the earth, the continents, our landscape and all of life transparent. For many years I was carried away by this fascination until I came to the point where all this no longer satisfied me; perhaps because I felt that these subjects were not really bringing me forward as a human being.

At that time, I was working part-time on the topic of healing springs. I asked myself what the healing effect – that so many people had sworn by – actually consisted of. If one looks at the chemistry of medicinal waters, they often do not differ from ordinary mineral waters. So what makes them healing springs? Is it the belief in the effect? Do those seeking healing talk themselves into the beneficial effect themselves? I took water samples from various medicinal springs, experimented with them and experienced something amazing: if you put a glass of medicinal water right next to one containing ordinary tap water, the taste of the water was immediately transferred to the tap water.

I wrestled with this astonishing contradiction: there was obviously a far-reaching effect here that was not compatible with my scientific worldview. On the one hand I had my personal experience, which I couldn't deny, and on the other, my knowledge. The fact that I perceived something that, according to my scientific understanding, could not be, affected me emotionally and initiated a lasting process of change in me.

THINKING OUTSIDE THE BOX

As a result, I began to think outside of the box and one day I sat with my wife in a screening of the documentary film “The Phenomenon Bruno Gröning”. I was deeply moved by the eyewitness reports in which a large number of the experiences and healings they described contradicted the mechanical world view. I continued to study this phenomenon and learned that irreparable organic damage that had existed for many years disappeared in a matter of seconds by following Bruno Gröning’s Teaching. From a scientific point of view, organic matter cannot change from broken to healthy all at once, and yet this is a reality that was, and is being documented by doctors over and over again.

But what does that mean? Actually, just one of these healings is enough to show that the mechanical world view is at the very least incomplete. In a reference system that understands nature as perfect clockwork, there can be no exceptions of this kind.

SCIENCE AND WORLD VIEW

Now I began to study the science of the 20th century, and had to realize that a purely mechanical worldview had been outdated for a good 100 years. The world does not consist of things, of building blocks that mechanically...
interlock. Matter does not consist of material or substance. The supposed building blocks (atoms, electrons, quarks, etc.) turn out to be pure (locally bound) energy in different forms. Everything living and seemingly non-living consists ultimately of energies that are in interaction with each other.

Of central importance for me was the discovery of quantum mechanics that the result of an experiment, at least in the microcosm, can depend on who is conducting it. Obviously, reality apparently only emerges in the course of observation. So perhaps the world does not consist of things or objects that exist independently of consciousness but is connected on an elementary level with consciousness, that is, the mental level of man. The words of Bruno Gröning, "Spirit rules matter" aren't just an assertion for me, but a concrete connection to these discoveries. Effects over a distance, as are being documented in connection to Bruno Gröning, have become more tangible for me through this knowledge.

I began to examine my worldview and found that the foundations of science are based solely on previously unprovable assumptions, for example, Newton's axioms. They form today's frame of reference in which everything seems to move. Without a doubt, the advances in technology show that these assumptions are well founded, but they remain a convention, meaning that they have been agreed upon, since they correspond to experience. However, a science based on assumptions can never claim to be complete. Within their frame of reference, a self-contained and verifiable system is created. But what about things that lie outside of this system? The above distant effects and spontaneous healings are part of this, for example, as well as near-death experiences. All of these phenomena cannot be proven in the conventional, science-based sense, but they are perceived by people. Through my perception, I had an experience with water, just like a person who has spontaneously recovered from a medically incurable illness. Why should one deny what one has directly experienced, one's own experience, in favor of a world view that is itself based purely on assumptions? Do I trust the personally experienced fact, that is, myself, less than a convention?

CONVINCING ONESELF MEANS CHECKING
Bruno Gröning exhorted people: "Please, please do not be gullible! Today, as always, I say: you do not need to believe what I say! I am not asking you to. One duty which you have is to convince yourself!"

This is exactly what I should have done more of in the past. But it is only one's own examination that can lead to genuine conviction. This means I have to be a witness myself. Checking something always means being active, because without being active, one cannot gain experience and therefore not be convinced. Bruno Gröning spoke of a power that is available everywhere, that everyone can absorb and that can lead to help and healing. From a mechanical world view, there is no scientific basis for the existence of energy in this form. In my previous understanding of the world, I would have examined the facts theoretically and checked them off as not possible in the mirror of conventional doctrines. However, with the above knowledge and my experiences, this form of evaluation is no longer sufficient. I, the subject of knowledge, am, as it were, forced to examine myself,
HEILSTROM: Bruno Gröning used this term to describe the spiritual energy which brings about healing. He also synonymously used the terms "healing wave" and "divine power".

EINSTELLEN: One "tunes" in to receive the Heilstrom, to absorb it into oneself.

REGELUNG: Absorption of the Heilstrom can initiate a cleansing process in the body, which can also be painful or uncomfortable. The ailment is cleansed out of the body. Bruno Gröning called this Regelung.

EXPLANATIONS

Bruno Gröning called this Regelung. The ailment is cleansed out of the body. The absorption of the Heilstrom can initiate a cleansing process in the body, which can also be painful or uncomfortable. I accept the phenomenon as it is and it is good for me.

THE HEALINGS AND THE QUESTION ABOUT GOD

If one asks oneself the question of how healing can take place on the spiritual path, one cannot avoid the question of God, since almost all healing is connected to the person concerned turning to God. Bruno Gröning spoke of the divine healing current, the divine power. He said, "But you must receive [the Heilstrom], you must listen to God and you must also receive His transmission, which He has intended for us, for every human being, for every living being, like the ant does, like every plant does, like any animal does. Only human beings don't have time for it."

The question of God does not play a significant role in the lives of many people today. Perhaps this is the result of the centuries-long struggle of Christian churches against the mechanical worldview of the Enlightenment. Again and again they tried to prove that God is a spiritual authority using objectification; a ludicrous mission from today's perspective. It would be as if I were looking for a Beethoven score in the components of the piano on which it is being played.

From my involvement with the phenomenon of Bruno Gröning, I became aware that it is up to each individual to ask themselves the question about God. Here, each person asks as a human being. A spiritual authority is not revealed through studies of literature nor through rational thought structures that exclude human perception — and thus also his spiritual level — from the processes of cognition. It is like the phenomenon of the Heilstrom. The ability to experience it depends on whether I am fundamentally willing to have my own experiences. This inevitably requires action on my part. Science cannot do this for the individual. But it can at least free us from outdated worldviews that hinder these steps. I myself agree with the words of the Swiss physicist and galaxy researcher, Bruno Binggeli, who comments on the role of science: "Science does not prove the existence of God. That's why it cannot enter a discipline that only takes place in a self-determined area in space and time, that is purely abstract. But in the mirror of its cosmological and quantum-mechanical discoveries, it gives space again to God and mysticism. It takes metaphysics out of the realm of the 'crazy' or philosophical games, anything that is not to be taken seriously, and puts it back into a serious frame of reference. It is interesting that, through its methodology, it proves itself and the foundations of its world-view to be flawed."


Bruno Gröning also commented on the role of science: "There are numerous physicians and other scientists today who, like me, have come to the realization that there are energies that were known in the past, which became unknown and now must be acknowledged again, bit by bit, simply because they are there."

The latter exactly represents the essential aspect for me. These phenomena are simply there. They are reality. So for me, the question is not so much whether they can be explained, but only, how do I deal with them? Of course, one can overlook or ignore these phenomena, and yet they remain a simple fact. I myself have decided to deal with the phenomenon of Bruno Gröning, because the results of doing so are so essential for my own life that ignoring these is almost out of the question. And thus, I also make room for the question of God again and give myself the opportunity to rediscover spirituality.

* See Explanations, below

SUCCESS REPORT: Each healing is recorded, medically verified and, when possible, documented with the findings of initial and follow-up examinations. Cases of other kinds of helps and successes are also documented.

MWF: The Medical Scientific Group is an association of people within the Bruno Gröning Circle of Friends, who are from the medical and other health care professions.

COMMUNITY: Local groups of Bruno Gröning Friends are called 'Communities.' 'Community Hours' are held where Bruno Gröning’s Teaching is explained, healings are reported and the Friends do Einstellen together to absorb the Heilstrom.

CURRENT & NOTEWORTHY
"More happens than you can imagine."

Bruno Gröning

WHAT IS AN IDEAL UPBRINGING?

Education – this has been a challenge throughout the ages. Education to what end? Today it is not uncommon to ask: why still educate at all? The child, it is claimed, already knows what he or she needs. Give the child free rein is the advice. Those who find these recommendations of today’s anti-education rhetoric alien, who take the educational task seriously, is inevitably faced with the question of what they consider essential and worth striving for in life. If they do not want to simply abandon the child entrusted to them to the current zeitgeist, they cannot avoid asking the question about the meaning of life and the norms which have influenced them.

Clarity is needed for the task of education, especially in our world of pluralism and globalism. Many people feel unsettled and overwhelmed by the question: what is right in education? Much of the educational advice to be found in bookstores and on the internet also deals with the helplessness and uncertainty prevalent in this area. Who doesn’t want the best for their child, so that they are well-prepared to face the challenges of life? In fact, left completely on our own and without deeper connection, we as individuals can be overwhelmed with the task of distinguishing educational concepts that are really beneficial from those that are more questionable. How are we supposed to know what to focus on in a time when everything seems relative and conditional? There is much discussion about love and strictness.

What is too much, what is too little? Too much strictness can become harshness and, in the end, reaps only rebellion. An over-abundance of love that approves of and allows everything, produces spoiled children who easily become tyrants. Children who never experience resistance do not develop strength. They are at risk of failure when they encounter resistance later on and have not learned to cope with it. Where is the wise middle ground? Where does strictness find the right measure as an expression of nurturing love?

IMMEDIATE SUCCESS

Bruno Gröning’s Teaching offers valuable help here, although, basically, he did not say much at all on this subject. However, what he gives us for our own path provides direction for all the questions of life. It also gives direction for educators wanting to do their job justice. Anyone who follows Bruno Gröning’s request to trustingly let go of all doubts and difficulties – yes, to give them to him, as a “little servant of God”, as our friend, and to do Einstellen and ask for the help of our Lord God – can then be filled with God’s power and be guided by His wisdom. The right thoughts and impulses as to how things are to be solved will, as Bruno Gröning says, become heard at the right time as an inner voice or a feeling for what is right. This also applies to educational matters. Empty words? As a teacher entrusted with the double task of education and upbringing in different school systems, I have experienced again and again how applying Bruno Gröning’s simple Teaching helps. The help however, is sometimes quite different than I expected, despite decades of professional experience. For example, this is what I experienced with a student who had massively disrupted classes: after doing Einstellen, asking what I should do, I received the clear impulse to entrust him with a task that everyone liked – this was completely contrary to my experience. It was to allow him
(of all students!) a privilege in this situation. Although it ran counter to all conventional educational theory, this preferential treatment was immediately successful. Not only did the boy's behavior surprisingly change for the better, but his conduct improved on the whole and continued this way over time.

KNOWING WHAT TO DO
"He who follows has success," said Bruno Gröning. I have received help over and over again by following his Teaching in professional matters by doing Einstellen and asking for help and insight about what to do. When I did Einstellen at home for problematic students, I often experienced impressive help, both of a spiritual and physical nature. For example, I witnessed the healing of a student from severe asthma, as well as positive changes in a student's family environment. After having done Einstellen for a few weeks, peace returned to the student's family, to which even the police had already been called because of the violent father. And then, for no apparent reason, the father suddenly stopped his abusive behaviour; my student recovered from related stomach problems and stopped stuttering and his mother could hardly believe the inexplicable change in the family. Although I had experienced healing from a 30-year-long physical burden by absorbing the divine healing power, it was at first incomprehensible to me that my plea for order and healing from above could lead to such unexpected healing and help in my environment. As an educator, I now had something at hand that I could apply in a very concrete way for the benefit of the students entrusted to me and even for their social environment.

WHAT THE POWER OF GOD CAN ALSO DO IN EDUCATION
The Teaching of Bruno Gröning has brought clarity to my life and to my convictions. It also enabled me to resist the anti-educational trend that had been spreading over the years, helping me to fulfill my educational tasks. Ultimately, this necessitates guiding the children on the path to the good. That involves very practical and concrete support and setting an example to the best of one's ability. It also means taking life seriously: Bruno Gröning spoke of the "rules of life" that we should know and observe in order to lead a happy and fulfilled life.

"I still say: Love your neighbor more than yourself! We humans must never forget that we are children of God, we have to help wherever we can help!"
Bruno Gröning

Applying Bruno Gröning’s simple Teaching would have made many theories and practices regarding children's upbringing and education superfluous. In the forty years of my professional activity, I have witnessed a number of these pedagogical concepts fail, sometimes even with harmful effects. The increasing number of neglected, addicted or rebellious adolescents and desperate educators gives a clear message. Many patents solutions end in failure and seemingly successful steps into the future end in a catastrophe. Anti-educational concepts also often end sadly for the adolescents.

Let us protect children from this by allowing ourselves to be led by the good in guiding them. The "Success Reports and Help in the Area of Education" prove how helpful and beneficial this continues to be. These success reports reach the "Working Circle on Education" in the Bruno Gröning Circle of Friends by the hundreds from all over the world and show how applying Bruno Gröning's Teaching has turned even hopeless pedagogic conflicts with young people to the good. Disoriented, desperate and exhausted parents and teachers are reporting how they can see clearly again and, in doing Einstellen, feel love, joy and energy for their educational task. Fear of school, drug addictions, aggression, restlessness, unreliability, even performance anxiety and social media addiction suddenly simply disappear despite all educational efforts and professional interventions having failed. Attachment disorders are suddenly eliminated and family relationships that have been shattered for generations take a turn for the better after the Heilstrom* has been absorbed for the students and their situations. Then it is no longer possible to ignore what the power of God can bring about in education. The specialist group of Friends who have a background in teaching and educating now includes Friends in almost forty countries around the world, and they ensure that these success reports in the area of education are made known. "It cannot be stopped. Healing shall take place in the whole world!"

These words from Bruno Gröning also apply to the educational field and is certainly one of the reasons why the Bruno Gröning Circle of Friends is growing worldwide.

* See Explanations, page 11
Healing from Fear of Heights
ANDREA MATLSCHWEIGER (58)

"I am now able to fully enjoy nature, and am thankful for my wonderful life."

I can still clearly remember an experience in 1986 when I was 23 years old. My then husband and I were visiting a friend who lived on the 24th floor of a skyscraper. As we went out onto the balcony to admire the view, I suddenly felt dizzy and couldn't move due to fear. That's how it all started. If I climbed onto the second rung of a ladder while washing windows, I would get frightened. I'd feel dizzy and have to get back down immediately. I could never look down when walking over a bridge. The slightest slope at the edge of a path was reason enough for me to walk on the inside, away from the edge. Just the thought of having to drive a car on a mountain road made me break out in a sweat.

INFORMATION LECTURE
At the doctor's office I found an invitation to an Information Lecture on October 22, 1998, on the subject of "Help and healing on the spiritual path through the Teaching of Bruno Gröning", which I attended. On October 30th I was Introduced to the Teaching. Since then, I do Einstellen twice a day to receive the Heilstrom* and attend the Community Hours regularly. I have never done Einstellen for healing from my fear of heights, but have always asked for perfect health. For many years nothing changed. In 2017 I met my current partner at the Spring Conference of the Bruno Gröning Circle of Friends in Bad Vöslau, Austria. We both enjoy nature on outings and short hikes. However, when we walked over bridges or along small slopes, I reached my psychological limits.

A HEARTFELT WISH
In autumn 2018 we went on a hiking holiday in Madeira for a week. Because we couldn't go on a planned tour one day due to strong wind and rain, the tour guide offered us a trip to various sights as a substitute. The last stop was one of the highest cliffs in Europe, Cabo Girão, "Cape of Repentance", with a height of 580 meters. On top of this cliff there is a glass platform that offers a magnificent view. Most of our group immediately climbed onto this glass plate. I wanted to, too, but didn't dare and stayed a little to the side on safe ground. With all my heart I asked dear God and Bruno Gröning for help. Suddenly I moved slowly, at first only on tiptoe, towards this glass plate and suddenly I was standing on it with both feet. A short time later I was holding on to the edge of the railing; and looking down, I saw how steep it was and how high up the platform was. At that moment I became aware of having been healed from the fear of heights and I was overjoyed!

Since then, my partner and I have hiked along steep slopes and stood on high viewing platforms many times – I was always enthusiastic about the view. I no longer fear climbing a ladder or walking over a bridge, even if it moves. When I received a hot air balloon ride as a gift, I was thrilled by the fascinating world below me as I bent over the edge of the basket. My big wish was to go to the "Friedenskircherl" [translation: Little Peace-Chapel] in Filzmoos. It is located on the wall of a cliff on the Stoderzinken at an altitude of 1898 meters. During a hike through the snow in winter 2020, I easily managed the narrow path there. I have been given the gift of freedom. I can now enjoy nature to the fullest and am grateful for my beautiful life.

Medical commentary:
The typical symptoms of a pronounced fear of heights are well described here. Usually this fear persists in varying degrees. It can be treated with exposure therapy (along the lines of "Face the fear"), but with only an uncertain prospect of success. What is extraordinary in this case is that obvious success occurred without therapeutic guidance, but only with a clear request from the heart.

* See Explanations, page 11
Healing of Chronic Gastric and Duodenal Ulcers
GÜNTER SAUDER (70)

"In 1995, I realized that I had been completely healed from this burden. Since then, I haven’t needed to visit the doctor. That has remained the case to this day."

In 1968, at the age of 17, I suffered inflammation of the gastric mucosa for the first time. This was also the reason why my military service was deferred for a year and I was still declared unfit for duty at the follow-up examination in 1969.

Four times a year I was tormented by spasmodic upper abdominal pain, lasting two months each time. An empty stomach, an unhealthy lifestyle or stressful situations made the pain worse, as did a change in the weather. During an X-ray examination with a contrast medium, a doctor discovered inflammation of the stomach and duodenum. Neither the chamomile tea, which I drank a lot of, nor all sorts of medication brought about lasting freedom from the symptoms. Orange juice, coffee, too much alcohol, chocolate or cream did not agree with me at all. In order to live without too many complications, I divided my daily diet into frequent small portions, so that my stomach always had something to do. Despite this measure, the pain intensified until finally there was bleeding from the inflamed areas. The doctor diagnosed gastric and duodenal ulcers. I was put under the care of a specialist, regular endoscopies were required, as well as a stay at a rehabilitation clinic in March of 1984. With the prescribed medication, I was mostly pain-free. Nevertheless, my professional activity was often interrupted by acute situations for which I had to take sick leave.

INTRODUCTION
A work colleague drew my attention to the Teaching of Bruno Gröning, and in 1993 I was introduced to his Teaching.

DOING EINSTELLEN INTENSIVELY
I was able to accept what was said in the Introduction. I attended the Community Hours and did Einstellen very intensively. Once something very pleasant happened in my abdomen for about twenty minutes, which I am unable to describe. I don’t remember exactly when this happened. What is phenomenal, however, is that I have been free of symptoms ever since then and can eat and drink anything without restrictions. In 1995, I realized that I had been completely healed from this burden. Since then, it has not been necessary to go to the doctor. This has remained the case to this day.

Medical commentary:
Mr. Sauder suffered from chronic, recurrent gastric and duodenal ulcers for about 25 years. That and the frequency of recurrences significantly affected his quality of life. This is impressively confirmed by the available medical documents (chronic, recurrent, sometimes multiple ulcers – several ulcers at the same time). Neither the drug therapies nor the accompanying psychotherapeutic treatments were able to significantly reduce the suffering, let alone cure it. A change in the health situation would only have been conceivable within the framework of new treatment methods or through the elimination of possibly existing stressful situations in his personal environment. Neither was the case. Nevertheless, Mr. Sauder has been symptom-free since around 1995. This healing is extremely unusual and it cannot be explained from a medical point of view. The temporal connection with the Teaching of Bruno Gröning is obvious.
WINTER CRYSTALS AND SUNCRYSTAL
A WALK IN THE SNOW WITH MUSIC FROM BRUNO GRÖNING FRIENDS

From the first frost on branches, grass and berries to deep snow and snow-capped mountain peaks. This clip, on YouTube, takes you into the wintry landscape of the Alps. Magnificent detailed shots and monumental panoramas reveal the wintry beauties of ice and snow. In addition, a refreshingly crystal-clear music …

https://www.youtube.com/watch?v=C8aXIq340Hc
"There is much that cannot be explained, but nothing that cannot happen."

THE WORK OF BRUNO GRÖNING – PART 2: "THERE WERE MIRACLES!"
HEALINGS IN GDANSK AND IN THE PRISONER OF WAR CAMP
Bruno Gröning became known in Herford in 1949 through the healing of nine-year-old Dieter Hülsmann. That is why the boy was often referred to as the first person Groening healed. The wildest rumors and stories unfolded as to how the man from Gdansk had acquired his skills. In a written statement dated July 2, 1950, Bruno Gröning commented on these rumors. His statement shows how consciously and earnestly he took his gift and the task connected with it already during the time in Gdansk.

"I CONTINUED TO WORK IN SILENCE"

"It is clear to me that my public work after March 1949 astonished many people. Many asked themselves why did Gröning not appear earlier? My answer is that I've been alive for 43 years and that what I am now doing in public I've been doing since I was a child. But I've always done everything I could to avoid being dragged into the public eye. Much earlier I had tried, always in a small circle, to inform people that I knew someone – I didn't say at the time that this was me, but claimed that an unknown third party had this ability – who was able to heal almost all sick people through his own power and without having studied medicine. But my listeners always thought I was crazy; only a very few were able to understand me at that time. From time to time, I had the opportunity to meet a sick person and, without him noticing it, I was able to take the illness from him through words, touching a diseased part of the body part or an extremity, or by having given him some object. Later I realized that I was able to help not only one patient but also several patients at the same time and that this, let us say, type of treatment, was not difficult for me at all. I continued to work quietly, and hardly any of my attempts were unsuccessful. The small circle of people I came to at the time were, of course, amazed and couldn't believe what was going on. It is not something that can be understood intellectually. Sick people who had received help from me recognized and testified to the fact without being able to give an explanation."

"A MIRACLE HAPPENED HERE"

In May 1949 Charlotte Adam gave one of these witness reports:

"I have known Mr. Gröning from Gdansk, which is my hometown, since 1928. Even then, Mr. Gröning was interested in spiritual things and helped and healed people. I am aware of about 20 cases that have also been successful. I was one of them. In 1932 I had tonsillitis and was being cared for by two doctors. Both of them had given up hope. The first doctor was Dr. Hollatz, Danzig-Langfuhr, Neuer Markt 12 and Dr. Hewilke, Langfuhr. Mr. Bruno Gröning appeared in my room and stayed in there for a while, gave me a piece of bread to eat, but which I wasn't able to eat. Then he told my husband that at 8:00 pm that night it would be decided. The next morning Dr. Hollatz arrived and said, 'A miracle has happened here!' From that time on I no longer suffered from throat infections. I can also name many instances where Mr. Gröning helped children: for example, spinal palsy and those who were not able hear and see. All cases were successful. We and the other people he had helped were, and still are, faced with a riddle."

"The Miracle Healings of Bruno Gröning" was the name of the first book about Bruno Gröning, published in 1949. The booklet, "The Miracle of Herford", was also published in 1949, and an article in the Münchner Allgemeine [the "Munich General", a German newspaper], "Gröning Heals Our Reporter", appeared on September 4, 1949. In 1949, the miracle stories about Bruno Gröning never stopped. Incredible healings were reported wherever he appeared. In this series of articles, we dedicate ourselves to the activities of Bruno Gröning and to what people had experienced through him. Eyewitnesses, journalists and authors describe in their own words what happened around this little man from Gdansk.
We used to rack our brains about how something like that could be."

Ernst Kohn also reported something similar in an affidavit dated June 18, 1955, certified by the District Court of Duisburg:
"I had already felt the effects of Bruno Gröning’s healing powers during the years that we were neighbors in Danzig-Langfuhr. I have been relieved of pain many times. My wife, Frieda Kohn, née Pettke, who met Mr. Bruno Gröning after our marriage in 1940, can also attest to this."

"...GET UP AND YOU WILL BE HEALTHY"

Max Bruhn was friends with Bruno Gröning in Danzig. Due to a housing shortage, Gröning had temporarily taken him and his family into his apartment. Bruhn experienced something similar to Charlotte Adam and Ernst Kohn: "One day I fell ill myself. At that time, we lived on the same street where I had gotten my own apartment. I lay in bed for a few days. The temperature rose to just over 40 degrees. I was also unable to eat during this time. I asked my wife to let Bruno Gröning know that I wouldn’t, as had been my habit, be able to visit him because I was ill. My inner feeling and faith told me that I would be well again if he were to come. And he complied with my request. He came to my bed and asked what was the matter with me. I answered him by describing my illness. My wife then said that I hadn’t eaten anything for a few days. Then he looked at me and laughed. In the same tone he then said, almost verbatim: 'It’s no wonder you’re sick if you don’t eat.' He pulled out his purse, handed my wife two Gdansk guilders and made her get some cake right away. I was amazed, and when my wife came back, she brought a plate piled high with cake to the bed. Then Bruno Gröning said, 'So, now you will eat up everything. I will stay here until you have done so, then you get up and you will be healthy.' I wondered how I was going to manage this, but to my own astonishment, I emptied the plate after all. He then went on to say, 'So, now get up and come and visit me later, because you are healthy.' That’s what happened. He said goodbye and left. I then got up and could tell that I had absolutely no discomfort apart from a slight feeling of heaviness. This also only lasted for a short time. By the afternoon of the same day, I was visiting Bruno Gröning as usual and I was healthy. We stayed together until the next morning.

Even my own wife, who had also gotten well with his help, could hardly believe this renewed proof that Bruno Gröning gave us."

"THERE WERE MIRACLES!"

Not only in Gdansk did Bruno Gröning bring about miraculous healings, but also when he was a prisoner of war in Russia in 1945. Karl Lais from Augsburg was with Gröning in the prison camp in Petrozavodsk on Lake Onega northeast of St. Petersburg. He experienced things at Gröning’s side that were so amazing that they stuck in his memory. Years later, after his return from captivity, he told his mother about these experiences and about his comrade Bruno Gröning. He was very astonished when his mother told him that she knew Gröning. She had herself been healed by him and was now a Community Leader of Augsburg. So Lais heard about Gröning again, and on September 12, 1954 the two met in Stephanskirchen near Rosenheim. Lais told Gröning friends about his experiences: "They were miracles! For example, Bruno Gröning advised the German soldiers, who were suffering from hunger-edema, ailing with swollen bellies and waiting for death, to make a broth from the tops of the fir trees and drink it. Immediately the soldiers were healthy again. Word got around and many men's lives were saved in this way. Now I know that it was his healing power that he had put into it. With tremendous courage he fought for good water, delousing, new warm clothes and better food for us. That nearly cost him his life. When I got home safely and told my 80-year-old mother about Bruno Gröning, she told me how she had met him and had been healed through him.

Bruno Gröning in Gdansk in the 1930s.
Ich bin immer wieder der Mensch, der Ruhe und Frieden auf dieser Erde sät und auch ernten wird.

I am always the person who sows and also reaps peace and serenity on this earth.